Social Action Forum Irinjalakuda (SAFI) is the official Developmental organization through participatory approach, of the Catholic Diocese of Irinjalakuda, registered in 1983 (Reg. No. 166/83), functions at 130 parishes in an area of 1180 sq. km. to improve the conditions of the less privileged irrespective of any differences in caste or community.

Establishment of a right based and gender harmonious society rich in social capital/resources, warm in human fellowship concerned about ecosystem and Food security.

To motivate and facilitate the marginalized population towards a right based and gender harmonious society through mobilization of people’s power and participation.

- Foster and strengthen Community Based Organizations (CBOs)
- Give initiative to people for their right to live a dignified human life
- People's participation in the development process
- Revival of natural and organic agriculture aiming at food security
- Community based and Institutionalized rehabilitation
- Promote an eco-friendly human existence
- Train people to be self-reliant for a better human living
- Facilitate the integration process of all developmental activities in the Diocese
Social Action Forum Irinjalakuda

(DEVELOPMENTAL ORGANISATION OF IRINJALAKUDA DIOCESE)

SAFI
Brightens your future

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2011-2012
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Argentina

Family Welfare
Housing and Habitat Development
Natural Resource Management
Agricultural Development
Rehabilitation of differently abled and De-addicts
Education
Coastal Development
Drinking water, Sanitation and Hygiene Promotion
Human & Institutional Development (HID)
IDEA (Integrated Development through Empowerment & Action)

Running Projects at a Glance
+ Family Development Program (FDP) SAFP
+ Medi-Claim Insurance
+ Jeevan Madhur Micro Insurance
+ Social Forum Housing Scheme
+ SELAVIP Housing Scheme
+ UMMI (For surgical corrections for Infants)
+ SLF (For Physically and Mentally Challenged)
+ CNEWA (Subsidies for Physically and Mentally Challenged)
+ Professional Education Scholarship Scheme
+ Selection of 25 students for Entrance Coaching
+ SAFI & Rajagiri Jubilee Child Education Sponsorship Program
+ WINGS (Job Oriented Training program)
+ Mazhavillu (Counselling & Awareness classes for High School & Higher Secondary School Students)
+ SPED III
+ Integrated Development Program for the Traditional fisher community (MANOS)
+ Integrated Development through Empowerment & Action (IDEA)
I am delighted to hear that Social Action Forum Irinjalakuda (SAFI) is publishing its annual report 2011-12 with activities and statement of accounts. SAFI has taken strenuous efforts in the upliftment of the downtrodden and economically backward sections of our society within the Diocese of Irinjalakuda. The annual report for the year reflects to what has accomplished so far, sheds light upon its commitment and vision for over all development since its inception.

I gratefully acknowledge all the imaginative initiatives of SAFI and all the sacrifices for the triumph of the Diocesan social apostolate. I take this opportunity to congratulate the Executive Director, the Associate Directors, the staff and all the collaborators of SAFI for the exemplary service rendered for the integral development of our society. May God bless SAFI family, benefactors and beneficiaries abundantly.

Irinjalakuda 04-06-2012

Mar Pauly Kunnookadan
Bishop of Irinjalakuda
I am happy to know that Social Action Forum Irinjalakuda (SAFI) publishing its 29th Annual Report 2011-12 with developmental activities and statement of accounts. Indeed! SAFI has completed yet another successful year to its credibility. It gives me great joy and happiness for its achievements through fulfilling its objectives in order to create a just and gender harmonious society with full participation of the people for the sustainable development.

I appreciate SAFI’s involvement in the integral development of the young generations by arranging and providing awareness classes through “Mazhavillo” and encouraging youngsters to secure jobs by appearing Bank and other Public Service Examinations under the “Wings” programme. Serving the humanity being the Motto, SAFI continues to play vital role in mitigating the sufferings of poor and the marginalized. I congratulate the Director, Associate Directors, staff and all well wishers of SAFI for their valuable contributions and hard work. Let us thank God for the manifold graces poured up on the SAFI family and pray to Almighty for His blessings to work with more enthusiasm and vigour.

May our Lord Jesus Christ bless all of you and always your efforts to achieve the goals.

04-06-2012
Irinjalakuda

Msgr. Dr Jose Irimpan
President - SAFI
FROM THE DIRECTOR’S DESK

The steady emphasis on the vision, mission coupled with proper planning and team work is the measuring tool to evaluate the growth of an organization. I do not assert that I could do much but the SAFI team’s strenuous efforts are trying their level best to do maximum in order to attain the objectives that we are aiming at. I sincerely express my profound gratitude to Almighty God for His abundant Grace bestowed upon us to serve the poor and the needy. I also whole heartedly extend my greetings and thanks to all our partners in progress for their generosity.

Whatever SAFI – Diocesan Organization for Social Concerns – could accomplish are the results of indomitable hard work and marvelous team work. I thankfully keep in mind the excellent guidance and directions of Mar Pauly Kannookadan, Bishop of Irinjalakuda. Msgr. Dr. Jose Irinpan, President of SAFI always keenly gave enough motivation and encouragement. Indeed I bear in mind heartfelt collaboration and lively involvement of my trustworthy colleagues Fr. Bency Cheenan and Fr. Seejo Irinpan to manage and smoothly run all the developmental project activities. It is easy to dream a project and its fruitful outcome but to make the dream into a reality, needs hard work of many dedicated staff, unit coordinators, SHG leaders, well wishers, partners in progress, etc. I extend my congratulations and thanks to each and everyone in the process of development especially Governing Body, the Advisory Board and General Body for their active association and cooperation. I invoke the Almighty God to shower all His choicest blessings upon the SAFI family to serve the poor and the downtrodden people of our Diocese more dynamically in the years to come.

Fr. Antony Mukkattukarakaran
Executive Director
Social Action Forum plays an important role for the integral development of the marginalized and the poor. Thus, having a tie up with Save A Family Plan of India (SAFPI), Social Action Forum does many activities to bring the poor and needy people to the mainstream of our society. And that is the main goal of SAFPI.

With the support of SAFPI we provide support to 270 families which are economically and physically backward. The selection of families is done by strictly following the criteria given by SAFPI. They are in the process of change to achieve the goal which SAFPI has put forward. They are frequently motivated through regional meetings, centre level meetings and especially through monitoring visits by animators. Under FDP the families get Rs. 800/- each as monthly assistance. The financial assistance is utilized to improve the economic condition by starting livelihood initiative Programme, basic infrastructure and special thrust for the Human and Institutional development especially for the professional education of the children of member families.

Strategies adopted for realization

- Guidance and Motivation
- EDP Training
- Family Counselling
- Regional Gatherings
- Empowering Families Through CBDOs
- Monitoring through house visits
### Fund Disbursement

<table>
<thead>
<tr>
<th>Sr No</th>
<th>Particulars</th>
<th>No. Of Families</th>
<th>Total RB fund utilised</th>
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<td>1</td>
<td>Poultry</td>
<td>7</td>
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<td>2</td>
<td>Housing</td>
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<td>3</td>
<td>Buffalo Rearing</td>
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<td>4</td>
<td>House repair</td>
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<td>5</td>
<td>Nut Mug Business</td>
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<td>6</td>
<td>Account Closing</td>
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<tr>
<td>7</td>
<td>Shop Expansion</td>
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<tr>
<td>8</td>
<td>Cow Rearing</td>
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<td>9</td>
<td>Tailoring Machine</td>
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<td>8000</td>
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<tr>
<td>10</td>
<td>Marriage</td>
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</tr>
<tr>
<td>11</td>
<td>Education</td>
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<td>294500</td>
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<tr>
<td>12</td>
<td>Goat Rearing</td>
<td>14</td>
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<td>13</td>
<td>Treatment</td>
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<td>179000</td>
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<td>14</td>
<td>Auto Test</td>
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<td>15</td>
<td>Kitchen Construction</td>
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<td>Electric Connection</td>
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<td>17</td>
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<td>19</td>
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<td>20</td>
<td>Bakery Works</td>
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<td>Loan Repayment</td>
<td>22</td>
<td>247500</td>
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<td>22</td>
<td>Nursing Aid</td>
<td>5</td>
<td>91000</td>
</tr>
<tr>
<td>23</td>
<td>Cleaning Machine</td>
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<td>5000</td>
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<td>24</td>
<td>Auto Purchase</td>
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<td>20000</td>
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<td>25</td>
<td>Well Digging</td>
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<td>62000</td>
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<td>26</td>
<td>Plantain Cultivation</td>
<td>1</td>
<td>5000</td>
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<td>27</td>
<td>Toilet Construction</td>
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<td>37000</td>
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<td>28</td>
<td>Fixed Deposit</td>
<td>7</td>
<td>175000</td>
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<td>29</td>
<td>Insurance</td>
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<td>30</td>
<td>Pepper Business</td>
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<td>10000</td>
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<tr>
<td>31</td>
<td>Petty Shop</td>
<td>1</td>
<td>10000</td>
</tr>
<tr>
<td>32</td>
<td>Fancy Shop</td>
<td>1</td>
<td>6000</td>
</tr>
<tr>
<td>33</td>
<td>Curry powder packing</td>
<td>1</td>
<td>5000</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td></td>
<td><strong>427</strong></td>
<td><strong>5872027</strong></td>
</tr>
</tbody>
</table>

### Annual Day Celebration

The second annual get together of Save A Family beneficiaries, “Snehasangamam-12”, was celebrated on 2nd March at diocesan level as desired by the central office. Around 500 people participated in the function. The Programme started with a prayer song. The main function was inaugurated by Rt. Rev Dr. Pauly Kannukkadad, Bishop of Irinjalakuda diocese. Msgr. Rev. Fr. Jose Irimpan presided over the meeting. Mr. Bently Thadikaran, representative of SAFPI, delivered the key note address followed by felicitation by Regional officer, Mrs. Beena Joy and Rev. Fr. Bency Cheenan. The message of the day was delivered by the AVARD Director Rev. Fr. Jose Ambookan and the benedictory speech was by Rev. Fr. Jose Maliekal, vicar, St. Mary’s Church, Chalakudy. The words of thanks was delivered by FDP coordinator Mr. Shoy Kallely. Then there was a prayer session for Msgr. Rev. Fr. Augustin Kandathil, founder of SAFPI. Two beneficiaries, Kamalu Jose Perumpadathy, Kuttikad and Celina Job, Elinjipa shared their experience after joining in SAFPI. A one hour class related to family life led by Rev. Fr. Benny Karimalikkal, Director Navachaithanya, Aloor. After the lunch break there was a colorful cultural Programme which commenced at 1.00pm and ended at 3.30pm. All the present active beneficiaries were presented with special gifts and prizes were distributed to all participants of cultural Programme.
Social Action Forum Irinjalakuda (SAFI) in collaboration with the Govt. of India and United India Insurance co. Ltd., Thripunithura, introduced Universal Health Insurance Scheme for the benefit of the people falling under the age group of 3 months to 70 years. The Scheme is mainly aimed at those belonging to Below Poverty Line (BPL) with a subsidized insurance premium. It is also open to the people who belong to Above Poverty Line (APL) to meet the expenses for hospitalized treatment.

Under the BPL Schemes, the insured will be eligible up to Rs. 30,000 for hospitalized treatment and a coverage of Rs. 1, 25,000 for accidental death. For the General Scheme, that is including APL or BPL (Family Medicare Policy) the insured will be eligible for up to Rs. One lakh for hospitalization and a coverage of Rs. One lakh for accidental death. An important advantage of this scheme is that, in selected hospitals the treatment can be taken without cash payment.

Another insurance scheme available through SAFI is known as Uni Santhwana Insurance. The Uni Santhwana Insurance is for accidents only. The Uni Santhwana Insurance Scheme A is for the common people under the age group of 10 - 65 covering the hospitalized treatment up to Rs. 1,00,000 as well as an insurance coverage of Rs. 2,00,000 for accidental death and Scheme B has covering for Rs. 50,000 for hospitalized treatment and insurance coverage of Rs. 1,50,000 for accidental death. The duration of all the insurance schemes is one year. However, it can be renewed for subsequent years on payment of applicable premium.

The poor and the marginalized people find it very difficult to meet the exorbitant cost of hospitalization due to unexpected illness. These insurance schemes being of very low premium and reasonably good benefits. Really help them a lot about 15,700 clients’ mostly poor people from 3364 families have been enrolled in these schemes with payment of a total premium of Rs.30,93,622 in the current year. Almost all the parishes under the Diocese have generally contributed to make this Insurance Scheme, mainly meant for the poor people, a great success.

<table>
<thead>
<tr>
<th>Particulars</th>
<th>2006</th>
<th>2007</th>
<th>2008</th>
<th>2009</th>
<th>2010</th>
<th>2011</th>
<th>2012</th>
</tr>
</thead>
<tbody>
<tr>
<td>No. of families</td>
<td>1,239</td>
<td>1,410</td>
<td>1,765</td>
<td>3,192</td>
<td>7,783</td>
<td>8,042</td>
<td>3375</td>
</tr>
<tr>
<td>No. of family members</td>
<td>3,978</td>
<td>4,112</td>
<td>5,036</td>
<td>12,768</td>
<td>35,056</td>
<td>42,132</td>
<td>15,700</td>
</tr>
<tr>
<td>Premium paid</td>
<td>2,61,180</td>
<td>3,45,057</td>
<td>4,67,533</td>
<td>6,40,470</td>
<td>17,28,305</td>
<td>29,06,613</td>
<td>30,93,622</td>
</tr>
<tr>
<td>Claim settled</td>
<td>2,58,808</td>
<td>7,18,816</td>
<td>11,25,713</td>
<td>24,65,452</td>
<td>55,18,579</td>
<td>71,65,931</td>
<td></td>
</tr>
</tbody>
</table>
In Today's world the term Insurance has wide acceptance whether its application is in rural or urban area. For the low income group of people insurance coverage is a precaution of future expenditure that may fluctuate in no proportion. Micro Insurance in other term is a ‘thrill and credit’ mechanism by which pooling of resource in a periodical interval shall be utilized for the future costs. Salient features of this micro insurance are that the targeted community (the poor) has the privilege to decide their contribution level and also the ‘returns’.

SAFI in collaboration with Life Insurance Corporation of India started this Micro Insurance Scheme in 2008 taking into account the national policy of ‘Insurance for all’. Gramasree self help group and local social action units at parish level are actively involved in implementing this programme. SAFI concentrated areas under 40 parishes to implement this scheme. Over 2500 persons who are within the age group of 18 to 60 are covered under this insurance scheme. This policy is optional that range from 5 to 15 years and quarterly premium payable range is from Rs. 250 to Rs. 500 and the sum assured varies from Rs. 5000 to Rs. 30000.

This policy covers benefits including cases of natural death, accidental death and permanent disabilities caused by accidents etc. In case no claim preferred during the period of policy, the sum assured will be refunded on maturity of the policy along with bonus accrued thereon.

If death happens, this scheme provides a bit of support and relief to the nominee of deceased through death claim. This year SAFI could assist one family under death claim worth Rs. 12000/- (twelve thousand). We thank LIC of India for their continued support to the low income groups of our society.
Housing is considered as the most basic human need that has to be addressed on a priority basis as it helps to boost self-esteem and identity of an individual in general and a family in specific. Housing as a program is still incorporated in government and other development agency's policies and programme recognizing it to be a grave problem, especially within poor and low-income group families irrespective of rural and urban areas. It is a felt reality that state intervention alone in this sector is inadequate to address the problem. And it is in this scenario, the role of non-government and other community based organizations gain momentum with a motive to create an enabling environment in achieving the goal of "shelter for all" on a self-sustainable basis focusing on people living below poverty line, SC/ST's, elderly people, disabled, women headed households and other economically and socially backward communities.

The Housing Department of SAFI functions with the aim to provide assistance to the poor people who do not have a house to live in or the one they have is in a dilapidated condition and requires major repairs to make it safe and livable. During the year 2011-12, SAFI received 35 applications from poor people belonging to different religions. Unfortunately SAFI could not provide support to all of them due to scarcity of fund Therefore, we had to visit all the houses and selected 13 applicants - the most deserving families for assistance. They were paid a total of Rs. 1,20,000/- that was made available to SAFI by Social Forum. We regret that we could not provide support to all the applicants in this regard. We take this opportunity to thank Social Forum for their kind generosity.

A funding agency – SELAVIP – has remained as an instrument in providing generous support for the housing endeavours of the Social Action Forum for the weakest and neglected sections lacking habitats since two decades. They were kind enough to sanction a special project for housing titled as “Permanent housing for economically poor persons with physical/mental disabilities” worth Rs 13.50,000/-. SAFI could achieve the physical target of constructing 50 rooms with attached toilet and ramp to the compound for 50 especially vulnerable families having persons with physical/mental disabilities occupying urban centers in the towns lying adjacent to Karuvannur and Mapranam. The status and dignity of the physically and mentally challenged persons have improved to a large extent enabling them to move around inside the house freely and live happily in their own rooms with attached toilets and other facilities. No doubt, these vulnerable sections could climb further in the social strata and the cooperative efforts could enhance their emotional capacity to perform the activities of daily life in a better manner. We thank and convey our gratitude to SELAVIP for their generous contribution and valuable support to 50 poor persons with physical/mental disabilities in providing freedom inside their own houses, convenience of attached toilets and comforts for their mobility in and around their houses in addition to other infrastructure formalities, to 50 poor persons with physical / mental disabilities.
The project Integrated Development through Empowerment and Action, also known as IDEA in abbreviation, is implemented by the Diocese of Irinjalakuda with the financial support of CARITAS INDIA. The overall objective of IDEA project is the integration of various development actors and different activities for the sustainable development and empowerment in the diocese area. Since the implementation of IDEA in 2008, Irinjalakuda Diocese has attained a remarkable influence in society and paved the way for appropriate system and structure based on the Diocese Perspective Plan and Organizational Development Process.

The target sectors for the second phase of IDEA are backward village communities, women, youth and students of the selected 10 villages under the operational area of the Diocese.

The project location for the second phase of the IDEA programme will be 10 selected villages in 8 Gram Panchayathu of 6 blocks in the Districts of Thrissur and Ernakulam.

The overall objective of the IDEA project is, grass root development actors are effectively integrated for sustainable development Diocesan area of Irinjalakuda by 31 March 2014.

The specific objectives of the project are to make the community able to practice good governance in Vellukara Gram Panchayathu by 31 March 2012 and participatory development initiated in three trust areas - Natural Resource Management, Education and Health by 31 March 2014.

For the achievement of above mentioned objectives, IDEA uses some powerful strategies. Those are as follows.
Continued Integration and Facilitation among all the development actors.
- Need Based perspective planning exercise
- Result based operation of Core Development Cell
- Building new partnerships, network and platform for collective appraisals, analysis and action planning
- Knowledge production and dissemination
- Activity description/ Methodology
## MAJOR ACTIVITIES OF IDEA PROJECT

<table>
<thead>
<tr>
<th>Sl. No</th>
<th>Activities</th>
<th>No. of Participants</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Training for 120 youth leaders in Good governance and PRI systems (for 40 persons each in a year)</td>
<td>39</td>
</tr>
<tr>
<td>2.</td>
<td>Training for 120 women leaders in Good governance and PRI systems (for 40 persons each in a year)</td>
<td>49</td>
</tr>
<tr>
<td>3.</td>
<td>Interface with the service providers for all the ten federations of the three regions</td>
<td>74</td>
</tr>
<tr>
<td>4.</td>
<td>Parental Motivation workshop on the importance of education in the parishes/villages.</td>
<td>472</td>
</tr>
<tr>
<td>5.</td>
<td>Career guidance classes for 50 selected students one each in a region (50 students per year)</td>
<td>143</td>
</tr>
<tr>
<td>6.</td>
<td>Awareness on life style diseases and health care in 10 villages</td>
<td>337</td>
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<tr>
<td>7.</td>
<td>Awareness generation on drug abuse prevention and Formation of anti-drug vigilance cells in Schools</td>
<td>235</td>
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<tr>
<td>8.</td>
<td>Quarterly Review by CDC</td>
<td>16</td>
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<tr>
<td>9.</td>
<td>Half yearly review at village level</td>
<td>22</td>
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<tr>
<td>10.</td>
<td>Project Launching Programme</td>
<td>319</td>
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</tbody>
</table>
With the financial assistance of Manos Unidas we could mitigate some of the acute problems faced by the Fisher Community belonging to the selected nine coastal villages. Through the implementation of sanctioned project activities of two years we were able to tackle four broad issue based sectors in a mutually complementary and contributory manner, namely, Fishermen liberation and organized development, women’s empowerment, health & environment and children centered program. During this second year the components were Animator’s training, construction of rain water harvesting system, village level medical camps, weekend coaching classes on remedial education and to monitor the functions of fifty fishermen groups as well as 135 groups of women self help groups and also forty five children clubs. The direct beneficiaries of this program are 6435 and the indirect beneficiaries are 28500 and both put together constitute 15 per cent of the total population of the selected coastal area.

The specific location of the project refers to a coastal strip lying contiguous for 24 km in length and up to 3 km in width under clustered occupancy, predominated by traditional fisher community. Along the 690 km long coastal line bordering the state of Kerala, the target area comes almost in the middle comprising of nine villages – Kaipamangalam, Kadappuram, Sreenarayanapuram, Eriyadu, Edavilangu, Mathilakam, Perinjanam, Methala, and Valapad. The area belongs to Thrissur District for civil administration purposes and in terms of ecclesiastical jurisdiction it comes under Irinjalakuda Diocese. The vast majority of the population of the coastal area depends on fisheries for their livelihood. The coastal area is beset with serious environmental hazards that make life difficult and risky for the inhabitants.

Fishermen Liberation and Organized Development
During the first year with the implementation of fourteen village orientation seminars, as part of organizing fishermen population we could empower groups in nine selected villages in our area. All these groups manage finance system at the ownership and command of fishermen. In the reporting Animators visited the groups regularly to monitor their activities as well as to guide equip them for their systematic development.

Women’s Empowerment
In order to broaden the knowledge base and to upgrade their skills we conducted two day animators training to impart knowledge to the women SHG members. With the replenished knowledge they could systematically and periodically monitor the process of empowerment of women SHGs. Animators could also provide consultancy services to start feasible and viable IGPs in their vicinity to earn steady income to meet their own needs as well as to contribute towards the ever increasing family expenses.

Housing & Basic Infrastructure
The ground water available in the coastal area is saline and cannot be used for drinking purposes. The local people are facing much scarcity for drinking water and in order to lessen their difficulties we constructed thirteen Ferro cement rain water harvesting systems.
Health & Environment
The coastal community is suffering from acute health problems because of the water logged and insect infested environment. Owing to multiplicity of ailments the working men could not go for work regularly. We could conduct nine medical camps to diagnose their health conditions and to prescribe medicines in each of these selected nine villages. In some of the acute cases we could also provide hospitalized treatment for their illness.

Children Centered programs
The children of the fisher community face extreme backwardness in education and career opportunities. In order to help these children we organized various children centered programs for their overall development. These programs also include monitoring of forty-five children clubs, monitoring of nine village libraries and regular conduct of week end coaching classes on remedial education. With our intervention children could improve their learning capacities in educational process as well as progressed in talent and career development.

<table>
<thead>
<tr>
<th>Sl. No</th>
<th>Second year Project components implemented</th>
<th>No. of Units</th>
</tr>
</thead>
<tbody>
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<td>1</td>
<td>Monitoring of fishermen groups</td>
<td>50</td>
</tr>
<tr>
<td>2</td>
<td>Monitoring of women self help groups</td>
<td>135</td>
</tr>
<tr>
<td>3</td>
<td>Animators’ training</td>
<td>1</td>
</tr>
<tr>
<td>4</td>
<td>Construction of rain water harvesting system</td>
<td>13</td>
</tr>
<tr>
<td>5</td>
<td>Village level medical camps</td>
<td>9</td>
</tr>
<tr>
<td>6</td>
<td>Monitoring of village libraries</td>
<td>9</td>
</tr>
<tr>
<td>7</td>
<td>Monitoring of children clubs</td>
<td>45</td>
</tr>
<tr>
<td>8</td>
<td>Weekend coaching classes on remedial education</td>
<td>9</td>
</tr>
</tbody>
</table>

Outcome of second year activities
- Development groups of men and women kept dynamically empowered with social stake
- Micro finance system created and progressively managed at the ownership and command of the community to start income generation programs in order to achieve self reliance
- Constructed thirteen Ferro-cement water harvesting systems to solve the drinking water scarcity of the deserving families
- Nine Village level medical camps conducted for the target group/community to have thorough medical check-up and to know various health aspects as well as easily available health services. Medical camps helped them to increase the number of working days and to decrease medical expenses
- In each one of the nine selected villages around 30 below average students benefited from the routine remedial coaching classes in two batches totalling 265
- Village libraries function smoothly in nine villages for the promotion of reading habit, improvement of knowledge and creativity. Altogether 643 children enrolled for the library membership
SPED – III is a 5 year project funded by CIDA (Canadian International Development Agency) with technical support from Save A Family Plan, India and implemented by two partners namely Social Action Forum, Irinjalakuda and Village Action Teams at different villages in 3 Panchayaths i.e. Annamanada, Parakadavu and Kuzhoor. In India, this project is run in 10 states. There are 29 non-governmental partner organizations (NGOs) which execute the same project and SAFI is one among them.

Methodology of implementation is ‘to identify issues/problems faced by a community or a village by interacting with the people and also find the probable solutions to sort it out.’ There is a popular belief that India’s economy is healthy, but Human Development Index ranking is 128th out of 177 and over 40% of the population is still living below the poverty line. Though the development mode of our state Kerala is echoed everywhere, the real picture is different. Many are fallen into grave financial debt due to exorbitant expenses on health issues we have to focus on many social sectors like Education, Health, Gender, Environment and Governance. If all these sectors grow in a sustainable manner then only an all round progress can be achieved. Though we take all the sectors together our thrust is on Health.

During the reporting year, SAFI with the support of village action teams have conducted several community programmes like, seminars on participatory rural appraisal, cancer prevention, gender development, fruit processing, seminars on local resource mobilization and training on making bio-pesticide units. The role of village action team is to identify beneficiaries, conduct programmes, monitoring and evaluation of entire activities. There is SAFI directorate and a 6 member project team who guide village members. Under this project financial support is provided to the following:
### DISBURSEMENT OF FINANCIAL ASSISTANCE

<table>
<thead>
<tr>
<th>Sl. No</th>
<th>Activity</th>
<th>Number of beneficiaries</th>
<th>Total fund granted</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Income generating project for cancer affected family</td>
<td>12</td>
<td>36000</td>
</tr>
<tr>
<td>2.</td>
<td>Assistance for fruit processing making unit</td>
<td>2</td>
<td>3000</td>
</tr>
<tr>
<td>3.</td>
<td>Assistance for organic agriculture Practices</td>
<td>24</td>
<td>24000</td>
</tr>
<tr>
<td>4.</td>
<td>Assistance for vegetable cultivation revolving grant</td>
<td>8</td>
<td>24000</td>
</tr>
<tr>
<td>5.</td>
<td>Assistance for making bio-pesticides unit</td>
<td>14</td>
<td>35000</td>
</tr>
<tr>
<td>6.</td>
<td>Assistance for seeds procurement</td>
<td>5000 Nos</td>
<td>6208</td>
</tr>
<tr>
<td>7.</td>
<td>Seminar on cancer prevention</td>
<td></td>
<td>11000</td>
</tr>
<tr>
<td>8.</td>
<td>Local resource mobilization</td>
<td></td>
<td>5777</td>
</tr>
<tr>
<td>9.</td>
<td>Gender seminars</td>
<td></td>
<td>7270</td>
</tr>
<tr>
<td>10.</td>
<td>Establishment expenses &amp; capacity development training</td>
<td></td>
<td>447725</td>
</tr>
<tr>
<td>11.</td>
<td>Carried over for 2012-2013</td>
<td></td>
<td>307745</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td></td>
<td></td>
<td><strong>907725</strong></td>
</tr>
</tbody>
</table>

### CAPACITY DEVELOPMENT - DETAILS OF MAJOR TRAININGS

<table>
<thead>
<tr>
<th>Sl. No</th>
<th>Topic</th>
<th>Date</th>
<th>Venue</th>
<th>Participants No.</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>PRA (participatory rural appraisal) training for village team</td>
<td>03.08.11</td>
<td>Kumbidi</td>
<td>60</td>
</tr>
<tr>
<td>2.</td>
<td>Training on fruits processing</td>
<td>03.12.11</td>
<td>Poovathusserry</td>
<td>45</td>
</tr>
<tr>
<td>3.</td>
<td>Training on making bio-pesticides</td>
<td>05.03.12</td>
<td>Poovathusserry</td>
<td>15</td>
</tr>
<tr>
<td>4.</td>
<td>Class on gender mainstreaming</td>
<td>07.03.12</td>
<td>W. Kumbidy</td>
<td>30</td>
</tr>
<tr>
<td>5.</td>
<td>Seminar on preventive aspects of cancer diseases</td>
<td>11.03.12</td>
<td>Poovathusserry</td>
<td>45</td>
</tr>
<tr>
<td>6.</td>
<td>Do</td>
<td>17.03.12</td>
<td>Parakadavu</td>
<td>82</td>
</tr>
<tr>
<td>7.</td>
<td>Seminar on local resource mobilization</td>
<td>20.03.12</td>
<td>Kuzhoor</td>
<td>37</td>
</tr>
<tr>
<td>8.</td>
<td>Class on gender mainstreaming</td>
<td>23.03.12</td>
<td>Kochukadavu</td>
<td>25</td>
</tr>
<tr>
<td>9.</td>
<td>Seminar on preventive aspects of cancer diseases</td>
<td>25.03.12</td>
<td>Eravathoor</td>
<td>29</td>
</tr>
<tr>
<td>10.</td>
<td>Seminar on local resource mobilization</td>
<td>21.03.12</td>
<td>Velloorthara</td>
<td>17</td>
</tr>
<tr>
<td>11.</td>
<td>Do</td>
<td>23.03.12</td>
<td>Punchathara</td>
<td>20</td>
</tr>
</tbody>
</table>

1. Participatory Rural Appraisal (PRA) under SPEED II
2. Awareness Seminar on the aspects of cancer diseases - 21-9-2011
SAFI foresees that man exploits nature to satisfy his greed that endangers his own existence and surroundings. Prakruthi Agriculture Nursery at Kottanelur was established to protect the nature and to promote organic agriculture without inflicting any harm to the environment. It is an agricultural nursery cum learning centre to impart knowledge for appropriate agricultural interventions, efficient use of land and scientific management of natural as well as human resources to achieve self-reliance.

The new generation farmers consider that organic farming is neither profitable nor suitable for the development of agriculture. Prakruthi with its agricultural background and continuous experiments wants to disapprove this wrong notion and to impart new knowledge through conducting seminars, awareness classes and trainings on organic farming to more than 900 farmers during this reporting year. The organically produced vegetables and other eatables give better health to the consumers and also an eco-friendly habitation. Prakruthi encouraged these farmers not only to grow ornamental plants but also to grow medicinal plants, vegetables and fruit tree in the family compound as a first step to promote a healthy environment.

Prakruthi always functions as an energetic catalyst to disseminate timely information about profitable/innovative organic agricultural methods, new schemes, agriculture subsidies and to supply seeds/seedlings at concessional rate to the farming community. Knowledge derived from organic agriculture gardens are the uniqueness of Prakruthi agriculture nursery. Students, farmers, members from institutions and people from various walks of life consider Prakruthi as a true friend in need to visit and to learn about agriculture as well as to get seeds/seedlings. Knowing the multifaceted functions the students of schools and colleges belonging to Irinjalakuda educational district are regularly visiting the agriculture nursery cum training centre.

Prakruthi conducted study/training classes for the final year nursing students and teachers on the subject “Agriculture and Health” in accordance with the request from the management of District Cooperative Hospital, Irinjalakuda. The 30 selected farmers under AVARD BHAVAN - Diocesan Organization of Irinjalakuda - attended systematic training and awareness seminars on the methodology of organic agriculture in two batches at Prakruthi nursery/learning centre. The 40 farmers belonging to the Agricultural Technology Management Agency (ATMA) could avail agriculture training in organic agriculture instead of the unscientific methods followed with excessive use of chemical fertilizers/pesticides.

The dairy farmers were facing much difficult to manage home dairy because of financial losses and were reluctant to continue in this sector. At this critical juncture Prakruthi started a model dairy farm to prove and encourage the farmers. At present our dairy farm is supplying around 225 litres of milk each day to overcome the scarcity of milk in the vicinity as well as to increase the confidence among prospective dairy farmers.
experience gained and the income generated from dairy farming shows that home dairy farming is a good income generation program for a family to earn steady income. With a healthy home surrounding and the fodder from own compound a family could start dairy farming without much difficulty to support the financial needs to maintain a family. We are proud to mention that all our day functions lead to strengthen the community and as recognition the Kerala Government Animal Husbandry Department approved us as a "Mixed Farm School".

Hard work is the only means for the progress of mankind. Hard worker is an asset to family, community and nation. Each time the food we consume is the result of the hard work of a farmer. The hard working farmers suppose to stand at the highest social ladder but unfortunately we treat the farmer as a second grade citizen because of the negligent attitude towards the farming community.

Prakruthi is always at your service to know the real farmer, to pursue good organic farming methods and to lead them to attain economic stability for the integral development of the community without damaging the nature.

<table>
<thead>
<tr>
<th>Sl. No</th>
<th>Training / Awareness class</th>
<th>Number of Participants</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Good Agriculture practices</td>
<td>160</td>
</tr>
<tr>
<td>2.</td>
<td>Kitchen Garden</td>
<td>140</td>
</tr>
<tr>
<td>3.</td>
<td>Organic farming</td>
<td>310</td>
</tr>
<tr>
<td>4.</td>
<td>Organic pesticide manufacture</td>
<td>225</td>
</tr>
<tr>
<td>5.</td>
<td>Mixed farming</td>
<td>272</td>
</tr>
<tr>
<td>6.</td>
<td>Dairy farming</td>
<td>315</td>
</tr>
<tr>
<td>7.</td>
<td>Rabbit rearing</td>
<td>322</td>
</tr>
<tr>
<td>8.</td>
<td>Importance of Ayurveda</td>
<td>412</td>
</tr>
</tbody>
</table>
The department of Human and Institutional Development (HID) has an important role in the sustainable development of people under the Diocese of Irinjalakuda. The objectives of the department are: - i) To enhance human capacity for attitude, integrity, competence and orientation to its full potential. ii) To develop, strengthen and augment aspirations of empowerment and self-reliance in women in order to attain gender equity. iii) To develop strong relationship within families for social enrichment. The department coordinates four activities, namely, Self Help Groups, Social Action Units, Children's Clubs and Farm Clubs. The major initiatives of this department are as follows:

1) Self Help Groups

The major goal of Self Help Groups (SHGs) is empowering the community there by contributing their might to develop the society by all means. The gender mainstreaming being one of the missions of SAFI, it stands to have a gender harmonious society. In the present scenario, the relevant role of SHGs in social development activities is inevitable. It is a people's movements against poverty, domestic violence, illiteracy and other social evils.

Currently, there are 460 SHGs actively functioning under SAFI. Usually the strength of every SHG is 15 to 20 women members residing in the same locality, in other words it is a ‘neighborhood fraternity’. Each SHG has a leader, president, secretary and joint secretary elected democratically.

SHG members will have their regular weekly meetings in one of the member's house in rotation. This is a platform to discuss various points concerning socially relevant issues, environment science, good governance, gender mainstreaming, planning, entrepreneurship development, motivational skills and training on accounting and book keeping. SAFI with its workforce provides required training and conduct motivational workshops to members of SHGs. The members engage in various Income Generation Programme (IGPs) collectively as well as on individual basis. Year wise auditing of SHGs is carried out and audited statement of accounts is submitted to SAFI.

Major activities of the reporting year

- SAFI observed World Women's Day at its auditorium at 1030 hrs on 08th March 2012. The meeting was presided over by Mrs. Alice Thomas –Block President Vellangalur. Mrs. Sonia Giri – the Municipal Chairperson of Irinjalakuda inaugurated the function. Mrs. Sudha George Valavi – Principal, Sahridhaya Engineering College, Kodakara – being the recipient of Honorary Chieftaincy award titled as “President of Women Teachers” by Nigerian Government was honoured in the function. Mrs. Jaya Surendran – a community organizer of SAFI recited the poem “Penkunj” Mrs. Laisa Paul – Coordinator, Child Line, Thrissur - led the class on “Empowerment of Rural Women”. Mrs. Seena Paulose – The Diocesan Gramasree leader –
administered the declaration of Women’s Rights to 209 SHG leaders. It is rousing to quote here that a noble lady came forward to support a poor and deserving woman of Karalam Panchayath who was very badly in need of support to construct a small house of her own. In fact this poor woman was not having landed property to construct a house. She is living in a rented house. Her only son is mentally retarded and she had to look after him. Her husband never supported her family. Her elder daughter is seventeen years old and had no security of life. She worked hard to bring up the children. The Panchayath authorities were not ready to support this poor woman if she had not constructed foundation for the house. Under the circumstances, a support of Rs 10,000/- given by Mrs. Gooja to the above mentioned woman - Mrs. Usha and her family is considered to be the most charitable deed done for the needy. Our special thanks to Mrs. Gooja for her kindness.

- In order to promote the income generation programme of SAIFI, 50 sewing machines have been distributed to 50 trained and economically weaker members of SHGs.
- An empowerment program JWALA-2011, was organized by the department of Hid on 25th November 2011 for SHG members to motivate and empower them to fight against domestic violence. In the session, most of the delegates pointed out that the alcoholism was a major reason for the issue. 225 women leaders attended the awareness class. Mrs. Laisa Paul, District Coordinator for Child Line, Thrissur, led the class.
- SAIFI organized a Blood Donation Camp in association with Sannaadha Rekha Dhana Samithi Thrissur, AMALA College of Medical Science and District Medical Hospital, Thrissur, at SAFI Auditorium on 1st October 2011. The camp was inaugurated by Mar Dr. Paul Kunnakkadan, Bishop of Irinjalakuda. A total of 131 persons from various local parishes, SHGs, General Body & staff members of SAIFI donated blood and certificates were issued.
- Observed Water Day: SAIFI observed water day on 22nd March 2012 by participating in cleaning a pond known as “Vellanchira pond” at Kuzhiakkattussery.
- Symposium on 12th Five year plan: To comment and contribute for the approach paper of 12th Five year plan, we have conducted a one day Symposium named 12th Five Year Plan Symposium on 28-1-2012 at 10 am to 3.30 p.m. at SAFI Auditorium.

The Symposium was inaugurated by Mar Paul Kunnakkadan, Bishop of Irinjalakuda under the president ship of Adv. Thomas Unniyadan, Irinjalakuda MLA. Sector wise presentations as follows & discussions by the participants were done.

Dr K P Mani (Head, Dept. of Economics, Dr. John Mathai Centre, Aranattukara) presented paper on Agriculture, Employment, Environment & Forests, Industry, Mineral, power & energy and Water resources under the moderation of Prof. P L Antony Master (St. Thomas College Thrissur).

Dr. Chandra Babu (Joint Program Co-ordinator, Mahatma Gandhi National Rural Employment Guarantee Scheme (MGNREGS) presented paper on Urban Affairs, Infrastructure, Rural Development, Science & technology under the moderation of Sri V K Sreedharan (Extension Faculty KILA).

Dr. Peter M Raj (Associate Professor KILA) presented paper on Health, Social Justice, Communication & Information Technology, Women
Empowerment and NGO under the moderation of Sri Jose Chittilappilly (Chairman, Jyothis Educational Group). The participants were the teachers & students of neighboring institutions such as St. Josephs College Irinjalakuda, Sacred Heart College Chalakudy, Carmel College Malappuram, Jyothis College Irinjalakuda, and councillors of the Municipality of Irinjalakuda. Total number of participants was 154. We sent our suggestions and recommendations to the Chairman, Planning Commission, New Delhi, Secretary, State Planning board Thiruvananthapuram, Minister, Rural Development, Thiruvananthapuram.

- **Income Generation Programme (IGPs):**
  - The program IGPs under SHGs are progressing well. A sum of rupees 12 lakh was provided as loan to SHGs to achieve the goal. The major initiatives of IGPs are:
    - Sunday Farming: rabbit farms, poultry farms and goat farms.
    - Organic Fertilizers Units
    - Bakery and Chips making Units
    - Soap and Candle making Units
    - Garments and tailoring Units
    - Curry Powder Units
    - Ornaments making Units
  - The other programmes are as follows:
    - Motivate the members for Social Work
    - Arrangement of loan facilities from one lakh to five lakh rupees for SHGs functioning well from District Cooperative Bank and HDFC Bank.
    - Provide EDP training.
    - Motivate the SHG members to choose beneficial IGPs.

- **2) Social Action Units**
  - Most of the activities of SAFI are coordinated through Social Action Units and are receiving support mutually. There are 130 Social Action Units functioning effectively at parish level to co-ordinate various social activities of SAFI under the jurisdiction of parishes with support from Unit Directors and Co-ordinators. This network with local units helps SAFI to reach out the welfare services to deserving people in time.

- **3) Balasree Children Clubs**
  - The club’s children are formulated under SAFI with an aim to promote leadership qualities and to create awareness about the value of social work among children. The clubs provide opportunities in developing, creative and academic growth simultaneously.

- **4) Farm Clubs**
  - There are 15 farm clubs performing effectively. Out of it 8 got accreditation of NABARD. NABARD provides a grant of Rs 15000/- grants to each farm club. SAFI provides opportunity and infrastructure to develop and promote bio-agriculture. 8 SHGs have been registered with NABARD and are receiving funds and support for various developmental programme like exposure visits, model farming, awareness classes, symposiums, workshops and promotion of organic farms and fertilizers units.
CHILDREN WITH DISABILITIES

Social Action Forum Irinjalakuda is a welfare organ of Irinjalakuda Diocese and Non Governmental Organization registered under Travancore Cochin, Literary, Scientific and Charitable Societies Act of 1955 with Registration No.166 of 1983. The department of rehabilitation came into existence in 1994. Taking into consideration the results of the survey, SAFI initiated immediate steps to rehabilitate persons with disabilities specially the children and youngsters below the age group of 25 years. SAFI has launched a twin programme to rehabilitate children with disabilities to the main stream of our society – Community Based Rehabilitation in 1995 and Institution Based Rehabilitation in 1998.

Community Based Rehabilitation (CBR) – We have 660 children/youngsters with disabilities under the CBR programme. These children are assisted by SAFI with the limited resources received from the Liliane Foundation through the half yearly project. Efforts are being made to extend all possible assistance to all the children with disabilities. We assist them for Surgical correction, treatment, medicine, Special Schooling, Schooling, Higher Education, Vocational Training, Job Orientation, IGP, Artificial Limbs, Training Cum Awareness Class to parents on health care and preventive measures. Liliane Fonds – a Netherlands based funding agency provides assistance through the nominated Mediator from SAFI. During the year a total of Rs 304164/- has been paid to 99 children with different disabilities. The delay in providing the assistance to the remaining children was mainly due to the New Policy and subsequent change over from old to new software of PluriForm. Our sincere thanks to Liliane Fonds for their immense support to children with disabilities.

Today, the cost of medicine, hospital charges and surgeries is exorbitant and beyond the reach of poor families. Parents have to struggle hard to meet such expenses. Even, there are cases where parents had to sell out their own houses and landed property for the sake of considering important, immediate and serious surgeries to save the life of their kids. With the support from an Italian Funding Agency known as UMMI-Fib, SAFI provided support to over 114 children below the age group of 16, who have economically backward and who are suffering from serious and acute cases of heart surgeries, Kidney related problems, Kidney transplantation, Leukemia, severe deformities or cases of such nature since last one decade. This year SAFI assisted 8 new and 12 old beneficiaries with Rs 545215/-. We thank UMMI-Fib for the immense help provided to these poor and needy children of our society.

Registration with National Trust - Social Action Forum Irinjalakuda has been registered with National Trust till 13-02-2017 vide registration certificate No. 130217231901022/FR/CP/AUTIS/MD. SAFI is now on the lookout for new projects and schemes to promote the rehabilitation work with the support and guidance from National Trust.
Institution Based Rehabilitation (IBR) – There are two Institutions established to promote institutional based rehabilitation work of SAFI. A Day Care School known as Ashanilayam is functioning at Kottanellur since July 1998. Subsequent upon the necessity of a Residential Centre at the same locality, SAFI established a home away from home known as Kripabhavan and started functioning in September 2002. These institutions are functioning well within the limited resources under IBR programme of SAFI. A total of 75 children with mental retardation are being assisted under IBR program.

Ashanilayam - Special School for Mentally Challenged – The special school provides self help skills, activities of daily living, horticulture therapy and vocational training in addition to elementary education. The school has been registered with the State Government of Kerala. 75 children with mental disabilities are being taken care by 13 qualified and experienced teachers of the school.

There exists a Physiotherapy Unit at the school. The equipment provided to the children with disabilities were too old and obsolete. With the support from Stichting Liliane Foundation Netherlands, the equipments have been replaced with latest and modern versions. The special children of Ashanilayam and Kripabhavan and persons with disabilities residing in the local vicinity will be benefitted with the new physiotherapy unit on need basis. The school also provides regular Speech therapy, Vocational Training, Training on tailoring, Arts, Crafts, etc.

Horticulture therapy is unique to Ashanilayam special school and the school compound itself is flourished with green plants and herbal bushes of bio-agriculture nursery. This therapy helps children to live in an environment of nature and enjoy pure and fresh air. As a result, the MR children develop not only their mental ability but also their integral development of memory power, digestion, joints flexibility, improved speech, energetic movements etc. The special school participated in district level sports activities.

The students enjoyed the excursion to Dream World, Sneha Theeram and The Zoological Park. The school celebrated its 15th Anniversary on 21st March 2012 at the school premises. While Fr Antony Mukkattukarakaran welcomed all the invitees, chief guests and audience, Msgr. Jose Irimpan presided and Mar. Pauy Kannookadan, Bishop – Diocese of Irinjalakuda, inaugurated the function.

The school has regular PTA meetings, periodic medical clinics, awareness classes to parents, and family members etc. All the students took active participation in school tour. The school celebrated its annual day on 15th March 2011 ensuring full participation of all inmates of the school and their parents.

Kripabhavan - Residential Centre for Mentally Challenged – This institution takes care of 15 MR children to provide “In House” training and it is a home away from home for these children. All the children are provided with an atmosphere similar to their own home for their integral development not only for their nutritious food but also in providing all skills and activities for daily living including behaviour modification, communication skills and training required by which these children are capable to live in a dignified way at their own home and in our society. This institution has been registered with the State Government of Kerala (Board of Control for Orphanages and other Charitable Homes Kerala) vide certificate No. 1854/2011 valid for four years with effect from 01-07-2011. Kripabhavan is being supported with financial assistance for maintaining its inmates by CNEWA - a papal agency for humanitarian and pastoral support. During this financial year they have sanctioned a subsidy of Rs 83894 in addition to gifts for individual children. We extend our heartiest thanks to CNEWA for the immense support and guidance.
The objectives of the department of education in SAFI are: i) to support academically brilliant students from lower socio-economic background attain higher professional education and ii) to create a conducive environment wherein children attain physical, mental and psychological growth and maturity for holistic development. To bring about a difference in child education, SAFI has implemented a plethora of education assistance programmes targeting children hailing from poor families.

SAFI has also introduced education programme for children of economically backward families residing in and around canal based area of Edakulam adjacent to Irinjalakuda Municipality by establishing Asha Bhavan Nursery School. We thank Sr. Beatrice for her dedicated service to the cause of poor children.

**Professional Education** - During the year 1997, SAFI made advancement from elementary education to providing support in professional education by introducing “Professional Education Scholarship Scheme”. Under this scheme, SAFI could succeed in extending relief to over 600 brilliant students from poor families.

During the academic year 2011-12, SAFI could not extend support to new students for Professional Education due to non availability of fund. However, we continued to support to all students who had been selected in the previous years of their respective courses. The total amount paid to these students during the year is Rs 1,01,000/-. The breakdown of the amount is as follows:-

<table>
<thead>
<tr>
<th>Course</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>BSc Nursing</td>
<td>6000.00</td>
</tr>
<tr>
<td>Engineering</td>
<td>30000.00</td>
</tr>
<tr>
<td>General Nursing</td>
<td>58000.00</td>
</tr>
<tr>
<td>MBBS</td>
<td>7000.00</td>
</tr>
</tbody>
</table>

**Community Aid Child Education Sponsorship Program** - Child development, as a specialized field of study in higher education is relatively new. The community has been extending its care and concern for children. The earlier trend of thought, that the child was a miniature adult, underwent considerable modification with the discovery that a child has certain basic psychological needs and desires, the fulfillment of which leads to his development. The field of education has benefited greatly from the ever increasing knowledge of the characteristics of the growing child. An individual child brings all his special attributes, talents, attitudes, values, skills, competencies and deficiencies with him into the class room, a definite shift towards individuality is taking place in the curriculum.

Keeping our primary vision to support academically brilliant students from lower socioeconomic background attain higher professional education and to create conducive environment wherein children can have physical, mental and psychological growth and maturity for holistic development SAFI in partnership with Rajagiri Out Reach and 31 local parishes, introduced child education sponsorship program to 620 children (i.e. 20 children each
from 31 centers) covering the above aspects. The program is blended with almost all the components for making a child academically par excellent, physically developed and emotionally mature. It aims at establishing at each local unit facilities like; children’s library, sports clubs, career guidance and counseling, tuition program, Sowhrudam camps, supplementary nutrition program, medical insurance program, literary clubs, etc. While this is a program of 8 long years, it has successfully completed 7 years. During this year a total of 155 students appeared for S S L C examination. The expenses involved to implement the program per year is Rs 9,30,000/- This sponsorship program will be successfully completed by the next academic year.

Free Entrance Coaching - It is with a sincere desire to create professionals that SAFI is providing free entrance coaching to 25 brilliant children from economically poor families every year at the institutes of Professor P C Thomas. Social Action Forum Irinjalakuda is extremely thankful to Professor P C Thomas for his social concern in obiling opportunities to deserving brilliant students to professionalism.
banking and other financial institutions across our country with enormous job opportunities. Government service has become quite lucrative now days.

SAFI stands as a developmental organization and thinks right to provide training for youth and adults for capitalizing this great opportunity. For many, especially for lower strata of the community, a good job ensures economic stability that helps them to go along with the mainstream of the society.

SAFI launched coaching programme to job aspirants in the last year. So far we have completed training to 2 batches. It is a pleasure to note that 8 applicants have been qualified for IBPS scoring card. Score card is a prerequisite for submitting application to job opportunities in banks.

“MAZHAVILLU”, is an integrated Development Programme for high school and higher secondary school students which will assist him/her to be a significant contributor of social values in the world. The quality of any personality is based on individual’s behavior. One of the aims of “MAZHAVILLU” is to develop personality in students.

A child spends more time at school than anywhere else except home. Schools and teachers can have major roles to identify the problems in students. Some students are ridiculed at the school, neglected at home, being sexually abused, addicted to drugs, cyber crimes and the list goes on.... This programme aims to provide proper guidance and support to the young generation in order to triumph over these problems.

For the implementation of this programme, initially, SAFI will provide awareness classes and TOT trainings to teachers and students’ representatives. With their help the identified students will be provided proper guidance and support. The eminent professionals of social work departments, experienced doctors and psychologists, Educational Experts, Environmentalists and Counselors are the members of “MAZHAVILLU” Advisory Body.

In the first phase SAFI could successfully implement “MAZHAVILLU” for eight reputed high schools and higher secondary schools during last academic year rendering free services at Govt. Model HSS Irinjalakuda, SN HSS Irinjalakuda, LBSMHSS Avittathur, VHSS Karalam, National HSS
Irinjalakuda, BVMHSS Kalaparambu, St Xavier’s HS Karanchira. Siju Mathew, Priya Shini, Sreeja Jayan and Santy Biju were counselors of these eight schools.

We were conducting the following programme under “Mazhavillu” for the betterment of the students:

- Individual as well as group Counseling and Supportive Guidance for the students.
- Awareness and motivation classes for teachers, students and parents.
- Survey on adolescent problems.
- Awareness programme on civil service exams for the students of Std. VIII & IX.
- Awareness programme on career guidance class in nine schools

<table>
<thead>
<tr>
<th>SL No</th>
<th>PROGRAMMS</th>
<th>No. of Participants list</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Teachers’ awareness class</td>
<td>37 teachers</td>
</tr>
<tr>
<td>2</td>
<td>Conducted orientation class for PTA</td>
<td>430 parents</td>
</tr>
<tr>
<td>3</td>
<td>Personality Development</td>
<td>500 students</td>
</tr>
<tr>
<td>4</td>
<td>Adolescent's changes challenges &amp; problems (awareness program)</td>
<td>1200 students</td>
</tr>
<tr>
<td>5</td>
<td>Behavior problems &amp; Drug Abuse</td>
<td>120 students</td>
</tr>
<tr>
<td>6</td>
<td>Counselling Practice &amp; Positive Thinking</td>
<td>500 students</td>
</tr>
<tr>
<td>7</td>
<td>Quiz competition</td>
<td>32 participants</td>
</tr>
<tr>
<td>8</td>
<td>Exam orientation class</td>
<td>15 parents &amp; teachers</td>
</tr>
<tr>
<td>9</td>
<td>Awareness class on HIV/AIDS</td>
<td>7 schools HS&amp; HSS students</td>
</tr>
<tr>
<td>10</td>
<td>Career Guidance</td>
<td>120 students</td>
</tr>
<tr>
<td>11</td>
<td>SPSS Survey</td>
<td>1500 students</td>
</tr>
<tr>
<td>12</td>
<td>Workshop on physical growth &amp; counselling practice</td>
<td>Samples - 800 students</td>
</tr>
<tr>
<td>13</td>
<td>Civil Service Orientation</td>
<td>138 LP students</td>
</tr>
<tr>
<td>14</td>
<td>Child Sexual Abuse (awareness class)</td>
<td>67 students &amp; 60 parents</td>
</tr>
<tr>
<td></td>
<td></td>
<td>430 students</td>
</tr>
</tbody>
</table>
Addiction to Alcohol and Drugs is one of the dreadful epidemics of our Country, especially of our Kerala State. We know that it affects not only the individuals, but also their families and the society as a whole. Since this addiction affects the mind, body and soul of the addict, it leads him to abnormal thinking and behavior. Hence it ultimately leads to the drainage of the intellect, health and wealth of the society.

In Kerala, the use of alcohol and smoking has become inevitable in all our functions and social gatherings. The “God’s Own Land” is going to be a “Land of alcoholics” soon. This also leads to increase in the rate of broken families, suicide, homicide, abortion, accidents, criminal activities etc. Navachaithanya and Sanjo Sadan are started with a mission to save these unfortunate victims of addiction and their families from their miserable life. Navachaithanya, since its inception in 1991 to 2012 has conducted 257 De-addiction camps in which about 11,874 substance abusers have participated.

In the last financial year, we conducted:
1) De-addiction camps – 10 (611 addicts)
2) Counselling sessions provided:
   a) Individual sessions – 798
   b) Family sessions – 330
   c) Group sessions – 58
3) Follow up programmes – 15(1094 attended)
4) Awareness programmes – 32
   (both in Thrissur and Ernakulam Districts)
5) House visit of ex-campers – 498
6) Al-anon programmes – 5

Since prevention is better than cure, we have started giving awareness classes and counseling sessions to school and college students in our District. On June 26th, ‘the International Day against Drug Abuse & Illicit Trafficking’, we conducted many programmes for school and college students and also for their Parent Teacher Associations. In the following schools and parish, our awareness programmes were conducted in this financial year:
2. Sree Krishna High School, Mattathur.
4. Catechism Students and Teachers of Little Flower Church, Potta.

In addition to these, we have also organized a flower carpet competition (Pookalamalsaram) on 19th Sept. and various competitions like solo songs, essay writing, recitation, skit play and quiz were conducted on May 28th for the A.A. group members and their families. The winners were awarded prizes on Navachaithanya Day celebrated on 19th April.
We are in constant contact with our clients through house visits, letters, telephone calls and various follow up programmes like counseling, seminars, group sessions, awareness programs etc. Also we were sending them a Navachaithanya bulletin every month to furnish them with up to date news on the matter as well as of the centre, until December 2011. Every month 15 to 20 ex-addicts visit this centre along with their families to celebrate the anniversary of their sobriety, during which they also distribute sweets to all the campers and share the good experiences and temptations they had during their period of sobriety. It is the happiest occasion to us.

Addiction to Psychoactive substances is the most dreadful epidemic of the 21st century affecting mostly the younger generation who are craving for the pleasure of life. This is not only destroys our rich cultural heritage, but also the sanctity and stability of our family relations, since this addiction affect the normal thinking and behavior pattern of an individual. To fight against this social epidemic, Navachaithanya has started its first counseling cum awareness centre at Aloor in March 1991. For being in this field for a few years, we understood that the treatment and the rehabilitation are the two inevitable stages of De-addiction. Thus we have started a De-addiction cum rehabilitation centre of 15 bedded hospital at Anandapuram in September 1994. During the last 16 years of its service, 5348 addicts and their families were given treatment and counseling services. Most of the patients are motivated to this centre by our Ex-addicts and also from the Navachaithanya De-addiction Camps conducted every month by our Drug Awareness Counseling Centre at Aloor. Thus we demand for treatment and counseling services for alcoholics and drug addicts are increasing day by day. Due to lack of facilities we are forced to convert our 15 bedded hospitals to 30 bedded hospitals from September 2000 onwards by taking an adjacent building for rent and also by appointing more staff required.
Following are the activities undergoing at this centre:

De-addiction Treatment: treatment Schedule mainly consist of Medicines, Counselling, Awareness programme, Therapies and Follow Up.

Medicines: For the betterment of patients we provide the sphysician, Psychiatrist, Psychologist, Gynecologist and Ayurvedic Doctor. We give 90 days medicines which consist mainly of ayurvedic packages ie, Nasyam, Thalam, Pichu and daras. Ayurvedic treatment includes Flare Capsule, Oil Bath, Amalakadi Kashayam for Kidney and Liver Purification, and Eladi candy for minimizing the smoking tendency. In order to get a better impact for the ayurvedic treatment we have changed our menu into pure vegetarian mostly fibre content food. Allopathic medicines are also given to patients who required it.

Counselling: This centre provides life long Counselling Services. It includes individual counselling, spiritual counselling, Marital Counselling and Family Counselling to the Parents, Family members and their spouses. In the last Financial year 328 Patients were taking treatment. Out of them 3367 were individual sessions 2062 Family sessions and 1056 Group Sessions were held.

Awareness Programme and Therapies: These sessions were given to Patients who have to stay at this centre from 22-31 days depending on their recovery period. It includes classes, Group
interactions, prayer therapy, Music therapy, group therapy, dairy writing and evaluation. Besides these physical and intellectual programmes we do have Yoga, Meditation, exercises, Reading, indoor and outdoor games.

Follow Up: Discharged patient are given life long follow up according to each ones requirement. This centre also maintains constant contact with the Ex patients through letters, Tele phone, Home visits and also through Navachaitanya Publications. Occasionally we organize follow up gatherings besides classes and seminars for their spouses and children.

Referral Camps: Most of the Ex patients are referred to one-week De-addiction camps at Navachaitanya counselling centre, Aloor. They are given rigorous training on almost all aspects of life in order to replant them to the normal stream of life. So far more than 1823 patients were referred to De Addiction camp. Acquie Psychiatric cases are referred to Sacred Heart Hospital Pullur.

A.A Groups: The De addicted persons are maid members of their local A.A Groups. They meet together once in a week to share their experiences, achievements and also the problems they are facing daily. Navachaitanya has already formed about 38 A.A Groups in between Kozhikode and Ernakulam District for the Ex patients.

Rehabilitation: Even after the treatment the patients who are neither accepted by their families nor how the courage to face their previous surroundings are allowed to stay for a while at the centre until they get the confidence to stand on their feet. They are also helped to get a new job. We have so far rehabilitated 218 Ex addicts.

Awareness Programme: Since prevention is better than cure, we also conduct many out reach programmes in and around Thrissur District for students Youths, Couples, Employees, Parents, Teachers and family Units as well as for the Public Occasionally. Usually Seminars, Audiovisual aided classes, Skit plays, Group discussions, Competitions, are organized according to their aptitude and age.

Every year we conducted classes in Schools, Colleges, and other groups on May 31st Non Tobacco Day and June 2nd, ie, International Day against Drug Abuse and illicit trafficking. Through these Classes our intension is to give awareness about these and its de merits.

Through the monthly publications Navachaitanya Bulletin every day programmes and activities of Navachaitanya is known to its A.A Group members and well wishers. Also various other informative articles on topics of Alcoholism Drug Addiction, Its prevention and treatment as well as matters connected with family life are also made available through it. Sanjo Sadan Ayurvedic Integrated Rehabilitation Centre for Addicts, We have provides treatment to 5403 addicts of alcohol and drugs. We are proud to admit that only with the grace of God and by the United and Dedicated team work of our staff resource persons and A.A Groups along with the financial aid from the Ministry Of Social Justice and Empowerment. We could render our services to as much victims of Alcohol and substance Abuse through out Kerala.
Sanjo Industrial Training & Production Centre Ashtamichira has completed 27 years of valuable services to the general public with great satisfaction and feel of proud and thanks God Almighty and the well wishers of the institution. About 30 dedicated workers supervised by 3 staff members are engaged in the manufacture of traditional and modern woodcraft. As usual the main profit of the unit is utilized for the education of the mentally challenged children of Ashanilayam and Kripabhavan at Kottamelloor and also support the charitable works of Social Action Forum Irinjalakuda. The institution is guided by Rev. Fr. Seejo Irinjalakuda, Associate Director of Social Action Forum Irinjalakuda.

The Department of Documentation of Social Action Forum Irinjalakuda functions to document and disseminate the findings, challenges and the concerns of the society and to record and preserve all developmental interventions of this developmental organization for the generations to come. Fact based data, information and learnings from various projects are documented scientifically and systematically which help us to easily refer the past history of the organization, trace out the path in the growth of the organization, and make revisit to find out where the organization and its activities had the ups and downs.

It functions as a data bank and resource centre for the supply of data, information, learnings etc. required for formulating new projects and bringing out publications. It also takes a leading role to conduct monthly
staff meeting (last Friday at 3 p.m) where each and every activity and planning of SAFI project/Department wise are presented by the project/Department heads with the help of LCD. In the staff meeting, the planning and the actual activities are compared and the variations if any, are located for future corrections. We adopt text book documentation in hard and soft copies, photo documentation in albums, computer hard disk, video and audio documentation in computer CDs, DVDs in chronological/year wise and Department/project/program wise.

It also functions as a safe custodian of all valuable documents of SAFI such as title deeds, Registration Certificates, agreements, Annual Reports, General Body and Executive Committee Meeting Reports etc. Monthly Planning of SAFI is regularly published in the Monthly Diocesan Bulletin. Day to day activities, functions, events, programs, trainings, positive and negative learnings if any, of the projects, success stories, case studies are periodically published in the quarterly published magazine named SAFI NEWS (Gramdarshan from 2012 January Edition onwards). We print and distribute yearly date calendar.

The Annual Activity Report is published after the close of each financial year which reflects the activities and interventions of SAFI along with the audited statements of accounts of that year.

Through the SAFI’s website www.safijk.org, our daily activities, programs, activities, views and publications are depicted.

On this auspicious occasion, we sincerely thank all media and channels for associating with us and providing sufficient coverage on the multifarious activities as it deserved and for all the print media for the supply of printed news in time.
Members of Governing Body & Advisory Board 2012 - 2014

Mar Pauly Kannookadan
Chairman

Msgr. Jose Iruppan
President

Fr. Antony Mukkattukaran
Secretary

Fr. Bency cheenan
Associate Director

Fr. Seejo Iruppan
Associate Director

Sr. Maria FCC
Assistant Secretary

Xavier Pallipadan
Vice President

Fr. Joby Pozhollaparambil
Forane Vicar, Irinjalakuda

K.K. Ithlaian
Kalapurrakkal, Maala

Anto Arikadan
Pushenchira

P.P. George
Padayatty, S. Thanissery

Rappai Vezhaparambil
North Chalakudy

P.P. Thomas
Pullokkaran, Kanakamala

Jose P.V
Parakkal, Kuttikkad

Varghese Mavely
Kallettunikkara

M. P. George
Manjaly, Velangalthoor

I. D. Francis
Inchodiakan, Karalam

T. M. Yohannan
Thekkethala, Parappukara

Adv. ET Thomas
Elamkumappuzha, UK

Mrs. Seena Poulouse
Chakkulakkal, Puliparambu

Fr. Sebastian Ambooken
CMi, Chalakudy

Fr. Jose Ambooken
AWARD Bhavan, Chalakudy

Fr. Pauly Kannokadan
Sanjo Sadan, Anandapuram

Fr. Benny Karumalikkal
Navachalithanya, Aloor

Dr. V. J. Paul
Vazhappally Mem. Hospital

Mr. George D. Das
Palathingal, Kattoor

Prof. P.L Antony Master
Pulicken House, Irinjalakuda

Mrs. Laisa Paul
Pullikkott House, Karanchira

Mr. P.G. Joseph
Paramben, Poovathussery
18-10-1978 Msgr. G.T. Thekkekara was appointed as 1st Director
07-07-79 General body of Social Action was constituted
02-05-80 Inauguration of Social Forum Kuries
16-05-82 Registration in Ministry of Foreign Affairs (Reg. No. 052900055)
28-07-82 Demise of Msgr. G.T. Thekkelkara
01-08-82 Fr. Paul Elamunnappuzha was appointed as 11th Director
18-08-83 Registration of Social Action as Charitable Society (Reg. No. 166/83)
23-01-84 Social Action Office at Pastoral Centre
19-03-85 Blessing of Sanjo I.T.C
10-03-86 Sale Tax exemption C.S.T. 25166554 K.G.S.T. 25161554
02-07-86 Inauguration of Asha Bhavan, Edakulam
09-07-86 Registration under Factory Act No. IJK. 255
14-10-86 S.S.I. Registration No. 0905470/86
08-06-87 Social Action Office is shifted to 1st floor of Pastoral Centre
05-01-88 Inauguration of Tailoring Centre, at Asha Bhavan
18-01-89 Fr. Sebastian Ezhekadon was appointed as IIrd Director
18-01-89 Fr. Varghese Vazhappilly was appointed as Associate Director
26-07-89 Fr. Anto Thachil was appointed as Associate Director
26-07-89 Fr. George Kalan was appointed as Principal Sanjo I.T.C
19-03-91 Inauguration of Navvachalithanya, Aloor
06-02-92 Started Social Action Electronics Training & Production Centre
11-07-92 Social Action Electronics Unit handed over to Forum for Social Action (Reg. No. 235/92)
10-09-94 Inauguration of Sanjo Sadan, Anandapuram
17-06-95 Social Action Office was shifted to Social Forum building
17-01-96 Fr. Joy Kadambatt was appointed as IVth Director
17-01-96 Fr. Joseph Palathingal was appointed as Associate Director
01-08-97 Income Tax exemption U/S 80 No. 17A/tech/Inst/S9/88-89
04-07-98 Inauguration of Ashanilayam, Kottanellur
01-08-98 Inauguration of Formal I.T.C. in Sanjo Complex, Ashtamichira
23-12-99 Income Tax Permanent Account Number (Pan) No. AABTS 2458 P
21-02-01 Inauguration of the new Block of Ashanilayam for Vocational Training
28-06-01 Fr. Wilson Erathara was appointed as Vth Director
28-06-01 Fr. Benoy Potholiparambil was appointed as Associate Director
14-03-02 Inauguration Sanjo Computer Academy, Ashtamichira
10-09-02 Blessing of Kripabhavan Kottanellur
28-01-04 Fr. Saji Ponmissionery was appointed as Associate Director
17-02-04 Inauguration of Prakruthi-Centre for Research and Training in Organic Farming
18-04-05 Silver Jubilee Celebrations
20-04-05 Inauguration of Vocational Training Centre, Kottanellur
20-04-05 Inauguration of Bio-Tech Lab, Kottanellur
07-05-05 Govt. recognized Prakruthi, Kottanellur as District level Nursery (Under AEZ) Go No. 9801/03 (15B)
27-06-05 Registration of Ashanilayam Speical School, Kottanellur by the State Government-EDN/TSR/25/2006 Dt.27-06-2006
21-12-05 Prakruthi, Kottanellur promoted as Govt. Licenced Agricultural Nursery LIC No.27/21-12-05
18-01-06 Fr. Jose Palatty was appointed as VIth Director
31-01-07 Fr. Seejo Irimpan was appointed as Asso. Director
28-01-10 Fr. Antony Mukkattukarakaran was appointed as Asso. Director
12-08-10 Fr. Antony Mukkattukarakaran was appointed as VIIth Director
12-08-10 Fr. Bency Cheenan was appointed as Associate Director
08-03-2012 Prakruthi, Kottanellur, Promoted as Mixed Farm School
Order No. D371D371/2012 ESTD 2011-2012 DAHO - TCR - 08-03-2012
SAFI Acknowledges partnership with...

- Andheri-Hilfe Bonn e.V.
- Canadian International Development Agency
- Caritas India
- CNEWA
- Community Aid Sponsorship Program (CASP)
- Dewan Housing Finance Corporation Ltd
- Generalaat Societee Van J.M.J.
- Housing Development Finance Corporation
- Indo Global Social Service Society
- Italian Bishop’s Conference of India
- Kerala State Housing Board
- Kindermissionswerk
- Kolpingfamilie Unterfohring
- Manos Unidas
- Ministry of Social Justice and Empowerment
- MISEREOR
- Missionary Sisters of St. Peter Claver
- Rajagiri College of Social Sciences Kalamassery, Cochin
- Raskob Foundation
- Save A Family Plan (India)
- SELAVIP
- Social Forum Irinjalakuda
- Stichting Liliane Fonds
- Unione Medico Missionaria Italiana
- Life Insurance Corporation of India
- United India Insurance Company Ltd.