



SOCIAL ACTION FORUM IRINJALAKUDA

*Sustainable
Energy
for all*

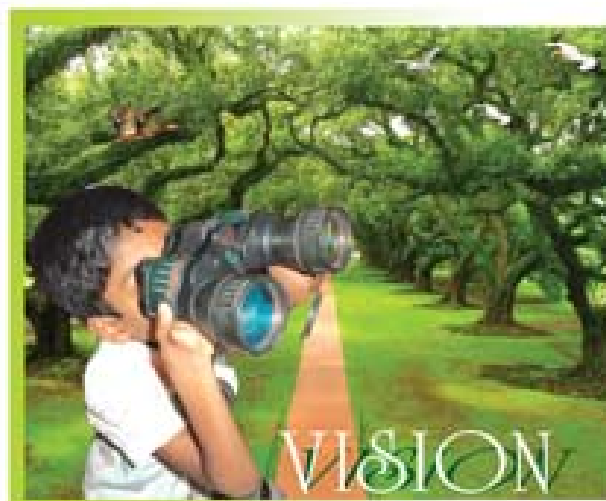


ANNUAL ACTIVITY REPORT 2011-2012



About SAFI

Social Action Forum Irinjalakuda (SAFI) is the official Developmental organization through participatory approach, of the Catholic Diocese of Irinjalakuda, registered in 1983 (Reg. No. 166/83), functions at 130 parishes in an area of 1180 sq. km. to improve the conditions of the less privileged irrespective of any differences in caste or community.



Establishment of a right based and gender harmonious society rich in social capital / resources, warm in human fellowship concerned about ecosystem and Food security.



To motivate and facilitate the marginalized population towards a right based and gender harmonious society through mobilization of people's power and participation.

- ❖ Foster and strengthen Community Based Organizations (CBOs)
- ❖ Give initiative to people for their right to live a dignified human life
- ❖ People's participation in the development process
- ❖ Revival of natural and organic agriculture aiming at food security
- ❖ Community based and Institutionalized rehabilitation
- ❖ Promote an eco-friendly human existence
- ❖ Train people to be self-reliant for a better human living
- ❖ Facilitate the integration process of all developmental activities in the Diocese

ORGANIZATIONAL
OBJECTIVES



Social Action Forum Irinjalakuda

(DEVELOPMENTAL ORGANISATION OF IRINJALAKUDA DIOCESE)



SAFI

Brightens your future

An Overview of Activities

2011-2012

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AREAS OF INTERVENTION

Family Welfare
Housing and Habitat Development
Natural Resource Management
Agricultural Development
Rehabilitation of differently abled and De-addicts
Education
Coastal Development
Drinking water, Sanitation and Hygiene Promotion
Human & Institutional Development (HID)
IDEA (Integrated Development through Empowerment & Action)

Running Projects at a Glance

- ✦ Family Development Program (FDP) SAFF
- ✦ Medi-Claim Insurance
- ✦ Jeevan Madhur Micro Insurance
- ✦ Social Forum Housing Scheme
- ✦ SELAVIP Housing Scheme
- ✦ UMMI (For surgical corrections for Infants)
- ✦ SLF (For Physically and Mentally Challenged)
- ✦ CNEWA (Subsidies for Physically and Mentally Challenged)
- ✦ Professional Education Scholarship Scheme
- ✦ Selection of 25 students for Entrance Coaching
- ✦ SAFI & Rajagiri Jubilee Child Education Sponsorship Program
- ✦ WINGS (Job Oriented Training program)
- ✦ Mazhavillu (Counselling & Awareness classes for High School & Higher Secondary School Students)
- ✦ SPED III
- ✦ Integrated Development Program for the Traditional fisher community (MANOS)
- ✦ Integrated Development through Empowerment & action (IDEA)



«Message from the Chairman»

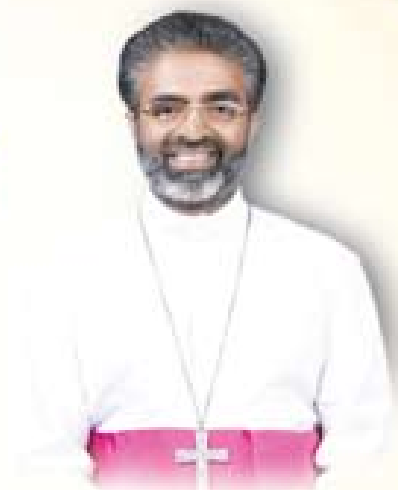


DIOCESE OF IRINJALAKUDA

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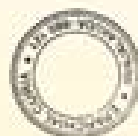
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I am delighted to hear that Social Action Forum Irinjalakuda (SAFI) is publishing its annual report 2011-12 with activities and statement of accounts. SAFI has taken strenuous efforts in the upliftment of the downtrodden and economically backward sections of our society within the Diocese of Irinjalakuda. The annual report for the year reflects to what has accomplished so far, sheds light upon its commitment and vision for over all development since its inception.

I gratefully acknowledge all the imaginative initiatives of SAFI and all the sacrifices for the triumph of the Diocesan social apostolate. I take this opportunity to congratulate the Executive Director, the Associate Directors, the staff and all the collaborators of SAFI for the exemplary service rendered for the integral development of our society. May God bless SAFI family, benefactors and beneficiaries abundantly.

Irinjalakuda
04-06-2012



Mar Pauly Kannookadan
Bishop of Irinjalakuda

« Presidential Note »



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I am happy to know that Social Action Forum Irinjalakuda (SAFI) publishing its 29th Annual Report 2011-12 with developmental activities and statement of accounts. Indeed! SAFI has completed yet another successful year to its credibility. It gives me great joy and happiness for its achievements through fulfilling its objectives in order to create a just and gender harmonious society with full participation of the people for the sustainable development.

I appreciate SAFI's involvement in the integral development of the young generations by arranging and providing awareness classes through "*Mazhavilla*" and encouraging youngsters to secure jobs by appearing Bank and other Public Service Examinations under the "*WINGS*" programme. Serving the humanity being the Motto, SAFI continues to play vital role in mitigating the sufferings of poor and the marginalized. I congratulate the Director, Associate Directors, staff and all well wishers of SAFI for their valuable contributions and hard work. Let us thank God for the manifold graces poured up on the SAFI family and pray to Almighty for *His blessings* to work with more enthusiasm and vigour.

May our Lord Jesus Christ bless all of you and always your efforts to achieve the goals.

04-06-2012
Irinjalakuda

Msgr. Dr Jose Irimpan
President - SAFI

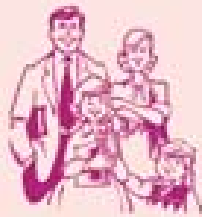
FROM THE DIRECTOR'S DESK



The steady emphasis on the vision, mission coupled with proper planning and team work is the measuring tool to evaluate the growth of an organization. I do not assert that I could do much but the SAFI team's strenuous efforts are trying their level best to do maximum in order to attain the objectives that we are aiming at. I sincerely express my profound gratitude to Almighty God for His abundant Grace bestowed upon us to serve the poor and the needy. I also whole heartedly extend my greetings and thanks to all our partners in progress for their generosity.

Whatever SAFI – Diocesan Organization for Social Concerns – could accomplish are the results of indomitable hard work and marvelous team work. I thankfully keep in mind the excellent guidance and directions of Mar Pauly Kannookadan, Bishop of Irinjalakuda, Msgr. Dr. Jose Irimpan, President of SAFI always keenly gave enough motivation and encouragement. Indeed I bear in mind heartfelt collaboration and lively involvement of my trustworthy colleagues Fr. Benicy Cheeran and Fr. Seejo Irimpan to manage and smoothly run all the developmental project activities. It is easy to dream a project and its fruitful outcome but to make the dream into a reality, needs hard work of many dedicated staff, unit coordinators, SHG leaders, well wishers, partners in progress, etc. I extend my congratulations and thanks to each and everyone in the process of development especially Governing Body, the Advisory Board and General Body for their active association and cooperation. I invoke the Almighty God to shower all His choicest blessings upon the SAFI family to serve the poor and the downtrodden people of our Diocese more dynamically in the years to come.

Fr. Antony Makkattukarakaran
Executive Director



FAMILY DEVELOPMENT PROGRAMME (FDP)

Co-Ordinator- Mr. Shoy Kallaly
Animators- Mrs. Lissa Benson, Mrs. Shiny Jose,
Mrs. Jancy Varghese



Social Action Forum plays an important role for the integral development of the marginalized and the poor. Thus, having a tie up with Save A Family Plan of India (SAFPI), Social Action Forum does many activities to bring the poor and needy people to the main stream of our society. And that is the main goal of SAFP.

With the support of SAFPI we provide support to 270 families which are economically and physically backward. The selection of families is done

by strictly following the criteria given by SAFPI. They are in the process of change to achieve the goal which SAFPI has put forward. They are frequently motivated through regional meetings, centre level meetings and especially through monitoring visits by animators. Under FDP the families get Rs. 800/- each as monthly assistance. The financial assistance is utilized to improve the economic condition by starting livelihood initiative Programme, basic infrastructure and special thrust for the Human and

Institutional development especially for the professional education of the children of member families.

Strategies adopted for realization

- Guidance and Motivation
- EDP Training
- Family Counselling
- Regional Gatherings
- Empowering Families Through CBOs
- Monitoring through house visits



- 1. Inauguration of Srishasthanganam 2012 by Mr Paily Karamadon on 2-5-2012
- 2. Participants of Srishasthanganam 2012
- 3. Growth of a beneficiary to active an IT profession
- 4. SAFP EDP Training at SAFP
- 5. Counselling training at SAFP on 2012 November 16,17



SOCIAL ACTION FORUM
IRINJALAKUDA

Fund Disbursement

Sl No.	Particulars	No. Of Families	Total RB fund utilised
1	Poultry	7	42000
2	Housing	89	981000
3	Buffalo Rearing	29	195200
4	House repair	3	23000
5	Nut Mug Business	1	10000
6	Account Closing	127	3064833
7	Shop Expansion	1	7000
8	Cow Rearing	4	48000
9	Tailoring Machine	2	8000
10	Marriage	9	116500
11	Education	48	294500
12	Goat Rearing	14	72500
13	Treatment	26	179000
14	Auto Test	1	9000
15	Kitchen Construction	1	10000
16	Electric Connection	5	30000
17	Metal Business	1	15000
18	Land Registration	4	76664
19	Cooking gas	1	3000
20	Bakery Works	2	14000
21	Loan Repayment	22	247500
22	Nursing Aid	5	91000
23	Cleaning Machine	1	5000
24	Auto Purchase	1	20000
25	Well Digging	6	62000
26	Plantain Cultivation	1	5000
27	Toilet Construction	3	37000
28	Fixed Deposit	7	175000
29	Insurance	2	1330
30	Pepper Business	1	10000
31	Petty Shop	1	10000
32	Fancy Shop	1	6000
33	Curry powder packing	1	5000
Total		427	5872007

Annual Day Celebration

The second annual get together of Save A Family beneficiaries, "Snehasangamam-12", was celebrated on 2nd March at diocesan level as desired by the central office. Around 500 people participated in the function. The Programme started with a prayer song. The main function was inaugurated by Rt. Rev Dr. Pauly Kannukkadān, Bishop of Irinjalakuda diocese. Msgr. Rev. Fr. Jose Irimpan presided over the meeting. Mr. Bently Thadikaran, representative of SAFFI, delivered the key note address followed by felicitations by Regional officer, Mrs. Beena Joy and Rev. Fr. Bency Cheenan. The message of the day was delivered by the AVARD Director Rev. Fr. Jose Amboonan and the benedictory speech was by Rev. Fr. Jose Malliekal, vicar, St. Mary's Church, Chalakudy. The words of thanks was delivered by FDP coordinator Mr. Shoy Kallely. Then there was a prayer session for Msgr. Rev. Fr. Augustin Kandathil, founder of SAFF. Two beneficiaries, Kamalu Jose Perumpadathy, Kuttikad and Celina Job, Elinjipra shared their experience after joining in SAFF. A one hour class related to family life led by Rev. Fr. Benny Karimalikkal, Director Navachathanya, Alloor. After the lunch break there was a colorful cultural Programme which commenced at 1.00pm and ended at 3.30pm. All the present active beneficiaries were presented with special gifts and prizes were distributed to all participants of cultural Programme.



- These birds changed their financial background
- Inauguration of SAFFI FDP Training at SAFFI A-2-2012
- Planning session with whole family by the FDP Animator



MEDICLAIM INSURANCE
Co - coordinator - Mrs. Sainey Thomas

Social Action Forum Irinjalakuda (SAFI) in collaboration with the Govt. of India and United India Insurance co. Ltd., Thripunithura, introduced Universal Health Insurance Scheme for the benefit of the people falling under the age group of 3 months to 70 years. The Scheme is mainly aimed at those belonging to Below Poverty Line (BPL) with a subsidized insurance premium. It is also open to the people who belong to Above Poverty Line (APL) to meet the expenses for hospitalized treatment.

Under the BPL Schemes, the insured will be eligible up to Rs. 30,000 for hospitalized treatment and a coverage of Rs. 1,25,000 for accidental death. For the General Scheme, that is Including APL or BPL (Family Medicare Policy) the insured will be eligible for up to Rs. One lakh for hospitalization and a coverage of Rs. One lakh for accidental death. An important advantage of this scheme is that, in selected hospitals the treatment can be taken without cash payment.

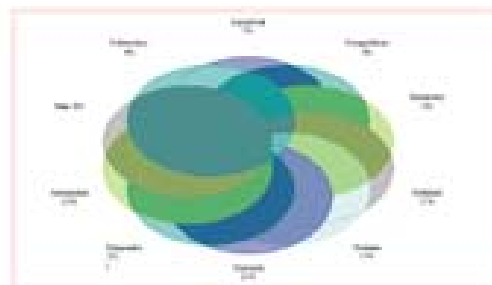
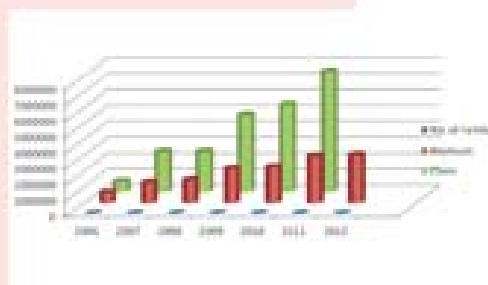
Another insurance scheme available through SAFI is known as Uni Santhwana Insurance. The Uni Santhwana Insurance is for accidents only. The Uni Santhwana Insurance Scheme A is for the common people under the age group of 10 - 65 covering the hospitalized treatment up to Rs. 1,00,000 as well as an insurance coverage of Rs. 2,00,000 for accidental death and Scheme B has covering for Rs. 50,000 for hospitalized treatment and insurance coverage of Rs. 1,50,000 for accidental death. The duration of all the insurance schemes is one year. However it can be renewed for subsequent years on payment of applicable premium.

The poor and the marginalized people find it very difficult to meet the exorbitant cost of hospitalization due to unexpected illness. These insurance schemes being of very low premium and reasonably good benefits. Really help them a lot about 15,700 clients' mostly poor people from 3384 families have been enrolled in these schemes with payment of a total premium of Rs.30,93,622 in the current year. Almost all the parishes under the Diocese have generally contributed to make this Insurance Scheme, mainly meant for the poor people, a great success.



*Initiation of Medi-Claim Insurance 2012
by Mrs Paily Kammuchadan -24-11-11*

Particulars	2006	2007	2008	2009	2010	2011	2012
No. of families	1,239	1,410	1,765	3,192	7,783	8,042	3375
No. of family members	3,978	4,112	5,036	12,768	35,056	42,132	15,700
Premium paid	2,61,180	3,45,057	4,67,533	6,40,470	17,28,305	29,06,613	30,93,622
Claim settled	2,58,808	7,18,816	11,25,713	24,65,452	55,18,579	71,65,931	



**SOCIAL ACTION FORUM
IRINJALAKUDA**

In Today's world the term Insurance has wide acceptance whether its application is in rural or urban area. For the low income group of people insurance coverage is a precaution of future expenditure that may fluctuate in no proportion. Micro Insurance in other term is a 'thrift and credit' mechanism by which pooling of resource in a periodical interval shall be utilized for the future costs. Salient features of this micro insurance are that the targeted community (the poor) has the privilege to decide their contribution level and also the 'returns'.

SAFI in collaboration with Life Insurance Corporation of India started this Micro Insurance Scheme in 2008 taking into account the national policy of 'Insurance for all'. Gramasree self help group and local social action units at parish level are actively involved in implementing this programme. SAFI concentrated areas under 40 parishes to implement this scheme. Over 2500 persons who are within the age group of 18 to 60 are covered under this insurance scheme. This policy is optional that range from 5 to 15 years and quarterly premium payable range is from Rs. 250 to Rs. 500 and the sum assured varies from Rs. 5000 to Rs. 30000.

This policy covers benefits including cases of natural death, accidental death and permanent disabilities caused by accidents etc. In case no claim preferred during the period of policy, the sum assured will be refunded on maturity of the policy along with bonus accrued thereon.



If death happens, this scheme provides a bit of support and relief to the nominee of deceased through death claim. This year SAFI could assist one family under death claim worth Rs. 12000/- (twelve thousand). We thank LIC of India for their continued support to the low income groups of our society.

*Natural death
claim distribution*

JEEVAN MADHUR MICRO INSURANCE SCHEME

Co-Ordinator - Jancy Anto





HOUSING AND HABITAT DEVELOPMENT

Coordinator - T.L. Jose



Housing is considered as the most basic human need that has to be addressed on a priority basis as it helps to boost self-esteem and identity of an individual in general and a family in specific. Housing as a program is still incorporated in government and other development agency's policies and programme recognizing it to be a grave problem, especially within poor and low-income group families irrespective of rural and urban areas. It is a felt reality that state intervention alone in this sector is inadequate to address the problem. And it is in this scenario, the role of non-government and other community based organizations gain momentum with a motive to create an enabling environment in achieving the goal of "shelter for all" on a self-sustainable basis focusing on people living below poverty line, SC/ST's, elderly people, disabled, women headed households and other economically and socially backward communities.

The Housing Department of SAFI functions with the aim to provide assistance to the poor people who do not have a house to live in or the one they have is in a dilapidated condition and requires major repairs to make it safe and livable. During the year 2011-12, SAFI received 35 applications from poor people belonging to different religions. Unfortunately SAFI could not provide support to all of them due to scarcity of fund. Therefore, we had to visit all the houses and selected 13 applicants - the most deserving families for assistance. They were paid a total of Rs. 1,20,000/- that was made available to SAFI by Social Forum. We regret that we could not provide support to all the applicants in this regard. We take this opportunity to thank Social Forum for their kind generosity.



A funding agency - SELAVIP - has remained as an instrument in providing generous support for the housing endeavours of the Social Action Forum for the weakest and neglected sections lacking habitats since two decades. They were kind enough to sanction a special project for housing titled as "Permanent housing for economically poor persons with physical/mental disabilities" worth Rs 13,50,000/-. SAFI could achieve the physical target of constructing 50 rooms with attached toilet and ramp to the

compound for 50 especially vulnerable families having persons with physical/mental disabilities occupying urban centers in the towns lying adjacent to Karuvannur and Mapranam. The status and dignity of the physically and mentally challenged persons have improved to a large extent enabling them to move around inside the house freely and live happily in their own rooms with attached toilets and other



facilities. No doubt; these vulnerable sections could climb further in the social strata and the cooperative efforts could enhance their emotional capacity to perform the activities of daily life in a better manner. We thank and convey our gratitude to SELAVIP for their generous contribution and valuable support to 50 poor persons with physical/mental disabilities in providing freedom inside their own houses, convenience of attached toilets and comforts for their mobility in and around their houses in addition to other infrastructure formalities, to 50 poor persons with physical / mental disabilities.

- 1. Planning and distribution by Ahi. E.T. Thomas (Chairman, Social Forum Irinjalakuda) 18-2-12
- 2. Shalaja Ramani, Kallattumkara in front of their newly built house



**SOCIAL ACTION FORUM
IRINJALAKUDA**



The project Integrated Development through Empowerment and Action, also known as IDEA in abbreviation, is implemented by the Diocese of Irinjalakuda with the financial support of CARITAS INDIA. The overall objective of IDEA project is the integration of various development actors and different activities for the sustainable development and empowerment in the diocese area. Since the implementation of IDEA in 2008, Irinjalakuda Diocese has attained a remarkable influence in society and paved the way for appropriate system and structure based on the Diocese Perspective Plan and Organizational Development Process.

The target sectors for the second phase of IDEA are backward village communities, women, youth and students of the selected 10 villages under the operational area of the Diocese.

The project location for the second phase of the IDEA programme will be 10 selected villages in 8 Gram Panchayathu of 6 blocks in the Districts of Thrissur and Ernakulam.

The overall objective of the IDEA project is, grass root development actors are effectively integrated for sustainable development Diocesan area of Irinjalakuda by 31 March 2014.

The specific objectives of the project are, make the community able to practice good



governance in Vellukara Gram Panchayathu by 31 March 2012 and participatory development initiated in three trust areas- Natural Resource Management, Education and Health by 31 March 2014.

For the achievement of above mentioned objectives, IDEA uses some powerful strategies. Those are as follows.



1. Presentation of activities of SAST by the support of CARITAS INDIA on the occasion of 50th Jubilee celebration
2. Clean up Life style awareness (Kalluvayal) - 25-6-13
3. Blood Camp - Chinnampal - 21-6-13

INTEGRATED DEVELOPMENT THROUGH EMPOWERMENT AND ACTION (IDEA)

Coordinator - Nithin P.Abraham





- Continued Integration and Facilitation among all the development actors.
- Need Based perspective planning exercise
- Result based operation of Core Development Cell
- Building new partnerships, network and platform for collective appraisals, analysis and action planning
- Knowledge production and dissemination
- Activity description/ Methodology

1. Community Teachers Trg Program
2. Health Detection Camp - Chennamala - 21-8-11
3. Inauguration of Central Body Meeting on 22-9-2012 by Mrs Pooja Kumbharan
4. Awareness class on Parental Care 7-9-2012



MAJOR ACTIVITIES OF IDEA PROJECT

Sl. No	Activities	No. of Participants
1.	Training for 120 youth leaders in Good governance and PRI systems (for 40 persons each in a year)	39
2.	Training for 120 women leaders in Good governance and PRI systems (for 40 persons each in a year)	49
3.	Interface with the service providers for all the ten federations of the three regions	74
4.	Parental Motivation workshop on the importance of education in the parishes/ villages.	472
5.	Career guidance classes for 50 selected students one each in a region (50 students per year)	143
6.	Awareness on life style diseases and health care in 10 villages	337
7.	Awareness generation on drug abuse prevention and Formation of anti-drug vigilance cells in Schools	235
8.	Quarterly Review by CDC	16
9.	Half yearly review at village level	22
10.	Project Launching Programme	319



- Pledge by the newly elected General Body Members (2012-2014) on 22-05-12 in the G. B. Meeting
- Placement Students from Agriculture University, Marathwada with V.V. Padman (Finance Officer SAPP) Oct.2011
- Health Status improvement programme



INTEGRATED DEVELOPMENT PROGRAM FOR THE TRADITIONAL FISHER COMMUNITY

Coordinator - Mrs. Priya Shilini



- 1. Coaching class students with teacher
- 2. Tutoring class at Erigad
- 3. Drug abuse awareness class for fishermen group Erigad by Fr. Paddy Kannekudath 26-7-11

With the financial assistance of Manos Unidas we could mitigate some of the acute problems faced by the Fisher Community belonging to the selected nine coastal villages. Through the implementation of sanctioned project activities of two years we were able to tackle four broad issue based sectors in a mutually complementary and contributory manner, namely, Fishermen liberation and organized development, women's empowerment, health & environment and children centered program. During this second year the components were Animator's training, construction of rain water harvesting system, village level medical camps, weekend coaching classes on remedial education and to monitor the functions of fifty fishermen groups as well as 135 groups of women self help groups and also forty five children clubs. The direct beneficiaries of this program are 6435 and the indirect beneficiaries are 28500 and both put together constitute 15 per cent of the total population of the selected coastal area.

The Specific location of the project refers to a coastal strip lying contiguous for 24 km in length and up to 3 km in width under clustered occupancy, predominated by traditional fisher community. Along the 690 km long coastal line bordering the state of Kerala, the target area comes almost in the middle comprising of nine villages – Kalpamangalam, Kadappuram, Sreenarayanapuram, Eriyada, Edavilangu, Mathilakam, Perinjalam, Methala, and Valapad. The area belongs to Thrissur District for civil administration purposes and in terms of ecclesiastical jurisdiction it comes under Irinjalakuda Diocese. The vast majority of the population of the coastal area depends on fisheries for their livelihood. The coastal area is beset with serious environmental hazards that make life difficult and risky for the inhabitants.

Fishermen Liberation and Organized Development

During the first year with the implementation of fourteen village orientation seminars, as part of organizing fishermen population we could y fishermen groups in nine selected villages in our area. All these empowered groups manage finance system at the ownership and command of fishermen. In the reporting Animators visited the groups regularly to monitor their activities as well as to guide equip them for their systematic development.



Women's Empowerment

In order to broaden the knowledge base and to upgrade their skills we conducted two day animators training to impart knowledge to the women SHG members. With the replenished knowledge they could systematically and periodically monitor the process of empowerment of women SHGs. Animators could also provide consultancy services to start feasible and viable IGPs in their vicinity to earn steady income to meet their own needs as well as to contribute towards the ever increasing family expenses.

Housing & Basic Infrastructure

The ground water available in the coastal area is saline and cannot be used for drinking purposes. The local people are facing much scarcity for drinking water and in order to lessen their difficulties we constructed thirteen Ferro cement rain water harvesting systems.



SOCIAL ACTION FORUM
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Health & Environment

The coastal community is suffering from acute health problems because of the water logged and insect infested environment. Owing to multiplicity of ailments the working men could not go for work regularly. We could conduct nine medical camps to diagnose their health conditions and to prescribe medicines in each of these selected nine villages. In some of the acute cases we could also provide hospitalized treatment for their illness.

Children Centered programs

The children of the fisher community face extreme backwardness in education and career opportunities. In order to help these children we organized various children centered programs for their overall development. These programs also include monitoring of forty-five children clubs, monitoring of nine village libraries and regular conduct of week end coaching classes on remedial education. With our intervention children could improve their learning capacities in educational process as well as progressed in talent and career development.

Sl. No	Second year Project components implemented	No. of Units
1.	Monitoring of fishermen groups	50
2.	Monitoring of women self help groups	135
3.	Animators' training	1
4.	Construction of rain water harvesting system	13
5.	Village level medical camps	9
6.	Monitoring of village libraries	9
7.	Monitoring of children clubs	45
8.	Weekend coaching classes on remedial education	9

Outcome of second year activities

- Development groups of men and women kept dynamically empowered with social stake
- Micro finance system created and progressively managed at the ownership and command of the community to start income generation programs in order to achieve self reliance
- Constructed thirteen Ferro-cement water harvesting systems to solve the drinking water scarcity of the deserving families
- Nine Village level medical camps conducted for the target group/community to have thorough medical check-up and to know various health aspects as well as easily available health services. Medical camps helped them to increase the number of working days and to decrease medical expenses
- In each one of the nine selected villages around 30 below average students benefited from the routine remedial coaching classes in two batches totalling 265
- Village libraries function smoothly in nine villages for the promotion of reading habit, improvement of knowledge and creativity. Altogether 643 children enrolled for the library membership



- 1. Members of Balaram Periyar 7-8-2011
- 2. Members of Fisher Men Group Valappad
- 3. Evaluation of SAFI team before Disaster Management Support at Engad - 1-4-2011

SPED-III
Sustainability through Participatory Empowerment and Decentralization
Head of the Department - Paul Joseph



SPED – III is a 5 year project funded by CIDA (Canadian International Development Agency) with technical support from Save A Family Plan, India and implemented by two partners namely Social Action Forum, Irinjalakuda and Village Action Teams at different villages in 3 Panchayaths i.e. Annamanada, Parakadavu and Kuzhoor. In India, this project is run in 10 states. There are 29 non-governmental partner organizations (NGOs) which execute the same project and SAFI is one among them.

Methodology of implementation is 'to identify issues/problems faced by a community or a village by interacting with the people and also find the probable solutions to sort it out.' There is a popular belief that India's economy is healthy, but Human Development Index ranking is 128th out of 177 and over 40% of the population is still living below the poverty line. Though the development mode of our state Kerala is echoed everywhere, the real picture is different. Many are fallen into grave financial debt due to exorbitant expenses on health issues we have to focus on many social sectors like Education, Health, Gender, Environment and Governance. If all these sectors grow in a sustainable manner then only an all round progress can be achieved. Though we take all the sectors together our thrust is on Health.

During the reporting year, SAFI with the support of village action teams have conducted several community programmes like, seminars

on participatory rural appraisal, cancer prevention, gender development, fruit processing, seminars on local resource mobilization and training on making bio-pesticide units. The role of village action team is to identify beneficiaries, conduct programmes, monitoring and evaluation of entire activities. There is SAFI directorate and a 6 member project team who guide village members. Under this project financial support is provided to the following:

1. Meeting with SHK's members
2. Participatory Rural Appraisal (PRA)



DISBURSEMENT OF FINANCIAL ASSISTANCE

Sl. No	Activity	Number of beneficiaries	Total fund granted
1.	Income generating project for cancer affected family	12	36000
2.	Assistance for fruit processing making unit	2	3000
3.	Assistance for organic agriculture Practices	24	24000
4.	Assistance for vegetable cultivation revolving grant	8	24000
5.	Assistance for making bio-pesticides unit	14	35000
6.	Assistance for seeds procurement	5000 Nos	6208
7.	Seminar on cancer prevention		11000
8.	Local resource mobilization		5777
9.	Gender seminars		7270
10.	Establishment expenses & capacity development training		447725
11.	Carried over for 2012-2013		307745
	Total		907725

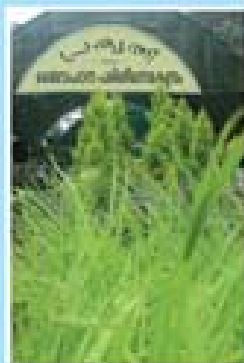


CAPACITY DEVELOPMENT - DETAILS OF MAJOR TRAININGS

Sl. No	Topic	Date	Venue	Participants No.
1.	PRA (participatory rural appraisal) training for village team	03.08.11	Kumbidi	60
2.	Training on fruits processing	03.12.11	Poovathusserry	45
3.	Training on making bio-pesticides	05.03.12	Poovathusserry	15
4.	Class on gender mainstreaming	07.03.12	W. Kumbidy	30
5.	Seminar on preventive aspects of cancer diseases	11.03.12	Poovathusserry	45
6.	Do	17.03.12	Parakadavu	82
7.	Seminar on local resource mobilization	20.03.12	Kuzhoor	37
8.	Class on gender mainstreaming	23.03.12	Kochukadavu	25
9.	Seminar on preventive aspects of cancer diseases	25.03.12	Eravathoor	29
10.	Seminar on local resource mobilization	21.03.12	Velloorthara	17
11.	Do	23.03.12	Punchathara	20

1. Participatory Rural Appraisal (PRA) under SPEED II

2. Awareness Seminar on the aspects of cancer diseases - 11-9-2012



PRAKRUTHI AGRICULTURE NURSERY KOTTANELLUR
Farm Manager- John Varokty

SAFI foresees that man exploits nature to satisfy his greed that endangers his own existence and surroundings. Prakruthi Agriculture Nursery at Kottanellur was established to protect the nature and to promote organic agriculture without inflicting any harm to the environment. It is an agricultural nursery cum learning centre to impart knowledge for appropriate agricultural interventions, efficient use of land and scientific management of natural as well as human resources to achieve self reliance.

The new generation farmers consider that organic farming is neither profitable nor suitable for the development of agriculture. Prakruthi with its agricultural background and continuous experiments wants to disapprove this wrong notion and to impart new knowledge through conducting seminars, awareness classes and trainings on organic farming to more than 900 farmers during this reporting year. The organically produced vegetables and other eatables give better health to the consumers and also an eco friendly habitation. Prakruthi encouraged these farmers not only to grow ornamental plants but also to grow medicinal plants, vegetables and fruit tree in the family compound as a first step to promote a healthy environment.



*Able Thomas Uniyakadan Irinjalakuda
MLA speaks on World Bamboo Day
at Prakruthi - (2-9-11)*



Prakruthi always functions as an energetic catalyst to disseminate timely information about profitable/innovative organic agricultural methods, new schemes, agriculture subsidies and to supply seeds/ seedlings at concessional rate to the farming community. Knowledge derived from organic agriculture gardens are the uniqueness of Prakruthi agriculture nursery. Students, farmers, members from institutions and people from various walks of life consider Prakruthi as a true friend in need to visit and to learn about agriculture as well as to get seeds/seedlings. Knowing the multifaceted functions the students of schools and colleges belonging to Irinjalakuda educational district are regularly visiting the agriculture nursery cum training centre.

Prakruthi conducted study/training classes for the final year nursing students and teachers on the subject "Agriculture and Health" in accordance with the request from the management of District Cooperative Hospital, Irinjalakuda. The 30 selected farmers under AVARD BHAVAN - Diocesan Organization of Irinjalakuda - attended systematic training and awareness seminars on the methodology of organic agriculture in two batches at Prakruthi nursery/ learning centre. The 40 farmers belonging to the Agricultural Technology Management Agency (ATMA) could avail agriculture training in organic agriculture instead of the unscientific methods followed with excessive use of chemical fertilizers/pesticides.

The dairy farmers were facing much difficult to manage home dairy because of financial losses and were reluctant to continue in this sector. At this critical juncture Prakruthi started a model dairy farm to prove and encourage the farmers. At present our dairy farm is supplying around 225 litres of milk each day to overcome the scarcity of milk in the vicinity as well as to increase the confidence among prospective dairy farmers. The



experience gained and the income generated from dairy farming shows that home dairy farming is a good income generation program for a family to earn steady income. With a healthy home surrounding and the fodder from own compound a family could start dairy farming without much difficulty to support the financial needs to maintain a family. We are proud to mention that all our day functions lead to strengthen the community and as recognition the Kerala Government Animal Husbandry Department approved us as a "Mixed Farm School".

Hard work is the only means for the progress of mankind. Hard worker is an asset to family, community and nation. Each time the food we consume is the result of the hard work of a farmer. The hard working farmers suppose to stand at the highest social ladder but unfortunately we treat the farmer as a second grade citizen because of the negligent attitude towards the farming community.

Prakruthi is always at your service to know the real farmer, to pursue good organic farming methods and to lead them to attain economic stability for the integral development of the community without damaging the nature.



Prakruthi Kottancher

DETAILS OF TRAINING PROGRAMMES /
AWARENESS CLASSES CONDUCTED DURING THE PERIOD

Sl. No	Training / Awareness class	Number of Participants
1.	Good Agriculture practises	160
2.	Kitchen Garden	140
3.	Organic farming	310
4.	Organic pesticide manufacture	225
5.	Mixed farming	272
6.	Dairy farming	315
7.	Rabbit rearing	322
8.	Importance of Ayurveda	412



SELF HELP GROUPS
SOCIAL ACTION UNITS
BALASREE CHILDREN CLUBS
FARM CLUBS

Head of the Department - T. L. Jose



The department of Human and Institutional Development (HID) has an important role in the sustainable development of people under the Diocese of Irinjalakuda. The objectives of the department are:- i) To enhance human capacity for attitude, integrity, competence and orientation to its full potential. ii) To develop, strengthen and augment aspirations of empowerment and self reliance in women in order to attain gender equity. iii) To develop strong relationship within families for social enrichment. The department coordinates four activities, namely, Self Help Groups, Social Action Units, Children's Clubs and Farm Clubs. The major initiatives of this department are as follows:

1) Self Help Groups

The major goal of Self Help Groups (SHGs) is empowering the community there by contributing their might to develop the society by all means. The gender mainstreaming being one of the missions of SAFI, it stands to have a gender harmonious society. In the present scenario, the relevant role of SHGs in social development activities is inevitable. It is a people's movements against poverty, domestic violence, illiteracy and other social evils.

Currently, there are 460 SHGs actively functioning under SAFI. Usually the strength of every SHG is 15 to 20 women members residing in the same locality, in other words it is a 'neighborhood fraternity'. Each SHG has a leader, president, secretary and joint secretary elected democratically.

SHG members will have their regular weekly meetings in one of the member's house in rotation. This is a platform to discuss various points concerning socially relevant issues, environment science, good governance, gender mainstreaming, planning, entrepreneurship development, motivational skills and training on accounting and book keeping. SAFI with its workforce provides required training and conduct motivational workshops to members of SHGs. The members engage in various Income Generation Programme (IGPs) collectively as well as on individual basis. Year wise auditing of SHGs is carried out and audited statement of accounts is submitted to SAFI.

Major activities of the reporting year

- SAFI observed World Women's Day at its auditorium at 1030 hrs on 08th March 2012. The meeting was presided over by Mrs. Alice Thomas -Block President Vellangallur. Mrs. Sonia Giri - the Municipal Chairperson of Irinjalakuda inaugurated the function. Mrs. Sudha George Valavi - Principal, Sahridhaya Engineering College, Kodakara - being the recipient of Honorary Chieftaincy award titled as "President of Women Teachers" by Nigerian Government was honoured in the function. Mrs. Jaya Surendran - a community organizer of SAFI recited the poem "Penkunju". Mrs. Laisa Paul - Coordinator, Child Line, Thrissur - led the class on "Empowerment of Rural Women". Mrs. Seena Paulose - The Diocesan Gramasree leader -



Services from Gramasreeadhan 2012

(World Women's day, March-08)

- Honoring Mrs. Sudha George Valavi being the recipient of Honorary Chieftaincy award by Nigerian Govt.
- Pledge
- Awareness class by Mrs. Laisa Paul on the subject Empowerment of Rural Women
- Participants



SOCIAL ACTION FORUM
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administered the declaration of Women's Rights to 209 SHG leaders. It is rousing to quote here that a noble lady came forward to support a poor and deserving woman of Karalam Panchayath who was very badly in need of support to construct a small house of her own. In fact this poor woman was not having landed property to construct a house. She is living in a rented house. Her only son is mentally retarded and she had to look after him. Her husband never supported her family. Her elder daughter is seventeen years old and had no security of life. She worked hard to bring up the children. The Panchayath authorities were not ready to support this poor woman if she had not constructed foundation for the house. Under the circumstances, a support of Rs 10,000/- given by Mrs. Geeja to the above mentioned woman - Mrs. Usha and her family is considered to be the most charitable deed done for the needy. Our special thanks to Mrs. Geeja for her kindness.

- In order to promote the income generation programme of SAFI, 50 sewing machines have been distributed to 50 trained and economically weaker members of SHGs.
- An empowerment program JWALA-2011, was organized by the department of HID on 25th November 2011 for SHG members to motivate and empower them to fight against domestic violence. In the session, most of the delegates pointed out that the alcoholism was a major reason for the issue. 225 women leaders attended the awareness class. Mrs. Laisa Paul, District Coordinator for Child Line, Thrissur, led the class.
- SAFI organized a Blood Donation Camp in association with Sannadha Rektha Dhana Samithi Thrissur, AMALA College of Medical Science and District Medical Hospital, Thrissur, at SAFI Auditorium on 1st October 2011. The camp was inaugurated by Mar Dr. Pauly Kannookadan, Bishop of Irinjalakuda. A total of 131 persons from various local parishes, SHGs, General Body & staff members of SAFI donated blood and certificates were issued.
- **Observed Water Day:** SAFI observed water day on 22nd March 2012 by participating in cleaning a pond known as "Vellanchira pond" at Kuzhikkattussery.
- **Symposium on 12th Five year plan:** To comment and contribute for the approach paper of 12th Five year plan, we have conducted a one day Symposium named 12th Five Year Plan Symposium on 28-1-2012 at 10 am to 3.30 p.m. at SAFI Auditorium.

The Symposium was inaugurated by Mar Pauly Kannookadan, Bishop of Irinjalakuda under the president ship of Adv. Thomas Unniyadan, Irinjalakuda MLA.

Sector wise presentations as follows & discussions by the participants were done.

Dr K P Mani (Head, Dept. of Economics, Dr. John Mathai Centre, Aranattukara) presented paper on Agriculture, Employment, Environment & Forests, Industry, Mineral, power & energy and Water resources under the moderation of Prof. P L Antony Master (St. Thomas College Thrissur).

Dr.Chandra Babu (Joint Program Co-ordinator, Mahatma Gandhi National Rural Employment Guarantee Scheme (MGNREGS) presented paper on Urban Affairs, Infrastructure, Rural Development, Science & technology under the moderation of Sri V K Sreedharan (Extension Faculty KILA).

Dr Peter M Raj (Associate Professor KILA) presented paper on Health, Social Justice, Communication & Information Technology, Women



1. Inauguration of Blood Donation Campaign on 1-10-2011 by Mar. Pauly Kannookadan
2. Cleaning of Vellanchira Pond - Water Day - 22-3-2012
3. Grassroots meeting with family members under ICF programme



1. Inauguration of Symposium on 12th Five year plan by Mrs. Pandy Kannadadan
2. Skill Development & EDF
3. Inauguration of Jeeva 2011 by Mr. B. D. Divyasingh Chelakudy MLA on 25-11-11
4. Awareness class by Mrs. Lina Paul, District coordinator for Child Line, Thiruvananthapuram on 14-11-11
5. Awareness class by Mr. Shrey K.T. Jeeva 2011 on 28-11-11 at Arunamada

Empowerment and NGO under the moderation of Sri Jose Chittilappilly (Chairman, Jyothis Educational Group).

The participants were the teachers & students of neighboring institutions such as St. Josephs College Irinjalakuda, Sacred Heart College Chalakudy, Carmel College Mala, Jyothis College Irinjalakuda, and councillors of the Municipality of Irinjalakuda. Total number of participants was 154. we sent our suggestions and recommendations to the Chairman, Planning commission, New Delhi, Secretary, State Planning board Thiruvananthapuram, Minister, Rural Development, Thiruvananthapuram

Income Generation Programme (IGPs):

The program IGPs under SHGs are progressing well. A sum of rupees 12 lakh was provided as loan to SHGs to achieve the goal. The major initiatives of IGPs are :

- ✓ Sunday Farming: rabbit farms, poultry farms and goat farms.
- ✓ Organic Fertilizers Units
- ✓ Bakery and Chips making Units
- ✓ Soap and Candle making Units
- ✓ Garments and tailoring Units
- ✓ Curry Powder Units
- ✓ Ornaments making Units

The other programmes are as follows:

- Motivate the members for Social Work
- Arrangement of loan facilities from one lakh to five lakh rupees for SHGs functioning well from District Cooperative Bank and HDFC Bank.
- Provide EDP training.
- Motivate the SHG members to choose beneficial IGPs.



2) Social Action Units

Most of the activities of SAFI are coordinated through Social Action Units and are receiving support mutually. There are 130 Social Action Units functioning effectively at parish level to co-ordinate various social activities of SAFI under the jurisdiction of parishes with support from Unit Directors and Co-ordinators. This network with local units helps SAFI to reach out the welfare services to deserving people in time.

3) Balasree Children Clubs

The children's clubs are formulated under SAFI with an aim to promote leadership qualities and to create awareness about the value of social work among children. The clubs provide opportunities in developing, creative and academic growth simultaneously.

4) Farm Clubs

There are 15 farm clubs performing effectively. Out of it 8 got accreditation of NABARD. NABARD provides a grant of Rs 15000/- grants to each farm club. SAFI provides opportunity and infrastructure to develop and promote bio agriculture. 8 SHGs have been registered with NABARD and are receiving funds and support for various developmental programme like exposure visits, model farming, awareness classes, symposiums, workshops and promotion of organic farms and fertilizers units.





CHILDREN WITH DISABILITIES

Social Action Forum Irinjalakuda is a welfare organ of Irinjalakuda Diocese and Non Governmental Organization registered under Travancore - Cochin, Literary, Scientific and Charitable Societies Act of 1955 with Registration No.166 of 1983. The department of rehabilitation came into existence in 1994. Taking into consideration the results of the survey, SAFI initiated immediate steps to rehabilitate persons with disabilities specially the children and youngsters below the age group of 25 years. SAFI has launched a twin programme to rehabilitate children with disabilities to the main stream of our society – Community Based Rehabilitation in 1995 and Institution Based Rehabilitation in 1998.

Community Based Rehabilitation (CBR) – We have 660 children/youngsters with disabilities under the CBR programme. These children are assisted by SAFI with the limited resources received from the Liliane Foundation through the half yearly project. Efforts are being made to extend all possible assistance to all the children with disabilities. We assist them for Surgical correction, treatment, medicine, Special Schooling, Schooling, Higher Education, Vocational Training, Job Orientation, IGP, Artificial Limbs, Training Cum Awareness Class to parents on health care and preventive measures. Liliane Fonds – a Netherlands based funding agency provides assistance through the nominated Mediator from SAFI. During the year a total of Rs 304164/- has been paid to 99 children with different disabilities. The delay in providing the assistance to the remaining children was mainly due to the New Policy and subsequent change over from old to new software of Pluriform. Our sincere thanks to Liliane Fonds for their immense support to children with disabilities.

Today, the cost of medicine, hospital charges and surgeries is exorbitant and beyond the reach of poor families. Parents have to struggle hard to meet such expenses. Even, there are cases where parents had to sell out their own houses and landed property for the sake of considering important, immediate and serious surgeries to save the life of their kids. With the support from an Italian Funding Agency known as UMMI-Fib, SAFI provided support to over 114 children below the age group of 16, who have economically backward and who are suffering from serious and acute cases of heart surgeries, Kidney related problems, Kidney transplantation, Leukemia, severe deformities or cases of such nature since last one decade. This year SAFI assisted 8 new and 12 old beneficiaries with Rs 545215/-. We thank UMMI-Fib for the immense help provided to these poor and needy children of our society.

Registration with National Trust - Social Action Forum Irinjalakuda has been registered with National Trust till 13-02-2017 vide registration certificate No. 130217231931022/MR/CP/AUTISM/MD. SAFI is now on the lookout for new projects and schemes to promote the rehabilitation work with the support and guidance from National Trust.

Coordinator - E. J. Jose



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- Inauguration of 15th Anniversary of Komandur Ashanlayam, Kripa Bhawan & Prakashan on 21-05-2012 by Mr. Paddy Kammakudi
- Inauguration of Healing Touch by Ash. Thomas Jeyaganan
- Cabbage Harvest at Ashanlayam Kottanallur - 9-1-12

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1. Awareness class on Disabled day 5-12-11
2. Surgical correction and food distribution QIMMD 22-3-2012 at SAFI by Mr Pauly Kannukadan
3. Annual day celebrations of Ashanilayam, Kripabhavan and Prabhu Kottanellur 22-09-2012

Institution Based Rehabilitation (IBR) – There are two Institutions established to promote institutional based rehabilitation work of SAFI. A Day Care School known as Ashanilayam is functioning at Kottanellur since July 1998. Subsequent upon the necessity of a Residential Centre at the same locality, SAFI established a *home away from home* known as Kripabhavan and started functioning in September 2002. These institutions are functioning well within the limited resources under IBR programme of SAFI. A total of 75 children with mental retardation are being assisted under IBR program.

Ashanilayam - Special School for Mentally Challenged – The special school provides self help skills, activities of daily living, horticulture therapy and vocational training in addition to elementary education. The school has been registered with the State Government of Kerala. 75 children with mental disabilities are being taken care by 13 qualified and experienced teachers of the school.

There exists a Physiotherapy Unit at the school. The equipment provided to the children with disabilities were too old and obsolete. With the support from Stichting Liliane Foundation Netherlands, the equipments have been replaced with latest and modern versions. The special children of Ashanilayam and Kripabhavan and persons with disabilities residing in the local vicinity will be benefitted with the new physiotherapy unit on need basis. The school also provides regular Speech therapy, Vocational Training, Training on tailoring, Arts, Crafts, etc.

Horticulture therapy is unique to Ashanilayam special school and the school compound itself is flourished with green plants and herbal bushes of bio-agriculture nursery. This therapy helps children to live in an environment of nature and enjoy pure and fresh air. As a result, the MR children develop not only their mental ability but also their integral development of memory power, digestion, joints flexibility, improved speech, energetic movements etc. The special school participated in district level sports activities.

The students enjoyed the excursion to Dream World, Sneha Theeram and The Zoological Park. The school celebrated its 15th Anniversary on 21st March 2012 at the school premises. While Fr Antony Muckattukarakaran welcomed all the invitees, chief guests and audience, Msgr. Jose Irinpan presided and Mar. Pauly Kannookadan, Bishop – Diocese of Irinjalakuda, inaugurated the function.

The school has regular PTA meetings, periodic medical clinics, awareness classes to parents, and family members etc. All the students took active participation in school tour. The school celebrated its annual day on 15th March 2011 ensuring full participation of all inmates of the school and their parents.

Kripabhavan - Residential Centre for Mentally Challenged - This institution takes care of 15 MR children to provide "In House" training and it is a - home away from home - for these children. All the children are provided with an atmosphere similar to their own home for their integral development not only for their nutritious food but also in providing all skills and activities for daily living including behaviour modification, communication skills and training required by which these children are capable to live in a dignified way at their own home and in our society. This institution has been registered with the State Government of Kerala (Board of Control for Orphanages and other Charitable Homes Kerala) vide certificate No. 1854/2011 valid for four years with effect from 01-07-2011. Kripabhavan is being supported with financial assistance for maintaining its inmates by CNEWA - a papal agency for humanitarian and pastoral support. During this financial year they have sanctioned a subsidy of Rs 83894 in addition to gifts for individual children. We extend our heartiest thanks to CNEWA for the immense support and guidance.



The objectives of the department of education in SAFI are: i) to support academically brilliant students from lower socio-economic background attain higher professional education and ii) to create a conducive environment wherein children attain physical, mental and psychological growth and maturity for holistic development. To bring about a difference in child education, SAFI has implemented a plethora of education assistance programmes targeting children hailing from poor families.

SAFI has also introduced education programme for children of economically backward families residing in and around canal based area of Edakulam adjacent to Irinjalakuda Municipality by establishing Asha Bhavan Nursery School. We thank Sr. Beatrice for her dedicated service to the cause of poor children.

Professional Education - During the year 1997, SAFI made advancement from elementary education to providing support in professional education by introducing "Professional Education Scholarship Scheme". Under this scheme, SAFI could succeed in extending relief to over 600 brilliant students from poor families.

During the academic year 2011-12, SAFI could not extend support to new students for Professional Education due to non availability of fund. However, we continued to support to all students who had been selected in the previous years of their respective courses. The total amount paid to these students during the year is Rs 1,01,000/-. The breakdown of the amount is as follows:-

Bsc. Nursing	-	6000.00
Engineering	-	30000.00
General Nursing	-	58000.00
MBS	-	7000.00

Community Aid Child Education Sponsorship Program - Child development, as a specialized field of study in higher education is relatively new. The community has been extending its care and concern for children. The earlier trend of thought, that the child was a miniature adult, underwent considerable modification with the discovery that a child has certain basic psychological needs and desires, the fulfillment of which leads to his development. The field of education has benefited greatly from the ever increasing knowledge of the characteristics of the growing child. An individual child brings all his special attributes, talents, attitudes, values, skills, competencies and deficiencies with him into the class room, a definite shift towards individuality is taking place in the curriculum.

Keeping our primary vision to support academically brilliant students from lower socioeconomic background attain higher professional education and to create conducive environment wherein children can have physical, mental and psychological growth and maturity for holistic development SAFI in partnership with Rajagiri Out Reach and 31 local parishes, introduced child education sponsorship program to 620 children (i.e. 20 children each

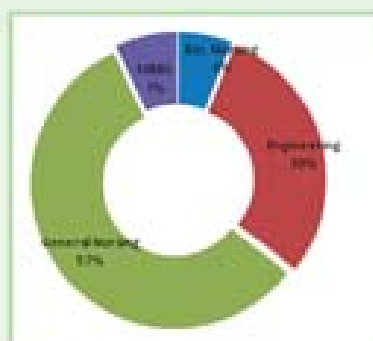
EDUCATION

Coordinator - Mrs. Baby Joy



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from 31 centers) covering the above aspects. The program is blended with almost all the components for making a child academically par excellent, physically developed and emotionally mature. It aims at establishing at each local unit facilities like; children's library, sports clubs, career guidance and counselling, tuition program, Sowhrudam camps, supplementary nutrition program, medical insurance program, literary clubs, etc. While this is a program of 8 long years, it has successfully completed 7 years. During this year a total of 155 students appeared for S S L C examination. The expenses involved to implement the program per year is Rs 9,30,000/-. This sponsorship program will be successfully completed by the next academic year.

Free Entrance Coaching - It is with a sincere desire to create professionals that SAFI is providing free entrance coaching to 25 brilliant children from economically poor families every year at the institutes of Professor P C Thomas. Social Action Forum Irinjalakuda is extremely thankful to Professor P C Thomas for his social concern in obliging opportunities to deserving brilliant students to professionalism.

- 1. Kyla camp students
- 2. Students at Aphultham Nursery School, Ezhiladun
- 3. Meeting of students selected under free entrance coaching





The new Economic Policy of Government of India has made tremendous changes in the economic sector. This has resulted in opening of several

banking and other financial institutions across our country with enormous job opportunities. Government service has become quite lucrative now days.

SAFI stands as a developmental organization and thinks right to provide training for youth and adults for capitalizing this great opportunity. For many, especially for lower strata of the community, a good job ensures economic stability that helps them to go along with the mainstream of the society.

SAFI launched coaching programme to job aspirants in the last year. So far we have completed training to 2 batches. It is a pleasure to note that 8 applicants have been qualified for IBPS scoring card. Score card is a pre-requisite for submitting application to job opportunities in banks.



Coordinator - Mrs. Jancy Anto

- 1. Wings Inauguration by
Mr Pady Kannuchadan on 5-10-11
- 2. Regional Career Guidance Seminar

wings
Key to Inspire New Generation

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"MAZHAVILLU", is an Integrated Development Programme for high school and higher secondary school students which will assist him/her to be a significant contributor of social values in the world. The quality of any personality is based on individual's behavior. One of the aims of "MAZHAVILLU" is to develop personality in students.

A child spends more time at school than anywhere else except home. Schools and teachers can have major roles to identify the problems in students. Some students are ridiculed at the school, neglected at home, being sexually abused, addicted to drugs, cyber crimes and the list goes on.... This programme aims to provide proper guidance and support to the young generation in order to triumph over these problems.

For the implementation of this programme, initially, SAFI will provide awareness classes and TOT trainings to teachers and students' representatives. With their help the identified students will be provided proper guidance and support. The eminent professionals of social work departments, experienced doctors and psychologists, Educational Experts, Environmentalists and Counselors are the members of "MAZHAVILLU" Advisory Body.

In the first phase SAFI could successfully implement "MAZHAVILLU" for eight reputed high schools and higher secondary schools during last academic year rendering free services at Govt. Model HSS Irinjalakuda, SN HSS Irinjalakuda, LBSMHSS Avittathur, VHSS Karalam, National HSS

MAZHAVILLU
A Student Development Programme...

Coordinator - Mrs. Sreeja Jayan

MAZHAVILLU
A STUDENT DEVELOPMENT PROGRAM
FOR HIGH SCHOOL AND HIGHER SECONDARY SCHOOLS



SOCIAL ACTION FORUM
IRINJALAKUDA





HIV/AIDS Awareness Program
(Machanadu) - 14-12-11



1. First Prize goes to Govt. Model boys High school, Irinjalakuda for Machanadu Quiz - 25-11-11
2. Awareness class at SN School Irinjalakuda - 22-01-11

Irinjalakuda, BVMHSS Kalaparambu, St Xavier's HS Karanchira. Siju Mathew, Priya Shinil, Sreeja Jayan and Santy Biju were counselors of these eight schools.

We were conducting the following programme under "Machavillu" for the betterment of the students:

- Individual as well as group Counseling and Supportive Guidance for the students.
- Awareness and motivation classes for teachers, students and parents.
- Survey on adolescent problems.
- Awareness programme on civil service exams for the students of Std. VIII & IX.
- Awareness programme on career guidance class in nine schools



SL No	PROGRAMMS	No. of Participants list
1	Teachers' awareness class	37 teachers
2	Conducted orientation class for PTA	430 parents
3	Personality Development	500 students
4	Adolescent's changes challenges & problems (awareness program)	1200 students
5	Behavior problems & Drug Abuse	120 students
6	Counselling Practice & Positive Thinking	500 students
7	Quiz competition	32 participants, 15 parents & teachers
8	Exam orientation class	7 schools HS& HSS students
9	Awareness class on HIV/AIDS	120 students
10	Career Guidance	1500 students
11	SPSS Survey	Samples - 800 students
12	Workshop on physical growth & counselling practice	138 LP students
13	Civil Service Orientation	67 students & 60 parents
14	Child Sexual Abuse (awareness class)	430 students





Addiction to Alcohol and Drugs is one of the dreadful epidemics of our Country, especially of our Kerala State. We know that it affects not only the individuals, but also their families and the society as a whole. Since this addiction affects the mind, body and soul of the addict; it leads him to abnormal thinking and behavior. Hence it ultimately leads to the drainage of the intellect, health and wealth of the society.

In Kerala, the use of alcohol and smoking has become inevitable in all our functions and social gatherings. The "God's Own Land" is going to be a "Land of alcoholics" soon. This also leads to increase in the rate of broken families, suicide, homicide, abortion, accidents, criminal activities etc. Navachaithanya and Sanjo Sadan are started with a mission to save these unfortunate victims of addiction and their families from their miserable life. Navachaithanya, since its inception in 1991 to 2012 has conducted 257 De-addiction camps in which about 11,874 substance abusers have participated. In the last financial year, we conducted:-

- 1) De-addiction camps – 10 (611 addicts)
- 2) Counselling sessions provided:
 - a) Individual sessions – 798
 - b) Family sessions – 330
 - c) Group sessions – 58
- 3) Follow up programmes – 15(1094 attended)
- 4) Awareness programmes – 32
(both in Thrissur and Ernakulam Districts)
- 5) House visit of ex-campers – 498
- 6) AI-anon programmes – 5

Since prevention is better than cure, we have started giving awareness classes and counseling sessions to school and college students in our District. On June 26th, 'the International Day against Drug Abuse & Illicit Trafficking', we conducted many programmes for school and college students and also for their Parent Teacher Associations. In the following schools and parish, our awareness programmes were conducted in this financial year:

1. St. Joseph's Higher Secondary School, Avanissery.
2. Sree Krishna High School, Mattathur.
3. National Higher Secondary School, Irinjalakuda.
4. Catechism Students and Teachers of Little Flower Church, Potta.

In addition to these, we have also organized a flower carpet competition (Pookalamalsaram) on 19th Sept. and various competitions like solo songs, essay writing, recitation, skit play and quiz were conducted on May 28th for the A.A. group members and their families. The winners were awarded prizes on Navachaithanya Day celebrated on 19th April.

Director: Benny Karumalilal



1. Anti drug concentration prog. in schools
2. AI Anon inauguration by Fr. Benny Karumalilal
3. C.M. Francis collector inauguration 21st Anniversary - 2012 March 17
4. Sobriety Celebration





A) group competition



Director: Rev. Fr. Pauly Kannuakkadan



Inauguration of the new building by Mr. Pauly Kannuakkadan



Addiction to Psychoactive substances is the most dreadful epidemic of the 21st century affecting mostly the younger generation who are craving for the pleasure of life. This is not only destroys our rich cultural heritage, but also the sanctity and stability of our family relations, since this addiction affect the normal thinking and behavior pattern of an individual. To fight against this social epidemic, Navachaithanya has started its first counseling cum awareness centre at Aloor in March 1991. For being in this field for a few years, we understood that the treatment and the rehabilitation are the two inevitable stages of De-addiction. Thus we have started a De-addiction cum rehabilitation centre of 15 bedded hospital at Anandapuram in September 1994. During the last 16 years of its service, 5403 addicts and their families were given treatment and counseling services. Most of the patients are motivated to this centre by our Ex-addicts and also from the Navachaithanya De-addiction Camps conducted every month by our Drug Awareness Counseling Centre at Aloor. Thus we demand for treatment and counseling services for alcoholics and drug addicts are increasing day by day. Due to lack of facilities we are forced to convert our 15 bedded hospitals to 30 bedded hospitals from September 2000 onwards by taking an adjacent building for rent and also by appointing more staff required.



TREATMENT PROCEDURE AT SANJO SADAN (April 2011-March 2012)

	No. of patients	No. of Counseling	Sobriety	A.A Meeting	Al Anon Meeting	Camp Attended
April	11	143	9	75	36	2
May	28	364	26	38	19	2
June	22	286	20	65	34	2
July	22	286	21	61	35	6
August	20	260	16	87	62	5
September	24	312	23	75	41	8
October	22	286	21	86	59	-
November	26	338	25	98	53	-
December	15	195	12	174	79	-
January	20	260	18	65	29	1
February	26	338	24	78	56	1
March	23	299	20	62	48	2
TOTAL	259	3367	223	964	551	29

Following are the activities undergoing at this centre :

De-addiction Treatment : treatment Schedule mainly consist of Medicines, Counseling, Awareness programme, Therapies and Follow Up .

Medicines: For the betterment of patients we provide the physician, Psychiatrist, Psychologist, Gynecologist and Ayurvedic Doctor. We give 90 days medicines which consist mainly of ayurvedic packages ie, Nasyam, Thalam, Pichu and daras. Ayurvedic treatment includes Flare Capsule, Oil Bath, Amalaki kashayam for Kidney and Liver Purification, and Eladi candy for minimizing the smoking tendency. In order to get a better impact for the ayurvedic treatment we have changed our menu into pure vegetarian mostly fibre content food. Allopathic medicines are also given to patients who required it.

Counseling: This centre provides life long Counseling Services. It includes individual counselling, spiritual counselling, Marital Counseling and Family Counseling to the Parents, Family members and their spouses. In the last Financial year 328 Patients were taking treatment. Out of them 3367 were individual sessions and 1056 Group Sessions were held.

Awareness Programme and Therapies : These sessions were Given to Patients who have to stay at this centre from 22- 31 days depending on their recovery period. It includes classes, Group



1. Annual day celebrations
2. Alcohol free life Annual day celebration



Christmas celebrations

interactions, prayer therapy, Music therapy, group therapy, dairy writing and evaluation. Besides these physical and intellectual programmes we do have Yoga, Meditation, exercises, Reading, indoor and Out door games.

Follow Up : Discharged patient are given life long follow up according to each ones requirement. This centre also maintains constant contact with the Ex patients through letters, Tele phone, Home visits and also through Navachalthanya Publications. Occasionally we organize follow up gatherings besides classes and seminars for their spouses and children.

Referral Camps : Most of the Ex patients are referred to one - week De- addiction camps at Navachalthanya counselling centre, Aloor. Where they are given rigorous training on almost all aspects of life in order to replant them to the normal stream of life. So far more than 1823 patients were referred to De Addiction camp. Acquite Psychiatric cases are referred to Sacred Heart Hospital Pullur.

A.A Groups: The De addicted persons are maid members of their local A.A. Groups. They meet together once in a week to share their experiences, achievements and also the problems they are facing daily.

Navachalthanya has already formed about 38 A.A Groups in between Kozhikode and Ernakulam District for the Ex patients.

Rehabilitation : Even after the treatment the patients who are neither accepted by their families nor how the courage to face their previous surroundings are allowed to stay for a while at the centre until they get the confidence to stand on their feet. They are also helped to get a new job. We have so far rehabilitated 218 Ex addicts.

Awareness Programme: Since prevention is better than cure, we also conduct many out reach programmes in and around Thrissur District for students Youths, Couples, Employees, Parents, Teachers and family Units aswellas for the Public Occasionally. Usually Seminars, Audiovisual aided classes, Skit plays, Group discussions, Competitions, are organized according to their aptitude and age.

Every year we conducted classes in Schools, Colleges, and other groups on May 31st Non Tobacco Day and June 2nd is, International Day against Drug Abuse and licit trafficking. Through these Classes our intension is to give awareness about these and its de merits.

Through the monthly publications Navachalthanya Bulletin every day programmes and activities of Navachalthanya is known to it's A.A Group members and well wishers. Also various other informative articles on topics of Alcoholism Drug Addiction, Its prevention and treatment aswellas matters connected with family life are also made available through it. Sanjo Sadan Ayurvedic Integrated Rehabilitation Centre for Addicts, We have provides treatment to 5403 addicts of alcohol and drugs. We are proud to admit that only with the grace of God and by the United and Dedicated team work of our staff resource persons and A.A Groups along with the financial aid from the "Ministry Of Social Justice And Empowerment". We could render our services to as much victims of Alcohol and substance Abuse through out Kerala.





Manager - Antony M.J.

Sanjo Industrial Training & Production Centre Ashtamichira has completed 27 years of valuable services to the general public with great satisfaction and feel of proud and thanks God Almighty and the well wishers of the institution. About 30 dedicated workers supervised by 3 staff members are engaged in the manufacture of traditional and modern wood craft. As usual the main profit of the unit is utilized for the education of the mentally challenged children of Ashanilayam and Kripabhavan at Kottanelloor and also support the charitable works of Social Action Forum Irinjalakuda. The institution is guided by Rev.Fr.Seejo Irimpan Associate Director of Social Action Forum Irinjalakuda.



Documentation Officer - P.P. Peter

The Department of Documentation of Social Action forum Irinjalakuda functions to document and disseminate the findings, challenges and the concerns of the society and to record and preserve all developmental interventions of this developmental organization for the generations to come. Fact based data, information and learnings from various projects are documented scientifically and systematically which help us to easily refer the past history of the organization, trace out the path in the growth of the organization, and make revisits to find out where the organization and its activities had the ups and downs.

It functions as a data bank and resource centre for the supply of data, information, learnings etc. required for formulating new projects and bringing out publications. It also takes a leading role to conduct monthly



SOCIAL ACTION FORUM
IRINJALAKUDA



staff meeting (last Friday at 3 p.m) where each and every activity and planning of SAFI , project/ Department wise are presented by the project/ Department heads with the help of LCD. In the staff meeting, the planning and the actual activities are compared and the variations if any, are located for future corrections. We adopt text book documentation in hard and soft copies, photo documentation in albums, computer hard disk, video and audio documentation in computer CDs, DVDs in chronological /year wise and Department/project/program wise.

It also functions as a safe custodian of all valuable documents of SAFI such as title deeds, Registration Certificates, agreements, Annual Reports, General Body and Executive Committee Meeting Reports etc. Monthly Planning of SAFI is regularly published in the Monthly Diocesan Bulletin. Day to day activities, functions, events, programs ,Trainings, positive and negative learnings if any, of the projects, success stories, case studies are periodically published in the quarterly published magazine named SAFI NEWS (Gramadarshan from 2012 January Edition onwards). We print and distribute yearly date calendar.

The Annual Activity Report is published after the close of each financial year which reflects the activities and interventions of SAFI along with the audited statements of accounts of that year.

Through the SAFI's website www.safijk.org, our daily activities, programs, activities, views and publications are depicted.

On this auspicious occasion, we sincerely thank all media and channels for associating with us and providing sufficient coverage on the multifarious activities as it deserved and for all the print media for the supply of printed news in time.



Members of Governing Body & Advisory Board 2012 - 2014



Mar Pauly Kannookadan
Chairman



Msgr. Jose Irinpan
President



Fr. Antony Mukkathukarakaran
Secretary



Fr. Benny cheenan
Associate Director



Fr. Seejo Irinpan
Associate Director



Sr. Maria FCC
Assistant Secretary



Xavier Pallipadan
Vice President



Fr. Joby Puzholparambil
Forane Vicar, Irinjalakuda



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Rappai Vezhaparambil
North Chalakudy



P.P. Thomas
Pultookaran, Kanakamala



Jose P.V
Parakkal, Kumkad



Varghese Mavey
Kallettumkara



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Adv. ET Thomas
Elamkunnappurba, UK



Mrs. Seena Poulse
Chakkalakkal, Pulparambu



Fr. Sebastian Ambooken CMI
Christ Monastery, UK



Fr. Jose Ambooken
AWARD Bhavan, Chalakudy



Fr. Pauly Kannokadan
Sanjo Sedan, Anandapuram



Fr. Benny Karumalikkal
Navachathanya, Aloor



Dr. V. J. Paul
Vazhappilly Mem. Hospital



Mr. George D. Das,
Palamingal, Kattoor



Pres. P.L. Antony Master
Pulicken House, Irinjalakuda



Mrs. Lata Paul
Pulikottil House, Karanchira



Mr. P.G. Joseph
Paramban, Peruvathussery



Organizational Time line

- 18-10-1978 Msgr. G.T. Thekkelkara was appointed as 1st Director
- 07-07-79 General body of Social Action was constituted
- 02-05-80 Inauguration of Social Forum Kurles
- 16-05-82 Registration in Ministry of Foreign Affairs (Reg. No. 052900055)
- 28-07-82 Demise of Msgr. G.T. Thekkelkara
- 01-08-82 Fr. Paul Elamunnapuzha was appointed as IInd Director
- 18-08-83 Registration of Social Action as Charitable Society (Reg. No. 166/83)
- 23-01-84 Social Action Office at Pastoral Centre
- 19-03-85 Blessing of Sanjo I.T.C
- 10-03-86 Sale Tax exemption C.S.T. 25166554 K.G.S.T. 25161554
- 02-07-86 Inauguration of Asha Bhavan, Edakulam
- 09-07-86 Registration under Factory Act No. IJK. 255
- 14-10-86 S.S.I. Registration No. 0905470/86
- 08-06-87 Social Action Office is shifted to 1st floor of Pastoral Centre
- 05-01-88 Inuguration of Tailoring Centre, at Asha Bhavan
- 18-01-89 Fr. Sebastian Ezhekadan was appointed as IIInd Director
- 18-01-89 Fr. Varghese Vazhappilly was appointed as Associate Director
- 26-07-89 Fr. Anto Thachil was appointed as Associate Director
- 26-07-89 Fr. George Kalan was appointed as Principal Sanjo I.T.C
- 19-03-91 Inauguration of Navachaithanya, Aloor
- 06-02-92 Started Social Action Electronics Training & Production Centre
- 11-07-92 Social Action Electronics Unit handed over to Forum for Social Action (Reg. No. 235/92)
- 10-09-94 Inauguration of Sanjo Sadan, Anandapuram
- 17-06-95 Social Action Office was shifted to Social Forum building
- 17-01-96 Fr. Joy Kadambatt was appointed as IVth Director
- 17-01-96 Fr. Joseph Palathingal was appointed as Associate Director
- 01-08-97 Income Tax exemption U/S 80 No. 17A/Tech/Inst/S9/88-89
- 04-07-98 Inauguration of Ashanilayam, Kottanellur
- 01-08-98 Inauguration of Formal I.T.C. in Sanjo Complex, Ashtamichira
- 23-12-99 Income Tax Permanent Account Number (Pan) No. AABTS 2458 P
- 21-02-01 Inauguration of the new Block of Ashanilayam for Vocational Training
- 28-06-01 Fr. Wilson Erathara was appointed as Vth Director
- 28-06-01 Fr. Benoy Pozhooliparambil was appointed as Associate Director
- 14-03-02 Inauguration Sanjo Computer Academy, Ashtamichira
- 10-09-02 Blessing of Kripabhavan Kottanellur
- 28-01-04 Fr. Saji Ponminissary was appointed as Associate Director
- 17-02-04 Inauguration of Prakruthi-Centre for Research and Training in Organic Farming
- 18-04-05 Silver Jubilee Celebrations
- 20-04-05 Inauguration of Vocational Training Centre, Kottanellur
- 20-04-05 Inauguration of Bio-Tech Lab, Kottanellur
- 07-05-05 Govt. recognized Prakurthi, Kottanellur as District level Nurssery (Under AEZ) Go No. 9801/03 (15B)
- 27-06-05 Registration of Ashanilayam Speical School, Kottanellur by the State
- Govermemnt-EDN/TSR/25/2006 Dt.27-06-2006
- 21-12-05 Prakruthi, Kottanelloor promoted as Govt. Licenced Agricultural Nursery LIC No.27/21-12-05
- 18-01-06 Fr. Jose Palatty was appointed as VIth Director
- 31-01-07 Fr. Seejo Irimpan was appointed as Asso. Director
- 28-01-10 Fr. Antony Mukkattukarakaran was appointed as Asso. Director
- 12-08-10 Fr. Antony Mukkattukarakaran was appointed as VIth Director
- 12-08-10 Fr. Bency Cheenan was appointed as Associate Director
- 08-03-2012 Prakruthi, Kottanelloor, Promoted as Mixed Farm School
- Order No. 03710371/2012 ESTD 2011-2012 DAHO - TCR - 08-03-2012



SAFI Acknowledges partnership with...

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- ★ Andheri-Hilfe Bonn e.V.
- ★ Canadian International Development Agency
- ★ Caritas India
- ★ CNEWA
- ★ Community Aid Sponsorship Program (CASP)
- ★ Dewan Housing Finance Corporation Ltd
- ★ Generaalat Societeit Van J.M.J.
- ★ Housing Development Finance Corporation
- ★ Indo Global Social Service Society
- ★ Italian Bishop's Conference of India
- ★ Kerala State Housing Board
- ★ Kindermissionswerk
- ★ Kolpingsfamilie Unterfohring
- ★ Manos Unidas
- ★ Ministry of Social Justice and Empowerment
- ★ MISEREOR
- ★ Missionary Sisters of St. Peter Claver
- ★ Rajagiri College of Social Sciences Kalamassery, Cochin
- ★ Raskob Foundation
- ★ Save A Family Plan (India)
- ★ SELAVIP
- ★ Social Forum Irinjalakuda
- ★ Stichting Liliane Fonds
- ★ Unione Medico Missionaria Italiana
- ★ Life Insurance Corporation of India
- ★ United India Insurance Company Ltd.



SOCIAL ACTION FORUM IRINJALAKUDA

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