Foster and strengthen community based organizations (CBOs)

Support the rights of each individual and family to live a dignified human life

Ensure people’s participation in the development process

Revival of natural and organic agriculture aiming at food security, safe food and healthy living

Better use of natural resources

Promote community based rehabilitation and institutionalized rehabilitation of individuals with special needs

Promote an eco-friendly human existence

Empower individuals and families to be self-reliant for a better living

Initiate programs for women empowerment and child rights’ protection

Strengthen human resource by promoting education

Integrate and coordinate all the social and developmental activities within the diocese.

Social Action Forum Irinjalakuda (SAFI) is the official social work agency of the Catholic Diocese of Irinjalakuda. Established in 1978 and registered in 1983 (Reg. No. 166/83) SAFI functions in 132 parishes of the diocese for the sustainable development of the society with a special focus on the empowerment of the weaker sections of the community irrespective of caste and creed. It envisages a society where the resources available in the society are accessible to everybody by which an integrated development of the individual will be realized.

Establishment of a right based and gender harmonious society rich in social capital/resources, warm in human fellowship concerned about ecosystem and food security.

To motivate and facilitate the marginalized population towards a right based and gender harmonious society through mobilization of people’s power and participation.

ORGANIZATIONAL OBJECTIVES

- Foster and strengthen community based organizations (CBOs)
- Support the rights of each individual and family to live a dignified human life
- Ensure people’s participation in the development process
- Revival of natural and organic agriculture aiming at food security, safe food and healthy living
- Better use of natural resources
- Promote community based rehabilitation and institutionalized rehabilitation of individuals with special needs
- Promote an eco-friendly human existence
- Empower individuals and families to be self-reliant for a better living
- Initiate programs for women empowerment and child rights’ protection
- Strengthen human resource by promoting education
- Integrate and coordinate all the social and developmental activities within the diocese.
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I am pleased to learn that Social Action Forum Irinjalakuda is publishing its 31st Annual Report for the year 2013-2014. Yes! Indeed SAFI has completed another successful year in its history of credit. It is a matter of pride to know that SAFI has been instrumental in undertaking many integral development activities with a view to improve the living conditions of the poor people irrespective of caste, creed and race. I appreciate each and every one who has contributed his mite to materialize the dreams of the poor.

I sincerely congratulate Rev. Fr. Jose Manjaly, Executive Director and his team at SAFI and all the Social Action Units at Parish level for the efforts rendered for the integral development of our society benefiting the needy and marginalized. I wish and pray that the activities of the Social Action Forum spread a powerful message of love towards all of our brethren, thus being a concrete witness to Christ in the modern world.

May God bless the SAFI family, the benefactors and the beneficiaries abundantly.

Irinjalakuda
27-05-2014

Mar Pauly Kannookadan
Bishop of Irinjalakuda
It is indeed a matter of appreciation and satisfaction that the Social Action Forum (SAFI) is publishing its 31st annual report of 2013-2014 with details of developmental activities and accounts. This diocesan social organization reflects the social commitment of Irinjalakuda Diocese and it extends selfless service to the less fortunate, downtrodden, suffering and needy sections of the society irrespective of caste, creed and religion.

I really admire the sincere commitment that SAFI extends for sustainable development of the deprived sections of society. May I take this opportunity to congratulate the Executive Director, Associate Directors, Staff members and Benefactors of SAFI for their selfless service and sincere dedication. May the good Lord bless you and lead SAFI’s activities in the future also.

With sincere Greetings,

Msgr. Davis Ambooken
President, Social Action Forum

27-05-2014
Irinjalakuda
I am really very happy to present the Annual Report for the year 2013-2014 of Social Action Forum Irinjalakuda (SAFI), the official Social Developmental Organization of the Diocese of Irinjalakuda since its inception in 1978.

In the global economic scenario, India has a high ranking position. At the same time, the fundamental issues of poverty, unemployment, social insecurity etc. are still on an increasing scale. Why? the reason is very plain- 1) Corruption in all walks of life; 2) growing economic and ecological crisis. Both are crucial factors that influence our responses in the developmental sector. Therefore we need to explore fresh avenues of developmental interventions and need to position ourselves in bringing sustainable results in the lives of the people.

SAFI is proud to note that we are able to make commendable interventions during the report period to respond to the demands of the community. Our interventions could able to capacitate people and communities to have qualitative changes effected in their lives that have to be sustained in the days ahead.

I take this opportunity to thank and acknowledge the continued inspiration, encouragement and guidance of our Chairman Bishop Mar Pauly Kannookadan and our President Rt. Rev. Msgr. Davis Ambooken. I Sincerely express my profound gratitude to Very Rev. Fr. Antony Mukkattukarakaran, Former Executive Director of SAFI and Rt. Rev. Msgr. Jose Irimpen, former president of SAFI and Rev. Fr. Bency Cheenan, former Associate Director of SAFI for their excellent service and guidance. I also take this opportunity to thank all our funding agencies for their financial support to the needy and Rev. Fr. Vicars, Social Forum Director Board Members, the Executive committee and General Body members of SAFI for their timely support and guidance. Let me appreciate in a very special way my Associate Directors Fr. Sunny Kalambanathadathil, Fr. Binoy Kozhipat and Fr. Sebastian Nadavaramban and all my staff for their dedication and hard work with a team spirit.

While thanking God Almighty for His abundant Blessings on each and everyone of SAFI and our beneficiaries through out the reporting year, may I solicit everyone’s continued support for a better tomorrow.

Fr. Jose Manjaly
Executive Director
Social Action Forum plays an important role for the integral development of the marginalized and the poor. Social Action Forum in collaboration with SAFPI undertakes various activities for the development of the families which are financially and socially backward and try to bring them to the mainstream of the society.

With the support of SAFPI, 282 families are being provided with financial assistance and other developmental activities. By this, these families progress and achieve the goal put forward by SAFPI. The family members are motivated through regular regional as well as central level meetings. The most effective way of intervention is the regular monitoring visits by the animators. Under FDP the families get Rs. 950/- each as monthly assistance. In the year 2013-2014 a total amount of of Rs. 43,46,982 was given to the beneficiaries. The financial assistance is utilized to improve the living conditions of the families. (e.g.: house construction, sanitation, medical treatment etc) and to start income generating programs like animal husbandry, agriculture, handicrafts etc. A special thrust is given to the human resource development by supporting primary education as well as professional education of the children of the families.

Strategies adopted for realization

- Guidance and Motivation
- EDP Training
- Family Counseling
- Regional Gatherings
- Empowering Families Through CBOs
- Monitoring through house visits

Success Story

Centre : Kalparamba
Starting date : November 2010

This is the success story of a lady whose family consists of her husband, 2 children and aged father-in-law and mother-in-law. She was in a poor condition at the selection time due to poor health and financial situation. She was not active in daily life. They had a debt of Rs.70,000/ and the documents of the properties were with the money lender. After the selection, through the frequent visits of animator, she was motivated to work hard and go forward in life. First of all she withdrew Rs.5000 from the SAFP with which she started a poultry farm.

At the time of selection the living condition of the house was very pathetic. Through the family visits the family was motivated to build a new house. They were encouraged to make use of the grant available from panchayath for house construction. The family was able to complete the construction of the house with the panchayath grant and amount got from other sources.
The lady got a job as a helper in a school with the recommendation of the animator. Her husband bought an auto rickshaw with the financial assistance from SAFPI and the income from the poultry. The children – two daughters – study very well. Now the family is planning to develop the poultry farm units into a large one. With the support of the SAFPI the condition of the family improved a lot and is on the way of self sufficiency. The family is very much grateful to the support given by SAFPI.

**EDP training conducted at SAFI on 16.01.2014**

Entrepreneurship development program is intended to motivate the families of ‘Save A Family Plan’ on the income generating program that can be undertaken by the beneficiary families or individuals. The IGPs will help the families to support themselves and be self sufficient. In the current year a training program was conducted in 16th January 2014. Rev. Fr. Jose Manjaly, the Executive Director of SAFI inaugurated the training. He stressed on the positive change that should take place in the families by the support given from the SAFP. Each family should progress to self-reliance. Fr. Bency Cheenan the Associate Director SAFI gave a short message on positive thinking. Mrs. Beena Joy RPO of SAFPI explained the SAFP program. She also spoke about the expectations of the benefactors of SAFP and the hardships and the struggles the benefactors take in their life to support the families in SAFP.

Mr. Santhosh explained theoretical and practical implications of various IGPs which could generate good income for the families. He also spoke on the investment needed for these IGPs. Mrs. Sainsy Thomas FDP coordinator, Mrs. Lisa, Mrs. Shyni Jose, and Mrs. Jancy Varghese (Animators) led the training program.

### SOURCES OF FUND

<table>
<thead>
<tr>
<th>Source</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Panchayath</td>
<td>200,000.00</td>
</tr>
<tr>
<td>Neighbours</td>
<td>50,000.00</td>
</tr>
<tr>
<td>Parish</td>
<td>10,000.00</td>
</tr>
<tr>
<td>Chitti</td>
<td>100,000.00</td>
</tr>
<tr>
<td>SAFP</td>
<td>25,000.00</td>
</tr>
<tr>
<td>Loan</td>
<td>200,000.00</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>585,000.00</strong></td>
</tr>
</tbody>
</table>
In order to support people in their need of hospitalization and treatments, Social Action Forum Irinjalakuda (SAFI) in collaboration with the United India Insurance co. Ltd., Thrrippunithura, New India Assurance Co. Ltd. Cochin and RCC Trivandrum has introduced several insurance schemes over the last few years. The duration of all the insurance schemes is one year. However it could be renewed for subsequent years on payment of applicable premium. When the poor and the marginalized people find it very difficult to meet the exorbitant cost of hospitalization due to unexpected diseases, these insurance schemes being of very low premium and reasonably with good benefits become a great relief to them. With the support of almost all the parishes under the Diocese, these Insurance schemes have become a great success.

<table>
<thead>
<tr>
<th>Company</th>
<th>Policy</th>
<th>Total Premium</th>
<th>Members</th>
<th>Coverage</th>
</tr>
</thead>
<tbody>
<tr>
<td>United India Insurance Co. Ltd, Thrippunithura</td>
<td>Universal Health Insurance</td>
<td></td>
<td></td>
<td>30,000</td>
</tr>
<tr>
<td></td>
<td>Family Medicare policy</td>
<td>3201973</td>
<td>2803</td>
<td>1,00,000</td>
</tr>
<tr>
<td></td>
<td>Uni Santhwana Insurance A &amp; B</td>
<td></td>
<td></td>
<td>1,00,000 &amp; 50,000</td>
</tr>
<tr>
<td></td>
<td>Rural Women Package (5 Yrs)</td>
<td></td>
<td></td>
<td>50,000</td>
</tr>
<tr>
<td>New India Assurance Co.Ltd, Cochin</td>
<td>Mahila Suraksha Insurance (3 Yrs)</td>
<td>3250</td>
<td></td>
<td>3000</td>
</tr>
<tr>
<td>RCC Trivandrum</td>
<td>Cancer Care for Life</td>
<td>83500</td>
<td>112</td>
<td>50,000--5,000</td>
</tr>
</tbody>
</table>

**Year-wise Comparison**

<table>
<thead>
<tr>
<th>Particulars</th>
<th>2009</th>
<th>2010</th>
<th>2011</th>
<th>2012</th>
<th>2013</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number of families</td>
<td>3,192</td>
<td>7,783</td>
<td>8,042</td>
<td>3,375</td>
<td>2803</td>
</tr>
<tr>
<td>Number of Policy Members</td>
<td>12,768</td>
<td>35,056</td>
<td>42,132</td>
<td>15,700</td>
<td>10937</td>
</tr>
<tr>
<td>Premium Paid</td>
<td>6,40,470</td>
<td>17,28,305</td>
<td>29,06,613</td>
<td>30,93,622</td>
<td>3201973</td>
</tr>
<tr>
<td>Claim Settled</td>
<td>24,65,452</td>
<td>55,18,579</td>
<td>71,65,931</td>
<td>45,75,960</td>
<td>40,34,304</td>
</tr>
</tbody>
</table>

Currently one of the crises faced by the society is the fact that occurrence of cancer is alarmingly on the increase. If cancer is detected at the initial stage it can be controlled and cured. So SAFI in liaison with RCC Thiruvananthapuram conducted free cancer detection camps in different parishes.
### A list of the free cancer detection camps conducted

<table>
<thead>
<tr>
<th>Sl. No</th>
<th>Date</th>
<th>Place</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>06.04.2013</td>
<td>Elinjipra</td>
</tr>
<tr>
<td>2</td>
<td>24.04.2013</td>
<td>Parakkadavu</td>
</tr>
<tr>
<td>3</td>
<td>27.04.2013</td>
<td>Mattathur</td>
</tr>
<tr>
<td>4</td>
<td>11.05.2013</td>
<td>Koodapuzha</td>
</tr>
<tr>
<td>5</td>
<td>15.05.2013</td>
<td>Poovathussery</td>
</tr>
<tr>
<td>6</td>
<td>22.05.2013</td>
<td>Ambazhekad</td>
</tr>
<tr>
<td>7</td>
<td>25.05.2013</td>
<td>Thachudaparambu</td>
</tr>
<tr>
<td>8</td>
<td>16.06.2013</td>
<td>Dolours Irinjalakuda</td>
</tr>
<tr>
<td>9</td>
<td>22.06.2013</td>
<td>Chemmanda</td>
</tr>
<tr>
<td>10</td>
<td>29.06.2013</td>
<td>North Chalakudy</td>
</tr>
<tr>
<td>11</td>
<td>07.07.2013</td>
<td>Kallamkunnu</td>
</tr>
<tr>
<td>12</td>
<td>24.08.2013</td>
<td>Puthenvelikara</td>
</tr>
<tr>
<td>13</td>
<td>31.08.2013</td>
<td>Kundur</td>
</tr>
<tr>
<td>14</td>
<td>07.09.2013</td>
<td>Veeranchira</td>
</tr>
<tr>
<td>15</td>
<td>19.09.2013</td>
<td>Oorakam</td>
</tr>
<tr>
<td>16</td>
<td>10.11.2013</td>
<td>Moorkanad</td>
</tr>
</tbody>
</table>
Micro or community based insurance is a “mechanism that allows pooling of resources to cover the cost of unpredictable events”. What distinguishes these ‘micro’ schemes from public or private-for-profit insurance is that the targeted community (the poor) is involved in defining the contribution level and collecting mechanisms, in defining the content of the benefit package and in allocating the scheme’s financial resources.

The national policy of “Insurance for all” has been accepted as a viable challenge by SAFI. Therefore, implementation of this micro insurance scheme in collaboration with Life Insurance Corporation of India has been successfully launched by Social Action Forum Irinjalakuda since 2008. Gramasree self help groups and local social action units (parish-wise) are taking active participation in implementing the scheme.

SAFI successfully concentrated on areas under 40 parishes within the diocese of Irinjalakuda. Over 2000 persons, who are within the age group of 18-60 and from a lower income group, have been protected under the cover of Jeevan Madhur Micro Insurance Scheme. It is optional for people under APL brackets. While the policy is optional from 5 to 15 years, the range of quarterly premium payable range is from Rs 250 to Rs 500 and the sum assured vary from Rs 5,000 to Rs 30,000.

This policy covers benefits including cases of natural death, accidental death and permanent disabilities caused by accidents etc. In case no claim is preferred during the period of policy, the sum assured will be refunded on maturity of the policy along with bonus accrued thereon.

If there is a death, surely there is a resurrection – we firmly believe it. Though one feels sad in the demise of a person, this scheme provides to a certain extend a bit of support and relief to the nominee of the deceased through the death claim. This year SAFI could assist 1 family under death claims worthy Rs 18240/-. We thank LIC of India for their legitimate regards and protections of the Low Income Groups of our society.

Federal Ashwas Financial Literacy Centre has been functioning in Irinjalakuda since November 2012 with the active association of Social Action Forum. This Centre is under the direct control of Reserve Bank of India and sponsored by Federal Bank Ltd.

The Centre provides Financial Education and Credit Counselling for the Public. Function of FAFLC Centre also includes education of responsible borrowing, proactive and early savings and offering debt counseling to individuals who are indebted to formal and /or informal financial sectors, through face to face interaction as well as through other available media.

With the changing growth dynamics fo the economy, the present generation often tempts excessive borrowing Any unforeseen shocks or emergencies lead to situations that make repayment of debts difficult. By providing sound advice to arrest the deterioration of incomes and by restructuring their debt, Credit Counseling and Financial Literacy Centre offers a meaningful solution for borrowers to overcome their debt burden gradually and improve their money management skills.

During the financial year ended March 2014, the Centre could achieve the following:

- Number of persons availed Indoor Services - 62
- Number of outdoor activities undertaken - 46
- Number of persons participated in outdoor activities - 1327
Safi with the guidance and financial support of CARITAS INDIA implemented the project ‘Integrated Development through Empowerment and Action’ (IDEA), for the first time in the Diocese in the month of May 2008. The second phase of the project is being implemented now. The duration of this phase is three years (April 2011 to March 2014). The target groups for this phase of IDEA are people from backward village communities, women, youth, marginal farmers and students of the selected 10 villages under the operational area of the diocese. The overall objective of the IDEA Project is the integration of various development Actors and different activities in the diocesan area for the sustainable development and empowerment.

Global Objective
Grassroots Development Actors in the Irinjalakuda Diocesan area are effectively integrated for sustainable development by 31st March 2014.

Specific Objectives
- Improve the Good governance practised in Velookara Grama Panchayath by the end of March 2014
- Initiate participatory development in 10 villages namely, Potta, Kodassery, Pariyaram, Parappukkara, Mattathur, Thirumukkulam, Puthenvelikkara, Kadupissery, Kottanellur, and Velookara in three thrust areas—Natural Resource Management, Education and Health

Strategies used to achieve the objectives.
- Continued integration and facilitation among all the developmental actors
- Need based perspective planning exercises
- Result based operation of Core Development Committee (CDC)
- Building new partnerships, networks and platforms for collective appraisals, analysis and action planning
- Knowledge production and dissemination
- Activity description / Methodology

DDAB - Diocesan Development Advisory Board, FINDA - Forum for Integration and Networking in Development Activities, CDC – Core Development Committee (Executive Committee of FINDA), TAC (Thrust Area Committee), CCNA – Core Committee for Networking and Action in Irinjalakuda, are the structures formed for the smooth functioning of the IDEA project.
## Activities of the year 2013-14

<table>
<thead>
<tr>
<th>Sl No</th>
<th>Activity</th>
<th>Number of Activity</th>
<th>No. of Participants/units</th>
<th>Result/Achievement</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Training for 120 women leaders in good governance and PRI systems</td>
<td>2</td>
<td>246</td>
<td>Women take up the responsibility of organizing programs at grass root level involving in good governance in their respective villages</td>
</tr>
</tbody>
</table>
| 2     | Interface with the service providers for all the ten federations of the three regions  
  1) Symposium & Interface on National Food security Bill 2013 & Safe Food and Public Distribution System (PDS)  
  2) Symposium & Interface on safe Water – Conservation & Distribution | 2                  | 218                       | 1) Discussions were conducted after section wise classes, on National Food Security Bill 2013 & Safe Food and Public Distribution System (PDS). Subject related government officials were present on the stage for open discussion. Taluk Supply officer, Food Security Officer, Food Inspector, Health Supervisor, the Legal Metrology Inspector, representative of Retail Ration Dealers’ Association, Rationing Inspector, and the President of the Consumer Protection Council answered the questions of the participants. Necessary suggestions, directions and comments were sent to the Ministry of Civil Supplies (State & Central) on the National Food Security Bill 2013 and the existing Public Distribution System (PDS)  
  2) Discussions were held after section wise classes on subjects like Water Scenario & Climate Change, Water Distribution & Purification System in Kerala, Ground Water recharging Systems, and Water Borne diseases. Necessary suggestions, directions and comments were given to the Ministry of Water Supplies (State & Central) |
<p>| 3     | Exposure Programme for 50 lead farmers to the organic farms              | 1                  | 52                        | Models replicated by the farmers increased the number of farmers engaged in organic farming                                                        |
| 4     | Parental Motivation workshop on the importance of education in all parishes | 11                 | 852                       | Parents were motivated on the importance of education and they became aware of the child and adult education                                      |</p>
<table>
<thead>
<tr>
<th>Sl No</th>
<th>Activity</th>
<th>Number of Activity</th>
<th>No. of Participants/units</th>
<th>Result/Achievement</th>
</tr>
</thead>
<tbody>
<tr>
<td>5</td>
<td>Supplementary coaching for students during vacation</td>
<td>912</td>
<td>30</td>
<td>Improved results in the examinations resulted in the improvement of the self-confidence of the students</td>
</tr>
<tr>
<td>6</td>
<td>Awareness on life style diseases and health care in 10 villages</td>
<td>9</td>
<td>742</td>
<td>People become aware of the life style diseases and take appropriate health care. Reduced the number of patients in life style diseases</td>
</tr>
<tr>
<td>7</td>
<td>Awareness Generation on drug abuse and formation of anti drug vigilance cells</td>
<td>5</td>
<td>220</td>
<td>Students became aware of the side effects of drug abuse which reduced the number of students with substance abuse.</td>
</tr>
<tr>
<td>8</td>
<td>Quarterly Review by CDC</td>
<td>3</td>
<td>58</td>
<td>Programs and processes are seriously reported and discussed</td>
</tr>
<tr>
<td>9</td>
<td>Half yearly review at village level</td>
<td>1</td>
<td>10</td>
<td>Ensured that the plans are going in the right direction</td>
</tr>
<tr>
<td>10</td>
<td>Annual monitoring and Evaluation</td>
<td>1</td>
<td>10</td>
<td>Projects and programs reviewed and evaluated</td>
</tr>
</tbody>
</table>
SPED-III is a community development project implemented in 20 villages that stretch into 3 Grama Panchayaths namely Annamanada, Kuzhoor and Parakadavu. Span of the project is 5 years (2011-2016). Canadian International Development Agency (CIDA) a Canadian Government NGO contribute the major share of this project. Facilitation, Co-ordination and Implementation of the project through partner NGOs are done by Save A Family Plan, a national organization in good stature. Social Action Forum Irinjalakuda (SAFI) executes the project at village level in partnering with Village Action Teams.

Methodology:

Planning, Implementation, Monitoring and Evaluation are carried out by Village Action Teams that were constituted democratically in each selected village. Different development tools like Result Based Management (RBM) and Environment Impact Assessment (EIA) are applied in this project. Due importance is given to concepts of gender integration and best practice of governance. SAFI directorate and project team do all the facilitation process.

Core Process of this project:

- Creating an issue focused critical awareness among the primary stakeholders (target population)
- Initiating a participatory micro planning process
- Mobilizing local resources and public schemes and services for the implementation of activities identified as part of micro planning
- Engaging in concurrent monitoring, reflection and evaluation processes so as to generate knowledge and insight from experience.

During the reporting year major issue found in the selected villages was “improper waste management”. Accordingly, goal of the project was “proper waste management”. Waste disposal at the source was the approach taken. So financial support was given to selected families for making different models of waste management namely, (i) Compost Pit with PVC channels (ii) Concrete rings for dumping non-bio-degradable materials (iii) Bio-gas plants (iv) Gobar gas units (v) Vermi Compost units. Along with these, medical camps and orientation classes on subjects like Health, Environmental science and Good governance were conducted as part of concurrent education to community.

Another major activity was to distribute seedlings of fruit bearing plants since vitamins and minerals play a vital role in human body immunity. Fruits are rich source of Vitamins and minerals. 600 seedlings of mangosteen & sappotta were distributed to 200 families. It is noteworthy to say that the families give extreme care to grow the plants.

Financial Flow at a glance

<table>
<thead>
<tr>
<th>Previous year- Outstanding</th>
<th>Current year Receipt</th>
<th>Interest accrued Current year</th>
<th>Expenditure Current year</th>
<th>Balance Carried over</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rs. 759525.00</td>
<td>Rs. 1380520.00</td>
<td>Rs. 23184.00</td>
<td>Rs. 1310974.00</td>
<td>Rs. 852255.00</td>
</tr>
</tbody>
</table>
Agriculture is the life-breath of humanity. Human civilization is founded on agriculture. The world does not have sustainability without agriculture. Our life, our culture and our ethos are invariably related to agriculture. Agriculture development is inevitable in human development.

Social Action Forum Irinjalakuda, committed to the human development in its totality considers agriculture as its top priority in its activities. It is with this purpose that Prakruthi Agriculture Nursery was established by SAFI at Kottanellur. The main objectives of the nursery are to protect nature, promote sustainable organic agriculture and farming system, and to protect the farmers’ interests. The Nursery takes initiative for organic farming by imparting training to farmers, and functions as a model unit of different activities like goat rearing, dairy farm, production of vermin compost etc.

For the current year the focus was on ‘Food security and Healthy Living’. With this goal in mind various activities were undertaken:

- Promotion of organic farming by giving training to farmers and farmer’s clubs.
- Training to farmers on methods of environment friendly farming.
- Farming models formed with the help of farmers’ clubs.
- Maintains Prakruthi as a model for profitable Dairy Farm and cattle rearing, which has been approved by Kerala Live Stock Board as the District level Farm School.
- Promote Kitchen garden through ‘Gramasree’-women SHGs.
- Maintains a model herbal garden
- Conducted a one day workshop in onion farming (Savala) in collaboration with Krishi Vijnan Kendra, Mannuthy.
- Distributed 2000 onion seedlings to farmers.
- Cultivated Onion in Prakruthi farm and was selected by Agriculture University Mannuthy as one of the best agriculture nurseries.
- Gave training to school and college students regularly.
- Implemented Horticulture therapy to the students of Ashanilayam Special School by involving them in vegetable cultivation.

Prakruthi Agriculture Nursery is committed to protect the nature and to promote agriculture without inflicting any harm to the environment. Keeping this motto firmly in mind Prakruthi always work hard to benefit the farming community and thus contribute towards the development of the society as per the vision of SAFI.
Identification, Introduction to Jalanidhi & Description of project location

Ozhur : through Panchayat
1. Introduction
2. Activity in detail
1. Induction meeting with GP board and signing A2 contract with GP
2. Training to enumerators of Household Survey
3. Establishing Jalanidhi Office
4. Special Gramasabha
5. Formation of water scarcity clusters
6. IEC activities
7. Field Exercise : Participatory Rural Appraisal
8. Exposure Visit to “TDP, Small & LWSS in Nenmeni GP
9. Beneficiary Group formation
10. Rehabilitation of existing WSS
11. Project Convention ‘JALASAKSHARATHA WORKSHOP’
12. JALANIDHI office inauguration ceremony

Table: 1

<table>
<thead>
<tr>
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<tr>
<td>Name of the GP</td>
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<td>Name of SO</td>
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<tr>
<td>Date of A1 Agreement (Between GP &amp; KRWSA)</td>
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Introduction to JALANIDHI
Kerala Rural Water Supply Sanitation Agency, in association with Ozhur Grama Panchayath and Social Action Forum Irinjalakuda is implementing “JALANIDHI” Programme in Ozhur GP. The project is participatory in nature and ensures participation and involvement of local community in all phases of project design and execution.

Jalanidhi Project Phase-II activities are being successfully implemented in almost 68 Panchayaths of Kerala. Social Action Forum Irinjalakuda (SAFI) has taken up the responsibility of implementing this project in Ozhur Grama Panchayath. It is a time bound project with 5 stages of implementation. The supporting organization has successfully completed the inception activities and the milestone-I

Activity in detail

Activity No: 1
Induction meeting with Gram Panchayat Board and signing A2 contract with GP
The project team had conducted Grama Panchayath (GP) level Board Meeting on 2nd July 2013. The meeting was attended by PRI members including the Panchayath President, Vice President, Standing Committee Chairperson and ward members. The purpose of the meeting was to present the objectives...
and expected results of Jalanidhi; that includes scope and relevance of Community Based Water Supply Schemes; organising ward - wise Jalanidhi Gramasabha; formation of Clusters and Beneficiary Groups.

Induction programme comprised of two sessions. Session1 covered the Project Philosophy, Designs, Components, Fund flow institution and implementation. This session was led by Mr. Narendra Dev, Project Director, RPMU-Malappuram. The roles and responsibilities of elected representatives were also introduced in this session. Second session focused on describing in detail the roles and responsibilities of elected representatives and strategies for community mobilisation. Mr. Shaheer, CD Expert, RPMU-Malappuram led the session.

In this meeting dates for conducting Special Jalanidhi Grama Sabha were also finalised. On the occasion, A2 agreement was signed between GP and SO.

Activity No: 2
Training to Enumerators of Household Survey

The household survey of the project locations was included as an activity owing to the felt need that it will help the project team to accurately access number of people likely to associate with Jalanidhi. The output will help the Project team in designing proper and scientific project plan.

To conduct the survey survey template was collected from RPMU-Malappuram. As part of the programme, a technical training was imparted to 18 enumerators selected from the eighteen GP wards, on 6th July 2013 at GP Conference Hall by Team Leader Mr. P. Vijeesh. The training programme focused primarily on handling survey template, and the household survey. As an introduction, Mr. Nuhe Karingapara (President, Ozhur GP) gave an overview of the project and said, we as a team shall complete the task in a given period of time.

Household Survey

Household survey was conducted in the project area. The survey was started on 8th July 2013 and was completed finished on 28th July. 6458 houses in eighteen GP wards were covered and the survey was done by the trained enumerators. Because of tough terrain, undulated geographical conditions and inaccessible area, the survey team took around 20 days to complete the entire survey.
Activity No: 3
Establishing Jalanidhi Office
As part of the JALANIDHI Launching, a Project Implementation Unit was opened in Ozhur Grama Panchayath on 2nd July 2013. It is the institutional mechanism set up as part of the project execution. The office has been set up with required human resources and other supporting establishments.

Activity No. 4
Special Grama Sabha
The project team in association with Grama Panchayath conducted Special Grama Sabha meeting in all the eighteen Grama Panchayat wards of Ozhur. Special Grama Sabha was held to introduce the JALANIDHI project in the community. In addition to that it provided a platform for the stakeholders to discuss issues and strategies related to the project before beginning the project. During the meeting, the project team identified Water scarcity clusters; and the dates for cluster level meeting were finalised. GP President presided over all the meetings.

Activity No. 5
Formation of Water Scarcity Clusters
Water scarcity clusters were formed under the leadership of ward members concerned. The meeting of the cluster is being convened by the ward member. The entire public including members of CBO’s like Kudumbasree, youth clubs, representatives of local NGOs, teachers, Anganwadi teachers/ workers, Asha Workers and other key influential persons of the particular ward attended the meeting. The purpose of the meeting was to present in detail the concept, relevance and philosophy of community based water supply management, i.e Jalanadhi. The experiences of communities from other parts of the state where Jalanidhi project was implemented were shared with the participants. In the meeting the constitution of Beneficiary Groups (BG), and its roles and responsibilities were also discussed. It was in this meeting that the clusters were formed and convenors were elected. Also the dates for BG formation were also finalised. (water scarcity location.)

Activity No. 6
Information Education and Communication Activities
IEC helps to educate the target population on the scope, significance, relevance and objectives of the programme and make them to launch the project in participatory approach and to take collective actions. Various IEC methods
were initiated by distributing Leaflets, posters and conducting public awareness campaigns. These were done with the help of Kudumbasree workers, Asha Workers and representatives of the local body.

**Project Convention ‘JALASAKSHARATHA WORKSHOP’**

The project team conducted a Project Convention ‘JALASAKSHARATHA WORKSHOP’ on 21st October 2013 at N.C Khalid Haji Building, Churangara. The convention was attended by PRI members including GP President, Vice President, Standing Committee Chairpersons, ward members, executive members of Beneficiary Groups and representatives of line departments like Revenue, LSGD and Health. Mr. Nuhe Karingapara, GP President inaugurated the workshop. The first session was led by Dr. V.P Dinesan, Head, Geomatics, CWRDM. The session covered *water conservation; challenges and management – scenario in Ozhur GP*. Second session was led by Mr. Shaheer, Community Development Manager, RPMU- Malappuram. This session on ‘core themes of JALANIDHI’ discussed the objectives and expected results of JALANIDHI which included roles and responsibilities of BG’s and activities in various phases of project execution. A total number of 191 delegates attended the convention.

**Welcome Board**

Welcome boards were placed in all major entry (public road) points of Ozhur GP.

**Activity No 7**

Walls were painted with messages on water conservation, sanitation and other components of Jalanidhi project. Details of the painted walls are given below.

**School level competition**

As part of IEC programmes, Supporting Organisation conducted essay writing and painting competition in selected schools of Ozhur GP. Competition focused on different subjects like water conservation, environmental protection and sanitation. The details of the competitions are as follows.

In the competitions around 150 students participated. Among them 24 students were selected to the Panchayath level competition. The prizes were distributed ward members concerned in school assembly. The Panchayath level competition was conducted at Jalanidhi office, Churangara on 30/01/2014. In the competition 19 students participated and six students who were the winners were given prizes in the Panchayath Board Meeting assembled on 15-01-2014.

**Public awareness through Magic Show**

Magic show is one of the most interesting entertainments where people don’t lose their interest. To create awareness on Jalanidhi, the necessity of water conservation and sanitation a magic show by magician Rajn Puthuppadi was conducted by SO in five main centres of Ozhur Grama Panchayath. The supporting organisation conducted a public mike announcement to create awareness on the importance of water conservation, features of Jalanidhi projects and the importance of people’s participation in this project.
Activity No: 8
Participatory Rural Appraisal
PRA is a set of tools and techniques used with household to gather and analyse information on community resources, problems, potential and needs. Participatory Rural Appraisal (PRA) was held on 1st September 2013 at GMLP School, Vellachal. Mr. Nuhe Karingapara, the grama panachayath president inaugurated the PRA. The PRA programme was attended by 75 members representing various clusters. The following tools were applied in the PRA:
- Social Mapping
- Resource Mapping
- Historical timelines
- Water scarcity cluster mapping, Water potential Location Mapping. After the official inauguration, the whole group was divided into five teams under the guidance of one facilitator. Mr. Srikanth. P held the role of the time-keeper. Through this exercise information about each location was collected. The collected data were converted into digital format and were added to the Pre-Feasibility Report (PFR).

Activity No. 9
Exposure Visit to “TDP, Small & LWSS in Nenmeni GP
A team of 35 participants including the elected representatives of the GP, officials of the LSGD department (Ozhur GP), SO staff, community leader and political party representatives visited Nenmeni GP on 21.08.2013. The team visited the successful interventions of Nenmeni Shudhajala Vidarana project such as LWSS (pump house) at Noolpuzha, and small scheme at Cheeral. The team also visited Project implementation unit and its administrative wing. Meetings were also held with the President, the elected representatives and the project stakeholders of Nenmeni GP. Participants of the one-day exposure visit learnt how to develop an enabling environment for JALANIDHI execution. Participants also learnt that community structures can play vital role in the implementation of community based water supply scheme. The exposure visit also included significant opportunities for both formal and informal group discussions, the sharing of opinions and the raising of questions.

The participants interacted with the activists and the elected representatives of the Nenmeni GP and became aware of the PRI role in such programmes.

Observations
- Importance of courage and confidence was realised. BG members showed interest in water resource management
- There is no compartmentalization of BG members but they work in an integrated way. If there is problem for beneficiaries in a particular location, members belong to different regions join their hands together to address the problem.
- The need for monitoring and following up of activities realized.

Activity No. 10
Beneficiary Group Formation
Various foregoing points highlight that the participatory approach gives advantages to the rural community as well as to the agencies which implement or support a project. Beneficiary Group formation was conducted under the
leadership of cluster convenors. In the meeting the entire household was invited. The purpose of the meeting was to select the executive committee including President, Secretary and Treasurer. In the meeting, the project team had distributed membership form. The dates of membership closing were also finalised.

**Agree to Implement Meeting (ATI), Detailed Scheme Report preparation and Technical Sanction**

The project team had conducted 9 Agree to Implement (ATI) meetings. The purpose of the meetings was to get sanction from the Beneficiary Group for the rehabilitation project in their respective wards. The team prepared detailed scheme report for the 9 rehabilitation scheme and got Technical sanction from the concerned authority.

**Preparation and Submission of CEP, GPST and IEC**

Community Empowerment Plan (CEP) is strategy under Jalanidhi, aimed to give proper and adequate training to the beneficiary Community, both Social and economical. It will really be helpful for successful and effective implementation of Jalanidhi Project. In this regard, the team prepared Community Empowerment Plan and submitted to Regional Project Management Unit Malapuram.

The GP strengthening is very much essential component under the KRWSA-Jalanidhi project. This component is to capacitate the Grama Panchayath within a short span of time to implement the project. The team Prepared GPST Plan and submitted to RPMU, Malapuram for Approval.

IEC helps in educating target population on the scope, significance, relevance and objectives of the programme and to launch the project in participatory approach and take collective actions. The team has successfully completed IEC activities and submitted the completion report to RPMU.

**Beneficiary Share Contribution Collection**

The team has started the collection of Beneficiary contribution from the respective (33) Beneficiary Groups. Executive meetings and General body meetings were conducted to explain the importance and need of BG Share Contribution. 16 meetings were successfully completed (8 Ex & 7 GB). The remaining meetings will be conducted in coming weeks.

**CONCLUSION**

On the whole the Jalanidhi project is being moved forward to the next stage and new heights with greater effect, co-operation and participation of the beneficiaries in the Panchayath.
DEPARTMENT OF HUMAN AND INSTITUTIONAL DEVELOPMENT (HID)

Introduction
The department of Human and Institutional Development (HID) plays an important role in the sustainable development of people under the Diocese of Irinjalakuda. The objectives of the department are: i) to enhance human capacity for attitude, integrity, competence and orientation to its full potential. ii) To develop, strengthen and augment aspirations of empowerment and self-reliance in women in order to attain gender equity. iii) To develop strong relationship within families for social enrichment.

The major initiatives of this department are as follows:

1. Social Action Units
The activities of SAFI are coordinated mainly through 132 Social Action Units supported by unit Presidents and co-ordinators at parish level under the jurisdiction of the Diocese. The said co-ordinators bear the lead role in forming the general body of SAFI. This network with local units helps SAFI to reach out the welfare services to deserving people in time.

2. Self Help Groups
The major goal of Self Help Groups (SHGs) is to empower the community by empowering women and thereby motivate them to contribute their might for the development of the society. The gender mainstreaming being one of the missions of SAFI, it stands to have a gender harmonious society. In the present scenario, the role of SHGs in social development is very important. It is a people’s movement against poverty, domestic violence, illiteracy and other social evils.

Currently, there are 300 SHGs actively functioning under SAFI. Usually the strength of every SHG is 15 to 20 women members residing in the same locality. In other words it is a ‘neighborhood fraternity’. Each SHG has a president, secretary and joint secretary elected democratically.
SHG members will have their regular weekly meetings in one of the members’ house in rotation. This is a platform to discuss various points concerning socially relevant issues, environment science, good governance, gender mainstreaming, planning, entrepreneurship development, motivational skills and training in accounting and book keeping. SAFI with its workforce provides required training and conduct motivational workshops to members of SHGs. The members involve in various Income Generation Programme (IGPs) collectively as well as on individual basis. Year wise auditing of SHGs is carried out and audited statement of accounts is submitted to SAFI.

**Major activities of the reporting year**

- **World Women’s Day** – Women’s day, as usual was celebrated at SAFI on 08th March 2014. The theme of this years’ Women’s Day was “Inspiring change”. 179 women SHG Leaders participated in the celebration. Adv. Thomas Unniyadan MLA - Irinjalakuda, Smt. Bency Davis – Chairperson Irinjalakuda Municipality, Mr. S. Manikumar Deputy Manager of NABARD Thrissur, Mr. V.M. Mohanan Manager - Bank of India, and Mrs. Mini Sunny Mampilly Ward Councillor, were the prominent personalities among other dignitaries on the stage. The convention honored award winners like Sr. Paulsy (Kerala Sabha Sevana Puraskar Award), K. Maya Teacher (Kerala State Best Teacher Award), Kumari Jery Polouse (ICYM Youth Award) and Mrs. Suryakala Surendran (Model Women Puraskar award). Adv. Villy Jijo led the Class on “Shree Sakttheekaranam Samagra Purogathikku”.

- **JLG FORMATION**
  235 JLGs were formed at different regions of the Diocese of Irinjalakuda. A formation and training seminar was conducted at SAFI on 21st October 2013, in which 132 JLG leaders attended. The seminar was led by Mr. Sanu from Bank of India Thrissur, who detailed about the loan distribution and refund.

- **KSBCDC Expo 2013**
  Some of the SHGs involved in IGPs with different products had an opportunity to exhibit their products in the Expo 2013 organized by KSBCDC at Town Hall Thrissur from 19.12.2013 to 24.12.2013. The results of the exhibition were encouraging and boosted up the morale of these SHGs.

  **KSBCDC Loan Mela** - In a function organized at SAFI, KSBCDC arranged Loan mela on 7th January in its Auditorium. The Mela was inaugurated by Sri P. N. Venugopal - District Manager Thrissur. A total of Rs.25 Lakhs was distributed to 25 SHGs @ one lakh per SHG during the program.
Blood Donation Camp: SAFI organized a blood donation camp on 13.12.2013 in association with IMA and 64 members attended the camp including SHG members. Program was inaugurated by Mr. M.C. Paul - Former Chairman of Social Forum Irinjalakuda. First blood donor was Fr. Jose Manjaly - Executive Director SAFI. IMA certificates were distributed to all blood donors immediately after the camp.

Income Generation Programs (IGPs): The IGPs under the SHGs are progressing well. Some of the major initiatives of IGPs are:
- Sunday Farming
- Rabbit rearing, goat rearing and poultry farming
- Organic Fertilizer Units
- Bakery and Chips making Units
- Soap and Candle making Units
- Garments and tailoring Units
- Curry Powder Units and flower mill
- Ornaments making Units

The other programs are as follows:
- Organize periodical training programs to SHGs & JLG members
- SAFI arranges annual auditing of SHGs centrally and renewal of registration at the end of each financial year.
- Conduct Leadership training classes and seminars
- Arrange seasonal readymade garments during Onam Mela

Flood Relief: In 203 August when different areas of the diocese were affected by flood, SAFI with the support SHGs distributed food material and other basic necessities to people affected.

Mahila Insurance: As a part of women empowerment, SAFI promotes Mahila Insurance in association with New India Insurance.

3. NABARD and Farm Club
Presently NABARD is supporting 200 JLGs and 15 active farm clubs formed under SAFI. All these JLGs and farm clubs are being monitored by PIMC (Project Implementation and Monitoring Committee). We are extremely thankful to Bank of India and NABARD for their cordial visits, directions and motivations rendered by them to JLGs, Farm Clubs and in turn to SAFI in our endeavors.

4. JLG (Joint Liability Group)
Formation: A Joint Liability Group (JLG) is an informal group comprising of 4 to 10 individuals formed for the integral development, financial stability and a dignified life for its members. Such groups are supported by banks and NABARD by providing bank loans either singly or through the groups against mutual guarantee. The JLG members who are interested to engage in IGPs are always promoted by banks with a guarantee of SAFI.

Kitchen Garden – A seminar was organized JLG for Leaders in SAFI Auditorium on 16-07-2013. It was attended by 132 JLG Leaders. In the first session, Mrs. Babitha K.V. from VFPCK Alathur led the class and the subject was ‘cultivation methods of Vegetable and fruits’. In the second session the class on ‘Mushroom cultivation’ was led by Mrs. Jessy Joy of Maramcode.
Introduction - Persons with disabilities and their families continue to experience stigma, discrimination and societal barriers. The Government has different programs for persons with disabilities (PWDs) like monthly disability pension, scholarships to children attending schools, job opportunities, job oriented courses, different insurance schemes, projects on Cochlear Implantation, “Snehasparsam”, “Cancer security & “Thalolam” – a scheme for providing financial assistance to children below 18 years for diseases like Heart, Vain born autism and providing different aids needed by persons with disabilities. Yet these benefits don’t reach the hands of beneficiaries due to lack of information or communication or indifference from the part of parents.

SAFI remains as a facilitator in rehabilitating persons with disabilities and takes all possible steps to impart information to parents through awareness classes, meetings and seminars organized periodically under the CBR & IBR programmes. The Community Based Rehabilitation program is sponsored by Liliane Fonds – a Netherland based organization through its Strategic Partner Organization – Catholic Health Association of India (CHAI) Secunderabad aiming at children/youngsters with disabilities under the age group of 25 years. The Institution Based Rehabilitation (IBR) programme is for the mentally challenged children and youngsters. Both these programmes, concentrate Youngsters / children with disabilities ensuring them with equal opportunities, participation, and protection so as to bring them to the main stream of our society.

LILIANE FONDS AND STRATEGIC PARTNER ORGANISATION (SPO) – CHAI SECUNDERABAD:
During the year a total of 245 differently-abled children were provided with assistance worth Rs 6,08,681/- for different purposes like surgical corrections, treatment, special schooling, higher education, job training, vocational training, Income generating programmes provisioning of artificial limps, hearing/visual aids, etc. We extend our sincere thanks to Liliane Fonds and CHAI-LF Team for the immense support and guidance by which we could provide a healing touch to many of the children with disabilities and their families under the CBR Programme.

Unione Medico Missionaria Italiana – Fondo Infanzia Bisognosa (UMMI-Fib):
- Unione Medico Missionaria Italiana – Fondo Infanzia Bisognosa (UMMI-Fib) is for the children under the age group of 16 years with severe and curable diseases like Heart diseases, renal diseases or children who need transplantation etc. During the year a total of 13 economically poor children who had undergone severe and serious type of surgeries mainly for open
heart surgeries were supported with an amount of Rs 4,07219/- sponsored by UMMI-Fib.

**Institution Based Rehabilitation (IBR)** – Ashanilayam Special School and Kripabhavan Hostel at Kottanellur are two Institutions established by SAFI to promote institutional based rehabilitation and these institutions are functioning well within the limited resources under IBR program of SAFI. 75 children with mental retardation are being assisted under IBR program.

**Ashanilayam - Special School for Mentally Challenged** – The special school provides self help skills, activities of daily living, horticulture therapy and vocational training in addition to elementary education. The school has been registered with the State Government of Kerala. 75 children who are differently abled are being cared by 13 qualified and experienced teachers of the school. The school is being visited and guided by the AEO of Mala.

Horticulture therapy is unique to Ashanilayam special school and the school compound itself is flourished with green plants and herbal bushes of bio-agriculture nursery. This therapy helps children to live in an environment of nature and enjoy pure and fresh air. As a result, the students develop not only their mental ability but also their integral development of memory power, digestion, joints flexibility, improved speech, energetic movements etc. This year also the children had their own cultivation of vegetables like cabbage, cauliflower etc.

Ashanilyam special school participated in the National Level Special Olympics – Bharath held at New Delhi from 13th to 15th March 2014. Roshni Maria Shaiju of Ashanilayam special school participated in two items 25 meter dash in which she won Gold Medal and 50 Meter dash for which she won a Silver Medal. She was given a warm welcome at Thrissur railway station and later honoured at the annual day celebrations of Ashanilayam.

**Kripabhavan - Residential Centre for Mentally Challenged** - This institution takes care of 17 children to provide “In House” training and it is a home away from home for them. All the children are provided with an atmosphere similar to their own home for their integral development by providing skill development, activities for daily living including behaviour modification, communication skills by which these children are capable to live in a dignified way at home and in the society.

**Santhome Special School – Kodungallur** - SAFI has begun the process of establishing a special school (Santhome Special School) at Edamukku, Kodungallur, realizing the presence of large number of children who are mentally challenged in Kodungallur Municipality and the adjacent Panchayaths. The land for the special school was provided by the Diocese of Irinjalakuda. The school is to start functioning in the next academic year in the existing building. A new school building will be built at the earliest with the assistance of the Italian Bishops’ Conference. The special school will be run by the congregation of the sisters of St. Joseph of St Marc, Indore Province.

**National Trust** - Social Action Forum Irinjalakuda succeeded in re-registering with National Trust after a gap of 3 years under section 12 (4) of its registration act for a period of 5 years from 14-02-2012 to 13-02-2017 vide their registration No.130217231931022/MR/CP/AUTISM/ MD dated 05-03-2012.
The negative approach towards providing better education to our children especially economically weaker families in the our society still persists in our country and some families expect a support from their children at their younger age itself. This phenomenon is widely seen especially in rural areas where poverty is experienced at its apex level because of inadequate livelihood opportunities available. SAFI has seen and experienced the tragedy on many occasions by involving in a variety of programs implemented since 1980’s. To bring about a difference in children’s education, SAFI has designed and implemented a plethora of educational assistance programs targeting children hailing from poor families.

**Professional Education** - During the year 1997, SAFI made advancement from elementary education to providing support in professional education by introducing “Professional Education Scholarship Scheme”. Under this scheme, SAFI could succeed in extending relief to over 600 brilliant students from poor families.

During the academic year 2013-14, a sum of Rs 25,500/- has been provided to support students who had been selected for professional education and had to undergo courses with a duration of more than 3 years. The following categories of students were supported:

- **B Sc Nursing** - 6000.00
- **Engineering** - 17500.00
- **General Nursing** - 2000.00

**Free Entrance Coaching** – With a sincere desire to create professionals, SAFI is providing free entrance coaching to 25 brilliant children from economically poor families every year at the institutes of Professor P C Thomas. Social Action Forum Irinjalakuda is extremely thankful to Professor P C Thomas for his social concern in providing opportunities to deserving brilliant students to professionalism every year.
WINGS – Way to Inspire New Generations

Recognizing the youth as a capital for social rebuilding process. SAFI stands as a developmental organization taking the challenge to provide the training for youth for capitalizing this great opportunity. For many, a good job ensures economic stability that helps them to go along with the mainstream of the society. We sincerely believe that it creates a new community with values of justice, fraternity, cooperation and mutual concern.

SAFI introduced job oriented coaching programme in the year 2011. So far we have completed training to 350 students for PSC and bank coaching. It is a pleasure to note that 12 applicants have been qualified for IBPS scoring card. Score card is a prerequisite for submitting application to job opportunities in banks.

Key outcomes:

- Empowering the youth to face competitive examinations.
- Ensure the information for job opportunities.
- Conducted more career guidance seminars.
- Provide the qualitative trainings in various subjects.
- Provide the guidance to the students for selecting correct careers.
- Develop self reliance and self confidence.
Addiction to alcohol and drugs is the most dreadful epidemic of the 21st century, which results in the drainage of intellect, health & wealth of the society. This leads to more and more broken families, divorce, suicide, homicide, abortion, accidents and criminal activities among all sections of the society.

Navachaithanya was started with a mission to save these unfortunate victims of addiction and their families from this great trauma. Since its inception in March 1991 to March 2014, about 281 De-addiction camps were conducted in which 13314 addicts had so far attended with their families.

Since it is better to start at grass root level itself, we have been giving lots of awareness programmes and counseling sessions for the students of schools and colleges have been conducted since 2001.

April 2013 to March 2014 was declared has “Anti-Alcoholic year” by the Bishop of the Irinjalakuda, in conjunction the diocesan programmes Navachaithanya also conducted awareness classes at different Parishes, family units, and other venues.

Navachaithanya is we are in constant contact with our clients through telephone calls, letters, house visits and various follow-up programmes. Those who are relapsed or tend to relapse are again helped to regain their sober stage by these follow-up counseling sessions, seminars and group sessions. In every De-addiction camp, 10 and above ex-campers come back to the centre along with their families to celebrate their anniversary of sobriety, by distributing sweets. Then they share their good experiences and achievements they had during this period. This gives more encouragement and hope for the new campers.

In the current financial year we have conducted:

1) De-addiction Camps
   (1 week residential) - 12 no.(741 Individuals)
2) Counseling Sessions:
   a) Individual Counseling - 856
   b) Family counseling - 402
   c) Group counseling - 44
3) Follow-up Programmes - 20
4) Awareness programmes - 65
5) House visits of Ex-campers - 524
6) Al-Anon programmes - 6
Addiction to Psychoactive substances is the most dreadful epidemic of the 21st century affecting mostly the younger generation who always crave for the pleasure of life. This destroys not only our rich cultural heritage, but the sanctity and stability of our family relations also, since this addiction affect the normal thinking and behavior pattern of an individual. To fight against this social epidemic, Navachaithanya was started as a counseling cum awareness centre at Aloor in March 1991. Having been in this field for a number of years, it was understood that the treatment and the rehabilitation are inevitable for de-addiction. Thus a de-addiction cum rehabilitation centre of 15 bedded hospital was started at Anandapuram in September 1994.

During the last 20 years of its service, 7432 individuals with addiction and their families were given treatment and counseling services. Most of the patients are directed to this centre by the ex-addicts and also from the de-addiction camps conducted every month by Navachaithanya Drug Awareness Counseling Centre at Aloor. The demand for treatment and counseling services for alcoholics and drug addicts are increasing day by day. Due to inadequate facilities, the 15-bedded hospital was extended into 30-bedded hospital from September 2000 onwards by taking an adjacent building for rent and also appointing more staff.

A Statistics on the activities from 2013 April to 2014 March

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Treatment Procedures:

**De-addiction Treatment:** - Treatment Schedule mainly consists of medicines, counseling, awareness classes & activities, therapies and follow-ups.

**Medicines:** For the betterment of patients the services of the physician, psychiatrist, psychologist, gynecologist and ayurvedic doctor are provided. Medicines are given for 90 days which consist mainly of ayurvedic packages i.e., Nasyam, Thalam, Pichu and Daras. Ayurvedic treatment includes Flare Capsule, Oil Bath, Amalakadi kashayam for kidney and liver purification, and Eladi candy for minimizing the smoking tendency. In order to get a better impact for the ayurvedic treatment only vegetarian food is served.

**Counselling:** This centre provides lifelong counseling Services. It includes individual counseling, marital counseling and family counseling and spiritual counseling to the clients, parents, family members and their spouses.

**Awareness Programme and Therapies:** These sessions are given to patients who have to stay at this centre from 31 days depending on their recovery period. It includes classes on various topics, group interactions & discussions, prayer & meditation, music therapy, group therapy, yoga, indoor games, reading, diary writing and evaluation games.

**Follow Up:** Discharged patients are given lifelong follow up according to each one's requirement. This centre also maintains constant contact with the ex-patients through letters, phone-calls, home visits and also through Navachaithanya Publications. Occasionally we organize follow up gatherings besides classes and seminars for their spouses and children.

**Referral Camps:** - Most of the ex-patients are referred to a week-long de-addiction camp at Navachaithanya counseling centre, where they are given rigorous training on almost all aspects of life in order to help them to return to the normal life. So far more than 3274 patients were referred to de-addiction camp. Acute Psychiatric cases are referred to Sacred Heart Hospital Pullur.

**A.A Groups:** Persons free from addictions are made members of their local A.A. groups. They meet together once in a week to share their experiences, achievements and also the problems they are facing daily. Navachaithanya has already formed 38 A.A groups in between Kozhikode and Ernakulam District for the ex-patients.

**Rehabilitation:** Even after the treatment the patients who are neither accepted by their families nor have the courage to face their previous surroundings are allowed to stay for a while at the centre until they get the confidence to
stand on their feet. They are also helped to get employed. So far 673 addicts have been rehabilitated.

**Awareness Programme:** Since prevention is better than cure, many outreach programs are conducted in and around Thrissur District for school students, youth, couples, employees, parents, teachers and family units as well as for the Public. Usually Seminars, Audiovisual aided classes, Skit plays, Group discussions, Competitions, are organized according to the aptitude and the age of the participants. Every year classes are conducted in schools, colleges, and in other groups on May 31st—the Non Tobacco Day and June 2nd the International Day against Drug Abuse and illicit trafficking. These classes are intended to give awareness about addictions, drug abuse and its implications on the individuals, families and the society at large.

Through the monthly publication ‘Navachaithanya Bulletin’ the day today programs and activities of Sanjo Sadan are made known to its A.A Group members and well wishers. The Bulletin also carries articles on Alcoholism, Drug abuse & Addiction, prevention and treatment of addictions, and other topics.

It is by the grace of God that we were able to carry out the works undertaken. Also we gratefully acknowledge the united and dedicated teamwork of the staff, the resource persons and AA groups, and the financial support from the “Ministry of Justice and Empowerment”, the Irinjalakuda Diocese and other well wishers in rendering these services to people affected by addiction.
Sanjo Industrial Training and Production Centre Ashtamichira is a unit of Social Action engaged in the manufacture of wooden building materials and furniture of traditional and modern wood craft and are widely accepted by the general public for its supreme quality. As usual the major portion of the profit is utilized for the education programmes of mentally challenged children of Kripa Bhavan and Ashanilayam Kottanelloor and also support the charitable works of Social Action Forum Irinjalakuda.

DEPARTMENT OF RESEARCH & DOCUMENTATION

The Department of Research & Documentation of Social Action Forum Irinjalakuda, caters to document and disseminate the findings, challenges and concerns of the society and to record and preserve all developmental interventions of this Developmental Organization, for the present and future generations. This department functions as a data bank of the organization and as a resource centre for the supply of data, information, learning etc. required for formulating new projects and
bringing out publications. It also functions as a channel for the free conduct of communication among various development actors in the society. Fact based data, information and learning from various projects are being documented scientifically and systematically which help to refer to the history of the organization, trace out the path in the growth of the organization, and its ups and downs. This Department tries to communicate/channelize the daily activities/programs/functions of SAFI.

It also takes a leading role in conducting monthly staff meeting (last Friday 3 p.m.) where each and every activity and planning of SAFI, project/Department-wise are presented by the project/Department heads with the help of electronic media. In the staff meeting, the planning and the actual activities are compared and the variations if any are located for future corrections.

We adopt text book documentation in hard and soft copies, photo documentation in albums, computer hard disk, video and audio documentation in computer CDs, DVDs in chronological/year wise and department/project/program wise.

It also functions as a safe custodian of all valuable documents of SAFI such as title deeds, Registration Certificates, Agreements, Day-to-day activities, Annual Activity Reports, General Body and Executive Committee Meeting Reports etc.

Monthly Planning of SAFI is regularly published in the Monthly Diocesan Bulletin. We used to submit & present the Quarterly Activities Report with planning at the Bishop’s House, Irinjalakuda as per their schedule. The Day today activities, Trainings, Scheduled Functions, events, programs positive and negative learning if any, of the projects, success stories, case studies, writings, are periodically published in the quarterly magazine named ‘Gramadarshan’. We print and distribute yearly date calendar and necessary brochures, notices and booklets for the various projects.

The Annual Activity Report is published after the close of each financial year which reflects the activities and interventions of SAFI along with the audited statements of accounts of that year.

Quality of Documentation of Activities Award 2011-12 for Second Best Annual Report & Transparency in Financial Report 2011-12 was given to SAFI by KCBC – Justice Peace & Development Commission & Kerala Social Service Forum (KSSF) in a Special Meeting at AMOS Centre Hall Kottayam on 16-7-13 by Mar Steephen Athipuzhayil (Chairman Kerala Service Forum). SAFI had also been honored with the Quality of Documentation of Activities Award 2010-11 for the third Best Annual Report & Transparency in Financial Report.

The SAFI’s website www.safijk.org is an opening and access to the universe through which daily activities, views, our publications, objectives and mission of SAFI are depicted.

On this auspicious occasion we thank all media and Channels for associating with us and giving sufficient coverage on activities as it deserves and for all the print media for the supply of printed matters in time.
Members of Governing Body & Advisory Board 2012 - 2014

1. Rt. Rev. Dr. Pauly Kannookadan, Bishop's House, Irinjalakuda – 680121 (Ph : 2826830) CHAIRMAN
2. Msgr. Davis Ambooken, Bishop’s House, Irinjalakuda- 680121 (Ph : 2826830) PRESIDENT
4. Rev Fr. Sunny Kalamanathadathil, Social Action Forum Irinjalakuda – 680 121 ASSOCIATE DIRECTOR
5. Rev. Fr. Sebastian Nadavaramban, St. Antony's Balabhavan, Ashtamichira P.O. ASSOCIATE DIRECTOR
8. Mr.Xavier Pallippadan, Pallippadan House, Kottackal P.O. 680732 (Ph : 9446457658) VICE PRESIDENT
9. V.Rev.Fr. Joby Pozholiparambil , St.Thomas Cathedral Church, Irinjalakuda, 680121 (Ph : 2826376)
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11. Mr. Anto Arikadan , Santhi Nagar, Puthenchira East- 680 682 (Ph.9447409542)
12. Mr. P.P. George, Padayatty House,P.O. Kuzhoor- 680 734(Ph.9447616256, 0480 2779633)
13. Mr. Rappai Vezhaparambil, North Chalakudy, Chalakudy P.O. 680 307(Ph. 9400843883, 0480 2703883)
15. Mr.Jose P.V, Parakkal House, Kuttikad P.O. Chalakudy (Via)- 6807024 ( Ph.9495421697, 2746832)
16. Mr. Varghese Mavely, Kallummukara P.O. – 680 683 (Ph 9388881275, 2881275)
17. Mr. M P George , Manjaly House,Vellangalloor P.O. 680 662( Ph.9447093437, 2860520)
18. Mr. D Francis,Inchodikaran House,P.O. Karalam- 680 711 (Ph.9495884074)
19. Mr.T M Yohanann, Thekkethala House,Parappukara P.O. – 680 310 ( Ph.9377284541, 2791573)
21. Mrs Jessy Johnson W/O C K Johnson,Cheniyara House,P.O Irinjalakuda Korumbissery (Ph.2830345)
22. Rev.Fr.Jaison Kudiyirkkal, Executive Director, Navachaitanya Aloor -680683 Ph.2707722
23. Rev. Fr Jose Ambooken, Executive Director , AVARD Bhavan , Chalakudy – 680 307 Ph. 2701964
24. Rev.Fr Joseph Gopuram,Executive Director, Sanjo Sadan, Anandapuram P.O. 680 323 Ph.2881895
25. Mr. George D Das,Palathingal House,Kattoor – 680 702 Ph. 9447441903
26. Dr. V. J. Paul, Vazhappilly Memmorial Hospital , Aloor – 680 683 Ph.2720412
27. Rev.Fr Sebastian Ambooken CMI, Christ Monestry, Irinjalakuda- 680 121 2825384 Mob.9495738073
29. Mrs. Laisa Paul, Pulikottil House,Karanchira P.O. 680 702 Ph.9745305528
30. Mr Joseph PG,Paramben House,P.O. Parakadavu, 683 579 Ph.2473159 Mob.9446128346
Organizational Time line

18-10-1978 Msgr. G.T. Thekkekkara was appointed as 1st Director
07-07-79 General body of Social Action was constituted
02-05-80 Inauguration of Social Forum Kuries
16-05-82 Registration in Ministry of Foreign Affairs (Reg. No. 052900055)
01-08-82 Fr. Paul Eramunnapuzha was appointed as 2nd Director
18-08-83 Registration of Social Action as Charitable Society (Reg. No. 166/83)
23-01-84 Social Action Office at Pastoral Centre, Irinjalakuda
19-03-85 Blessing of Sanjo I.T.C, Ashtamichira
10-03-86 Sale Tax exemption C.S.T. 25166554 K.G.S.T. 25161554
09-07-86 Registration under Factory Act No. IJK. 255
14-10-86 S.S.I. Registration No. 0905470/86
08-06-87 Social Action Office is shifted to 1st floor of Pastoral Centre
19-03-91 Inauguration of Navachaitanya, Aloor
06-02-92 Started Social Action Electronics Training & Production Centre
11-07-92 Social Action Electronics Unit handed over to Forum for Social Action (Reg. No. 235/92)
10-09-94 Inauguration of Sanjo Sadan, Anandapuram
17-06-95 Social Action Office was shifted to Social Forum building
17-01-96 Fr. Joy Kadambatt was appointed as 4th Director
01-08-97 Income Tax exemption U/S 80 No. 17A/Tech/Inst/S9/88-89
04-07-98 Inauguration of Ashanilayam Special School, Kottanellur
23-12-99 Income Tax Permanent Account Number (Pan) No. AABTS 2458 P
28-06-01 Fr. Wilson Erathara was appointed as 5th Director
10-09-02 Blessing of Kripabhavan Residence at Ashanilayam Kottanellur
17-02-04 Inauguration of Prakruthi-Centre for Research and Training in Organic Farming
18-04-05 Silver Jubilee Celebrations
20-04-05 Inauguration of Vocational Training Centre, Kottanellur
07-05-05 Govt. recognized Prakruthi, Kottanellur as District level Nursery (Under AEZ) Go No. 9801/03 (15B)
27-06-05 Registration of Ashanilayam Special School, Kottanellur by the State Government-EDN/TSR/25/2006 Dt.27-06-2006
21-12-05 Prakruthi, Kottanellur promoted as Govt. Licenced Agricultural Nursery LIC No.27/21-12-05
18-01-06 Fr. Jose Palatty was appointed as 6th Director
15-01-07 Blessing of ‘Sannidhi’ Prayer room at SAFI
17-12-09 Inauguration of Dairy Farm at Prakruthi, Kottanellur
12-08-10 Fr. Antony Mukkattukaran was appointed as 7th Director
12-08-10 Fr. Bency Cheenan was appointed as Associate Director
03-10-11 Launching WINGS Project (Job Oriented Coaching Classes.
08-03-12 Prakruthi, Kottanellor, Promoted as Mixed Farm School Order No. D371D371/2012 ESTD 2011-2012 DAHO - TCR - 08-03-2012
02-08-12 Fr. Sebastian Nadavaramban was appointed as Associate Director
11-07-13 Fr. Jose Manjaly was appointed as 8th Director
30-01-14 Fr. Sunny Kalakpanathadathil was appointed as Associate Director
30-01-2014 Fr. Binoy Kohippatt was appointed as Associate Director
SAFI Acknowledges partnership with...

- KSBCDC
- Canadian International Development Agency
- Caritas India
- CNEWA
- NABARD
- Bank of India
- KRWSA
- CHAI - LF
- Federal Bank
- Italian Bishop's Conference of India
- Ministry of Social Justice and Empowerment
- Rajagiri College of Social Sciences
  Kalamassery, Cochin
- Save A Family Plan (India)
- SELAVIP
- Social Forum Irinjalakuda
- Stichting Liliane Fonds
- Unione Medico Missionaria Italiana
- Life Insurance Corporation of India
- United India Insurance Company Ltd.
Eat wise
Waste less

SOCIAL ACTION FORUM IRINJALAKUDA
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