ANNUAL ACTIVITY REPORT
2018-2019

SOCIAL ACTION FORUM IRINJALAKUDA
18-10-1978 Msgr. G.T. Thekkekara was appointed as 1st Director
07-07-79 General body of Social Action was constituted
02-05-80 Inauguration of Social Forum Kuries
16-05-82 Registration in Ministry of Foreign Affairs (Reg. No. 052900055)
01-08-82 Fr. Paul Elamunnapuzha was appointed as IInd Director
18-08-83 Registration of Social Action as Charitable Society (Reg. No. 166/83)
23-01-84 Social Action Office at Pastoral Centre, Irinjalakuda
19-03-85 Blessing of Sanjo I.T.C, Ashtamichira
10-03-86 Sale Tax exemption C.S.T. 25166554 K.G.S.T. 25161554
09-07-86 Registration under Factory Act No. IJK. 255
14-10-86 S.S.I. Registration No. 0905470/86
08-06-87 Social Action Office is shifted to 1st floor of Pastoral Centre
16-07-89 Fr. Sebastian Ezhekadan was appointed as IIIrd Director
19-03-91 Inauguration of Navachaitanya, Aloor
11-07-92 Social Action Electronics Unit handed over to Forum for Social Action (Reg. No. 235/92)
10-09-94 Inauguration of Sanjo Sadan, Anandapuram
17-06-95 Social Action Office was shifted to Social Forum building
17-01-96 Fr. Joy Kadambatt was appointed as IVth Director
01-08-97 Income Tax exemption U/S 80 No. 17A/Tech/Inst/S9/88-89
04-07-98 Inauguration of Ashanilayam Special School, Kottanellur
23-12-99 Income Tax Permanent Account Number (Pan) No. AABTS 2458 P
28-06-01 Fr. Wilson Erathara was appointed as Vth Director
10-09-02 Blessing of Kripabhavan Residence at Ashanilayam Kottanellur
17-02-04 Inauguration of Prakruthi-Centre for Research and Training in Organic Farming
18-04-05 Silver Jubilee Celebrations
20-04-05 Inauguration of Vocational Training Centre at Ashanilayam, Kottanellur
07-05-05 Govt. recognized Prakurthi, Kottanellur as District level Nursery (Under AEZ) Go No. 9801/03 (15B)
27-06-05 Registration of Ashanilayam Special School, Kottanellur under PWD Act by the State Government-EDN/TSR/25/2006 Dt.27-06-2006
21-12-05 Prakruthi, Kottanellur promoted as Govt. Licensed Agricultural Nursery LIC No.27/21-12-05
18-01-06 Fr. Jose Palatty was appointed as Vth Director
15-01-07 Blessing of ‘Sannidhi’ Prayer room at SAFI
17-12-09 Inauguration of Dairy Farm at Prakruthi, Kottanellur
12-08-10 Fr. Antony Mukkattukarakan was appointed as VIth Director
03-10-11 Launching WINGS Project (Job Oriented Coaching Classes.
08-03-12 Prakruthi, Kottanellur, Promoted as Mixed Farm School
Order No. D371D371/2012 ESTD 2011-2012 DAHO - TCR - 08-03-2012
11-07-13 Fr. Jose Manjaly was appointed as VIIth Director
30-01-14 Fr. Binoy Kozhippatt was appointed as Associate Director
21-04-14 Blessing & Inauguration of Santhome Special School, Edamukku, Kodungallur
10-09-14 Inauguration of Ruby Jubilee Housing Project
16-11-15 Registration of Santhome Special School, Kodungallur under PWD Act by the State Govt.
04-05-16 Community Polytechnic – Skill Development Program for Women Empowerment started at Sanjo ITC, Ashtamichira
31-05-16 Blessing and Inauguration of the new Building of Santhome Special School, Kodungallur
19-01-17 Fr. Varghese Konthuruthy was appointed as Associate Director
19-01-17 Fr. Shahju Peter Kachappilly was appointed as Associate Director
20-07-17 Fr. Varghese Konthuruthy was appointed as IXth Director
20-07-17 Fr. Robin Palatty was appointed as Associate Director
02-11-17 Sanjo ITC - Formed under a Separate Trust
30-11-17 Inauguration of ‘Mithra’ AOP
05-07-18 Fr. Seby Kanjilassery was appointed as Associate Director
About SAFI

Social Action Forum Irinjalakuda (SAFI) is the official social work agency of the Catholic Diocese of Irinjalakuda. Established in 1978 and registered in 1983 (Reg. No. 166/83), SAFI functions in 135 parishes of the diocese for the sustainable development of the society with a special focus on the empowerment of the weaker sections of the community irrespective of caste and creed. It envisages a society where the resources available in the society are accessible to everybody by which an integrated development of the individual will be realized.

Establishment of a right based and gender harmonious society rich in social capital/resources, warm in human fellowship concerned about ecosystem and food security.

To motivate and facilitate the marginalized population towards a right based and gender harmonious society through mobilization of people’s power and participation.

- Foster and strengthen community based organizations (CBOs)
- Support the rights of each individual and family to live a dignified human life
- Ensure people’s participation in the development process
- Revive natural and organic agriculture aiming at food security, safe food and healthy living
- Ensure better use of natural resources
- Promote community based and institutionalized rehabilitation of drug addicted individuals and their families
- Care for individuals who are differently abled through institutionalized rehabilitation
- Promote an eco-friendly human existence
- Empower individuals and families to be self-reliant for a better living
- Initiate programs for women empowerment and child rights protection
- Strengthen human resource by promoting education skill development
- Integrate and coordinate all the social and developmental activities within the diocese
- Flood disaster management
SAFI Organogram

CHAIRMAN

PRESIDENT

EXECUTIVE DIRECTOR

ASSOCIATE DIRECTORS

GOVERNING BODY MEMBERS

GENERAL BODY MEMBERS

LOCAL UNITS

ADMINISTRATIVE OFFICER

DEPARTMENTS

PROJECTS

ACCOUNTS

DOCUMENTATION

* NRM

* HID

SPECIAL EDUCATION

WELFARE

REHABILITATION

SOCIAL SECURITY

* Natural Resource Management
* Human and Institutional Development
ARREAS OF INTERVENTION

- Institution Based Rehabilitation (IBR) and Community Based Rehabilitation (CBR) of differently able through two Special Schools (Ashanilayam Special School Kottanalloor and Santhome Special School, Kodungallur and Kripa Bhavan Residential Centre, for differently abled Kottanalloor and 134 local units
- Women Empowerment through SHGs and JLGs by way of promotion of Agricultural farming and Kitchen Garden and strengthening of community based organizations
- Family Welfare & Housing
- Water conservation, Sanitation and Hygiene Promotion through KSRWSA Jalanidhi project
- Organic Agricultural Development
- Preservation of Natural Resources & Protection of Environment
- Education & Skill Development
- Health
- Disaster Management
- Conservation of Energy through promotion of Solar Water Heaters and solar lights
Governing Body Members of Social Action Forum Irinjalakuda 2019-20

Mar Pauly Kannookadan
Chairman

Msgr. Anto Thachil
President

U. J. Paulson, Ilkken Edakalam, Vice President

Fr. Varghese Konthuruthy
Executive Director

Fr Robin Palatty
Associate Director

Fr. Seby Kanjilassery
Associate Director

Fr Antu Alapadan
Forane Vicar Irinjalakuda

Sr. Diveena CMC
Assistant Secretary

Joy P.O.
South Thanissery,

Joseph P. I.
Chalakudy

Davis Malikkal
Edathuruthy

THOMAS THATHAMPILLY
Pulloor

T K Paulson
Kodungalloor

Paul K. L.
Anathadam

T.M Devassy Thekkkan
Kanjirappilly

Ittiachan K. K
Mala

Rejin Thomas
Parappukara

Anto KD
Velayanad

Adv. M. J. Baby
Irinjalakuda

Fr. Pauly Kannookadan
Navachaitthanya Aloor

Fr. Joemon Koonan
Sanjo sadan Anandapuram

Mrs. Bindu Vincent
Edathuruthy
I am happy to know that Social Action Forum Irinjalakuda (SAFI) - a nonprofit Organization - is publishing its Annual Activity Report 2018-2019. I am proud to mention that SAFI along with other Social Welfare Associations, Congregations and Parishes of the Diocese met the challenges of the astringent flood disaster instantly, courageously, collectively and rapidly, with no difference of gender, caste, creed or race in saving the human lives, caring for them in the rehabilitation process followed by the flood relief. The initiative taken by SAFI, in implementing the long term follow-up programme “Athijeevanam” an initiative by Diocese of Irinjalakuda, for providing Shelter, Livelihood, Safe Water and Sanitation facilities to the flood victims, is well appreciated. The flood disaster taught us a lesson that we are able to counter any sudden and unprecedented calamities with vigor, courage and goodwill.....

I am delighted to note that SAFI has succeeded in providing safe drinking water to over 3300 families of Ozhar Gramapanchayath of Malappuram District through Jalanidhi Project of the State Government of Kerala. As a part of women empowerment programme of SAFI, nearly, 3000 lady volunteers from S H Gs and J L Gs are participating in the activity of eradicating Cancer from the Earth. These programs are carried out through “Ashakiranam”, project of Caritas India, and also through NABARD oriented programme. The annual report reflects the extent of activities accomplished so far and sheds light upon its commitment and vision for overall development activities since its inception.

I take this opportunity to congratulate SAFI in hosting utmost stability by focusing and facilitating empowerment among our poor brethren especially the differently abled through Community and Institutional Based Rehabilitation programs. The great service rendered to poor families through Save a Family and Franciscan Family Apostolatle Programs in addition to free Professional Education to deserving and brilliant students is highly appreciated. I wish all success to SAFI family for its future and bright endeavours all through the coming years.

Irinjalakuda
17-05-2019

Mar Pauly Kannookadan
Bishop of Irinjalakuda
I am Happy to see that SAFI publishes Annual Report 2018-19 enlightening the activities of another successful year of selfless effort in the support of the poor and the needy among us. This Social Welfare Organization of Diocese of Irinjalakuda has been instrumental in taking up various developmental projects and programs for alleviating the miseries of the human society, especially that of the marginalized and downtrodden keeping its high gospel values. I am happy to know that the Prakruthi Agriculture Nursery at Kottanellur managed by SAFI is one of the model farm recognised by the state government of Kerala creating an era adopting eco-friendly norms, bio-technology in agriculture nursery over and following the ethos for the new generation.

We live in a world of sophistication and dynamic change day by day. Even Leonardo Da Vinci said “Simplicity is the ultimate sophistication”. Today we prefer to have tasty food, easy going and tension free life with no pain or strain no matter how healthy really it is.

Yes, it is Indeed; I am happy to know that our women volunteers of SHGs & JLGs join with SAFI in preventing cancer in our society where we live keeping its mission and vision.

I take this opportunity to congratulate the entire team of SAFI for the excellent and meritorious services rendered to the deserving people of our society. I am sure; SAFI would be able to continue its work to achieve its goals by focusing on its prime objectives. I wish SAFI all success for its developmental endeavours.

With Prayerful Wishes

Irinjalakuda

Rev. Msgr. Anto Thachil
President, Social Action Forum
Dear Friends,

It is time for the yearly reflection. “I don’t know all the reasons for achievements, but I know that I love what I do and I have never wanted to rest on my laurels.” Ahmed H. Zewail, Voyage through Time: Walks of Life to the Nobel Prize. The 21st century, which is characterized by the emergence of knowledge-based societies, expects our brethren to be comfortable in dealing with ambiguities and complexities in the real world and to be able to use knowledge as a tool at their workplace. 2018-19 was another record breaking year with the devastating flood in Kerala. It was the worst calamity that hit this State in hundred years. Torrential rains, shutters of 35 dams of the State opened all at once, submerging many parts of the State completely in water, all these added to the pathetic condition everywhere. Houses, properties, shops and machineries were washed away, many people were drowned. It became a year of outreach with: “Athijeevanam” to the flood victims who lost their loved ones as well as their belongings. What I liked most is that volunteers from all walks of life: youngsters, fishermen, civil authorities, different religions institutions, army men and commandos, all came forward selflessly to work in the relief operations. A wonderful display of unity, collaborative, valour, brotherhood and responsibility was witnessed! On behalf of the Social Action Forum, Irinjalakuda, I extend sincere thanks and gratitude to all those who took active part in saving the lives of human beings even at the peril of their own life. Our collaboration with other NGOs, appropriate Government Agencies, Institutions of Social Concerns and funding agencies are basically for the integral development of our community. I take this opportunity to share that “Athijeevanam” was possible as a sole result of joint ventures among our good collaborators and well wishers especially Partners like Caritas India for providing special care towards the victims of flood through 1) Emergency Kits, 2) Kinder Mission, 3) Shelter Repair 4) Toilet Repair, 5) Livelihoods (Poultry + Goat Rearing + Seedlings) for the victims under Diocese of Irinjalakuda among other benefactors. I also extend my sincere thanks to all the members of Self Help Groups and Joint Liability Groups for their active participation in the joint ventures of Social Action Forum for all the integral development of our community.

The important events under taken by SAFI during the year of report are as follows:-

(a) Awareness programs for parents of children with disabilities  (b) IGP Programs (c) Medical Camps
(d) Campaign against fostering cleanliness, Hygiene and prevention of Cancer
(e) Women empowerment programs (f) Empowerment programs SHG/JLG Members
(g) Special Olympics for the differently abled (h) I G P programs to spinsters Group
(i) ‘Athijeevanam’ for victims of flood

SAFI pays tribute to our beloved late Mar James Pazhayattil, former Bishop, Diocese of Irinjalakuda. He was so appreciative of His Excellency Mar Pauly Kannookadan, Bishop, Diocese of Irinjalakuda, our supreme authority, for his valued directions and guidance in the integral development of SAFI who brought this organization to a new level of competence and efficiency. Let us never forget that this is also the time of the year to express our heartfelt thanks to our wonderful supporters, Board Members, well wishers, benefactors, Partner Organizations because without you, none of the developmental programs can happen. It gives me immense pleasure to address our readers with a simple note of heartfelt gratitude, primarily to God and secondly to all our benefactors and donors and finally to all well wishers who took active part in the era of development of SAFI. The strength of SAFI has been the staff and volunteers who devote their valuable time and efforts in sincere and selfless services. I pay my sincere thanks and best wishes to Rev. Fr. Robin Palatty, and Rev. Fr. Sebi Kanjilassery, Associate Directors, Staff Members of SAFI family for the sincere and dedicated services.

Fr. Varghese Konthuruthy
Executive Director
SOCIAL ACTION FORUM IRINJALAKUDA

WELFARE DEPARTMENT
FAMILY DEVELOPMENT PROGRAMME (FDP)

Save A Family Plan (India) (SAFP (I)) is an international non-governmental organization committed to the empowerment of poor and marginalized families irrespective of caste, creed, color or religion. It was founded by Msgr. Augustine Kandathil, catholic priest in 1965. His inspiration and charisma had turned as the corner stone for a number of developmental initiatives through which thousands of poor families are being assisted for their integral development and to lead life with dignity.

The main focus of Family Development Program (FDP) is to extend support to the marginalized families for a period of six years so as to ensure their socio economic self-reliance which will help them to lead a dignified life. Social Action Forum Irinjalakuda plays an important role in the integral development of 312 selected families at different parishes spread under the program. Now SAFP supports 312 families of different parishes under the diocese of Irinjalakuda. These families get an average of Rs.900 as monthly assistance and some families get extra special gift from the sponsor. In the year 2018-2019 SAFI distributed a total of Rs. 33,52,410/- to the beneficiary families to meet their immediate needs like house construction, income generating programs, education of children, treatment and similar needs. The families are provided with empowerment programs periodically through Central level meetings and regional level meetings etc. The EDP training programs are conducted periodically in order to have access in hastening innovative and new income generation program so as to raise the level of living conditions of each family. FFT meetings are conducted every month under the Director ship of SAFI and we keep evaluating the program for betterment. The Animators and Co-ordinator of the SAFP department keep visiting these families to ensure that everything is going on well as per plan besides documenting the progresses made by each family. Necessary guidance and counseling are provided or arranged during the house visits. There are arrangements for family counseling, individual counseling and child counseling.

Let us go through the case history of Mrs. Binitha Joju and family. Mrs. Binitha Joju has a small family with two children and grand mother and she gets a support from SAFP since 2013.In the initial stage they were very happy and they cooperated with SAFP. Unfortunately her husband died due to an unexpected disease. He underwent continuous treatment but they could not save his life. They spent a huge amount for treatment of her husband. Mrs.
Binitha Joju was under a shock due to the sudden demise of her husband. Due to the timely intervention of SAFP Co-ordinator and animators of SAFI, she made up her mind to look after her own children better. She was struggling hard to meet the daily expenses and to provide better education to her children. With the support from Save A Family Plan, she joined in a venture just near to her own home where she got training to stitch “well Net” (net used to protect wells) with an intention of having her own IGP after the training. Gradually this IGP program developed to high expectations and now she herself employed two additional ladies to manage this IGP Program. The material stitched by Mrs. Binitha Joju has high demand in market and therefore, marketing was so easy for her and she gradually came up to our expectations. Mrs. Binitha Joju constructed a new house with the support from parish, local public and Save A Family Program of SAFI. She is providing better education to her both children. Her parents, in-laws, relatives and other well wishers are now with her for any support and help. She is now leading a better life with her lovely children. She is now getting a good income from her IGP. She is now independent, self reliant and has a better and peaceful life. She extended her sincere thanks and gratitude to SAFI and SAFP for all the help and support given to her at the time of her real need. She joyfully stated that if timely assistance and support would not have been given to her, she would have even vanished from this world long ago. She said “I shall ever remain grateful to SAFI”.

Co-ordinator: Mrs. Sainsy Thomas
Animators: Mrs. Jancy Varghese, Mrs. Jaya Surendran, Mrs. Jini Johnson
RUBY JUBILEE HOUSING

In Commemoration of Ruby Jubilee of Diocese of Irinjalakuda, 70 houses were constructed in its first phase and 40 houses are under construction during the second phase. These houses are built for the poor with the support from Social Forum Irinjalakuda. SAFI takes this opportunity to convey special thanks and gratitude to Director Board of Social Forum, Irinjalakuda. The 3rd phase of the project is under consideration of the authorities depending upon the availability of fund and support.

Co-ordinator: Mr. T.L. Jose

FRANCISCAN FAMILY APOSTOLATE

The aim of Franciscan Family Apostolate Scheme of Diocese of Irinjalakuda is to provide support to the poor and financially backward families. These families are identified and support extended so as to bring them to the mainstream of our Society. The fund for this Scheme is being mobilized as sponsorship from the good people residing in Canada, Australia, America, etc. They set apart a share of their income for social activities and upliftment of poor people in the society.

The fund received is transferred to the individual joint accounts of beneficiaries so as to improve upon their living conditions. The fund is mainly utilized for repair of their old houses, Income Generated Programme, Medical Care, Treatment, Higher Education of their children, etc. During the year of report, a total of 74 families were supported with a total amount of Rs 3,07,066/-. 

Co-ordinator: Mrs. Baby Joy
Human being is the most sophisticated creature Almighty ever crafted on Earth. With a rationale mindset he walks swiftly towards a progressive or destructive path of life. Human development is a process of change that happens in one’s life as who to be, what to do and how to live.

Department of Human and Institutional Development (HID) is one of the foremost wings of Social Action Forum. This department has two faces. The one is Human and the other being Institutional Development. For Human development, plenty of trainings on and off field in various subjects like (i) socio-economic situation of the society at zero level (ii) gender equality (iii) environmental science (iv) entrepreneurship development (v) financial management (vi) time management (vii) SWOT Analysis (strength-weakness-opportunity-threats) are imparted to SAFI personnel, local social action units, community members/self help groups and beneficiaries selected under different projects at periodic intervals.

**Human Institutional development** - Department of HID co-hand with local social action units which are said to be the vertebra of SAFI for the integral development of community. There are 135 such units functioning at each parish. Each unit elect a member as co-ordinator who represent the general body of SAFI. The activities of social action units are as follows:

**Farmers’ Day celebration** – Each farmer’s day reminds us that ‘making food is not the responsibility of farmers alone but all of us who needs it to live’. SAFI in association with Bank of India conducted farmers’ day celebration at SAFI auditorium on 19th July 2019 therein some accredited farmers were honoured. Among those farmers were Mr. Manikandan Challiyil, Mr. Thomas Vallomparambil and Mr. Thomas Konkoth. Farmer’s day gathering was inaugurated by national banking zonal manager Mr. Mahesh Kumar. The function was presided over by Rev. Fr. Varghese Konthuruthy, the Executive Director of SAFI. Mr. S.S.Ashish, the Chief Manager of Bank of India, C P C, Thrissur felicitated the audience. Mr. Dinil, Edathuruthy milk producers’ co-operative society secretary, Mr. Shyam Jose, Senior Manager and Bank of India, Chalakudy felicitated the audience.
Micro entrepreneurship assistance project (KSB CDC) – Objective of this programme is to generate more employment opportunities especially in rural areas. SAFI associating with KSB CDC (Kerala State Backward Community Development Corporation) as a joint venture conducted a micro entrepreneurship programme on 30-01-2019 at SAFI auditorium. While Rev. Fr. Varghese Konthuruthy, the Executive Director – SAFI presided, Sri P.N. Venugopal, District Manager KSB CDC, inaugurated the function. Rev. Fr. Robin Palatty, the associate director of SAFI and Mr. T.L. Jose - the co-ordinator are among those who spoke on that occasion. An amount of Rs. 50 lakhs for 10 self help groups at a rate of Rs. 5 lakhs each distributed under the program for starting various enterprises namely (i) Tailoring units (ii) Family Fancy shop (iii) Artificial Jewellery works (iv) Catering (v) Fish farming (vi) agriculture (vii) vegetable garden (poultry farm).

Solar Energy - It is a device that converts solar energy (sunlight) into electrical energy. There is an option for on-grid and off-grid power systems. On grid system is installed with the approval and support of KSEB with buy back policy. This device is suitable for houses/buildings, business establishments, hall/auditorium structures, school-college-hospital buildings etc.

Solar water heater - This device converts sunlight energy into thermal energy. Technical features of solar water heater:

1) Stainless inner and outer tank with aluminium structure
2) Thick & durable inner tanks to handle hard water
3) 3 layer coated high quality corrugated tubes
4) PUF insulation: 50 mm thickness.

During the period of reporting, 105 such water heater units were installed at different localities at a lower price. Solar Energy and Water Heater systems provided through SAFI are reportedly functioning well and they reduce electricity charges. SAFI introduces this technology in partnering with an organization of repute named Rysun Reenergy Solutions Pvt.Ltd. Thrissur district.

Home for Homless - Own an abode is the dream of all. It gives security, feel of dignity over and above a shelter to fulfill the dreams. During the ever worst hit flood in August 2018 thousands of people were displaced from their homes and property and a few hundred lost lives in the State of Kerala. In our jurisdiction, many lost their homes, land & pet animals enhancing their fear and desperation. To alleviate those sufferings, SAFI sought financial assistance from international/national/local philanthropic organisation like Caritas India. To this call, some of them gracefully responded. Names of those good hearted are mentioned herewith:

(i) Diocese of Rottenberg, W.Germany
(ii) Pavanatma Province of Holy Family Congregation
(iii) Karunya Trust - Kalyan Diocese, Bombay
(iv) Syro Malabar Charity Fund
(v) Well wishers
(vi) CSSS Jammu Kashmir
(vii) Diocese of Irinjalakuda

SAFI with the support of the said funding agencies could start 100 houses for flood affected families irrespective of caste or religion. Out of 100 houses, 34 houses are being built by the support of Diocese of Irinjalakuda. Efforts
are being made to complete the construction work by August 2019 and expected to conduct key handing over ceremony on 10th September 2019.

Institutional development - Role of Women Self Help Groups

Prime objective of this programme is socio-cultural-economical empowerment of community. There are 385 Women and 18 Men Self Help Groups registered with SAFI. It can be seen that 4.6% of the entire population is women. Discrimination towards women exists in every section of the society over centuries. In order to provide empowerment to women groups SAFI started formation of SHGs in the year 2001 after having observed their sustainability of activities and primary assessment. All selected SHGs were formed into groups comprising of 10 to 20 members and are registered with SAFI and will be known as Gramasree Groups. These groups elect president, secretary, treasurer and 2 committee members to govern it. SAFI make arrangements to audit their accounts annually through the detailed Animators from SAFI. Group members sit every week-end to discuss day to day affairs to monitor accounts transactions and plan for their activities during their discussions on contemporary subjects.

Training on Tailoring works - (Micro Enterprise Development Program)

With assistance of NABARD, a training programme lasting 13 days on tailoring with embroidery stitching was conducted at L. F. convent, Irinjalakuda auditorium on 10th January 2019. It was inaugurated by Rev. Fr. Varghese Konthuruthy, the executive director of SAFI. Presided over by Rev. Sr. Jesmy CMC. Administrative Officer Mr. E. J. Jose and Ms. Ruby the trainer spoke on that occasion. 30 aspirants participated in this training. All the participants were awarded with certificates at the end of the training program.

International women’s day - International women’s day celebration was conducted at SAFI auditorium on 8th March 2019 with the active participation of gramasree SHGs. Advocate Saiby Jose led the awareness class on “Participation of women in the development of family” before the commencement of inaugural function. SAFI associate director Rev. Fr. Robin Palatty welcomed one and all. Rev. Sr. Lilly Maria FCC presided over the function. Msgr. Anto Thachil, President SAFI Inaugurated the function. Ms. Nisha Ann Solomen spoke about ‘Legal Aid’. SHG Federation leader Mrs.Simi Davis, Bank of India CPC Chief Manager Ashish delivered felicitation address. SAFI Executive Director - Rev. Fr. Varghese Konthuruthy expressed the need to have more activities on empowerment of SHGs. He reiterated the need for eradicating cancer from the earth and for that he requested active participation of all SHG members by contributing their bit to prevent ‘cancer’. SAFI honoured three persons namely Binitha Jojo, Sherly Jaison, Arifa Ali, Sheela Raju who underwent persistent sufferings in their life but succeeded at last with determination and hard work. Mrs. Bindhu Vincent, the federation leader made vote of thanks

Leaders’ Meet

On 25.03.2019 leaders meet was organized at SAFI auditorium to discuss future action plan on ‘Ashakiranam project (campaign against prevention of cancer). 75 leaders representing SHGs participated in the campaign. All the leaders joined with SAFI in sharing their bit in Fund mobilization drive using different methods so as to have enough fund for medical treatment of cancer patients. For this, coupon books were printed as one book for one SHG member was provided in addition to certificates at the end of the training program.

(i) SHG leaders are enforced to award ‘grading’ to SHGs on performance. This grading is mandatory for loan to SHGs
(ii) Monitoring and evaluation of SHGs are to be carried out by leaders.
(iii) Leaders are to act as representative of SAFI for maintaining the net working/communication with SHGs.
Joint Liability Groups (JLGs)

During the reporting period, a sum of Rs.15,15,50,000/- is provided to 385 JLG groups out of 560 as soft loan for starting various income generating projects such as tailoring units, petty shops, agriculture development (paddy cultivation) vegetable farming, spices (ginger, turmeric) etc. Each JLG constitutes of 4 to 10 members. Its concept is that each member solely and collectively responsible to pay back. Interest rate is only 4%. JLG groups do farming work on fallow land taken on lease. There is significant improvement in food crop production by this activity.

Free Eye Camp

An eye check-up camp free of cost was organized on 10th March 2019 at SAFI Auditorium Co-operating with Lions Club Kombodinjamakkal Ahalya Eye Foundation palakad & Metro Hospital Irinjalakuda. There were 105 persons who participated in the programme.

Free Cancer Detection Camp

Cancer is a big menace. It affects mankind severely over centuries. After becoming malignant then there is no hope of back – track. Therefore, early detection is very important. On 23rd March 2019, a free cancer detection camp was conducted at SAFI auditorium Co-operating with Can Care & Lions club. 352 personnel attended in this camp.

Co-ordinator: Mr. T.L. Jose
SHGs of Spinsters and Sidelined Women (Social Mainstreaming of Spinsters and Sidelined Women)

A survey was conducted to identify the unmarried and single women with the help of the village (parish) social action units. Details of around 500 spinsters have been collected and a list at the diocesan level has been prepared. Later meetings were organized in different areas 20 SHGs have been formed. In order to strengthen and make them self-reliant trainings in micro-enterprises were conducted.

In collaboration with Kerala Social Service Forum Kottayam, SAFI launched a new project for women who are single, widows without children and unwed mothers between the age of 35 and 60. The project proposes the enlistment and empowerment of Spinsters (single woman) and organizing them into Self-Help Groups and empowering them by skill development and promotion of income generation programs. This endeavor aims to elevate the overall status of normally disowned, deprived single women and to socially legitimize “single womanhood” by providing full social and legal entitlement as well as equal opportunities like any other sanctified vocations of life like marital life, priesthood, nun-hood, etc.

Objectives of the project

- Create and maintain separate space in Kerala society for women opting and experiencing ‘single womanhood’.
- Organize the concerned women as a cohesive and socially sanctified segment with their fraternities, associations and federations constituted locally, regionally, and state level.
- Ensure human safety, gender/social status and livelihood security for the single women.
- Professionally equip the members as service providers in voluntary sector and human/social welfare institutions.
- Stabilize and upkeep the arena of humanitarian services by keeping in place an additional set up for quality services.

IGP - ASSISTANCE TO WIDOWS

Development of the society mainly depends upon the status level – financial and social – of the families. Major number of the families in the society are facing poverty. There is no regular income to eradicate the poverty from their family. Normally, ladies in the family are non-earning members. To eradicate poverty, it is necessary to generate additional income to the family. Proper utilization of funds, keeping good environmental conditions are also required. Women participation can play a vital role in generating more income to the family. To improve the quality and quantum of women participation in income generation SAFI introduced several training and fund input programmers.

Financial assistance: Widows age below 50. As a part of generating additional Income, 15 deserving widows were selected from different parts of flood affected area. The scheme includes financial support and general awareness for Goat rearing, Poultry Farming and Piggery etc. An awareness seminar was conducted on 27/02/2019 in which the scope and mission of the assistance was explained. On 15th March 2019, the selected group assembled again at SAFI Auditorium and Fr. George Vettikattil, Ex. Director, KSSF, Kottayam distributed the funds for procuring the assets. Now all these units are running well and generating a reasonable additional income to the families.

Orientation Program for widows

Up bringing the families – Socially and economically – is very important now a day. For the uplift of families, role of the women is very important. For the widow headed families this task is very crucial. Only through proper motivation and inspiration they could overcome the adverse situations facing by them. To encourage and stimulate the widows, SAFI conducted a one day orientation programme. On 5th December 2018, at Social Forum Auditorium, Rev. Fr. Robin Palatty headed a seminar on the subject – “Challenges of widows in upbringing their families in the Socio – Economic and environmental conditions of Kerala today”. In this seminar the participants were made aware of the assistance available to them from different agencies – from Central and State Govts., banks, and other social organizations. 133 women participated in the seminar. Feed back of the seminar reveals that most of the participants were motivated and are engaged in some activities which generate additional income to their families.

Co-ordinator: Mrs. Jaya Surendran
The block placement provides for field education as a stand-alone experience, separate from course work. The block placement expands the opportunities for students to have an in-depth learning experience in diverse settings, both international and domestic. Some of the most important learning that occurs during the completion of Masters of Social Work program happens outside the classroom. Field education, also called practicum, fieldwork or field experience, is the hands-on training portion of MSW program. Some entry-level positions may also accept candidates with a bachelor’s degree in psychology, sociology, or other related fields. Undergraduate Social Work Education: States require that social workers hold a Bachelor of Social Work (BSW) from a school approved by the Council on Social Work Education (CSWE).

According to Forbes Magazine, social work supervisors rank seventh on the list of most meaningful occupations. Pursuing this career path can provide added job satisfaction and a sense of purpose for social workers while allowing them to do the most good for clients and for our communities.

SAFI provided suitable platform to students for developing a social work experience, knowledge and skill that has highly useful to the public. The students were provided with opportunities to involve, interact and learn from the activities not only at the field but also at the organization too. During the academic year 2018-19, SAFI provided placement opportunities to students from following colleges:

<table>
<thead>
<tr>
<th>Name of the College</th>
<th>Course</th>
<th>No. of students</th>
</tr>
</thead>
<tbody>
<tr>
<td>Holy Cross IMCT, Calicut</td>
<td>MSW</td>
<td>2</td>
</tr>
<tr>
<td>De Paul Angamali</td>
<td>MSW</td>
<td>1</td>
</tr>
<tr>
<td>St. Joseph College, Irinjalakuda</td>
<td>BSW</td>
<td>5</td>
</tr>
<tr>
<td>Marian College, Kuttikanam</td>
<td>MSW</td>
<td>1</td>
</tr>
<tr>
<td>SNDPYSS College, Perinthalmanna</td>
<td>MSW</td>
<td>4</td>
</tr>
</tbody>
</table>

Co-ordinator: Mr. Jose E. J.
Value Education is more important than any other form of wealth. In order to promote Professional Education Scheme, SAFI formulated this scheme to provide opportunities for higher education for children who belong to economically backward families in the societies so as to make them capable of equipping themselves with better and higher education and to be good citizens of India. Such students are identified by SAFI and support is extended to them in the form of free education. The beneficiaries are identified from the BPL category or students from financially backward families.

SAFI provides the best opportunities for professional education. During the year of report, an amount of Rs.1,05,000/- was distributed among 14 deserving students for higher education. As in the past, Professor P C Thomas was kind enough to support SAFI for providing free professional education for 25 deserving students especially for Entrance Coaching Camp for Engineering and Medicine. SAFI remain thankful to Prof. P C Thomas for providing his sincere and dedicated services for the cause of these poor, selected and deserving students for Professional Education aiming for a better tomorrow in the years to come.

Co-ordinator: Mrs. Baby Joy
Institution Based Rehabilitation (IBR) – There are two Institutions established by SAFI to promote institutional based rehabilitation programs. Ashanilayam Special School Kottanellur was established in 1998 and Santhome Special School Edamukku, Kodungallur in 2014 both managed by Social Action Forum Irinjalakuda. These institutions are functioning well within the limited resources under IBR program of SAFI. While a total of 80 children with mental disabilities are being cared for at Ashanilayam, 65 are cared for at Santhome. They are being provided with elementary education, activities for daily living, skill & vocational training and different therapeutics on need basis under IBR program.

a) Ashanilayam-Special School for Mentally Challenged – The special school provides self help skills, activities of daily living, occupational, physiotherapy & horticulture therapies and training on vocational, skills, activities for daily living and other assistance as per need in addition to Elementary education. The special school is a registered institution under the PWD Act bearing No. 555/2017(Renewed wef 12.11.2016) dated 01-03-2017 with the State Government of Kerala. 80 differently abled children with mental disabilities are being cared for by 13 qualified and experienced teachers of the school. All teachers were provided with capacity enhancement training on managing the children with mental disabilities and ensured optimum utilization of available manpower as per the syllabus of the school. The special school has a hostel known as Kripabhavan. 14 students of the special school are being cared for at the Hostel. The school participated in Special Olympics 2018-19 conducted by Lions District 318D at Irinjalakuda Shanthinikethan Public School and won Overall 2nd Championship under boy’s section. The Children also participated in sports competition conducted by Special Education Association Kerala (SPEAK 2019) at Cheroor Govt. Engineering college ground and won Overall 3rd Championship in Thrissur district. All Winners of Ashanilayam were given warm welcome by Velukkara Gramapanchayath.
Horticulture therapy is unique to Ashanilayam special school and the school compound itself is flourishing with green plants and herbal bushes of bio-agriculture nursery. This therapy helps children to live in an environment of nature and enjoy pure and fresh air. As a result, the students not only reduce their mental ability but also their integral development of memory power, digestion, joints flexibility, improved speech, energetic movements etc. This year also the children had their own cultivation of vegetables like cabbage, cauliflower etc.

b) Santhome Special School – Kodungallur - SAFI established another special school namely Santhome, at Edamukku, Kodungallur, realizing the presence of large number of children who are mentally challenged in Kodungallur Municipality and the adjacent Panchayaths. The land for the special school was provided by the Diocese of Irinjalakuda. A new special school building has been built with super structure and the special school is fully functional with all necessary infrastructure and amenities with effect from 01-06-2017. The special school is a registered institution under the PWD Act bearing No. 1009/15/2018 (Renewed wef 16.11.2018) with the State Government of Kerala. The special school has 65 differently abled children cared for by 9 qualified and experienced teachers. The services to the special school are being provided by the congregation of the sisters of St. John of St Mark, Indore Province. The school participated in Special Olympics 2018-19 conducted by Lions District 318D at Irinjalakuda Shanthinikethan School, Sports competition at Cheroor Govt. Engineering college conducted by Special Education Association Kerala (SPEAK 2019) and won a number of prizes.

National Trust - Social Action Forum Irinjalakuda is a registered NGO with National Trust vide Registration No. KSOC16515653556 dated 30-03-2017 under section 12 (4) of the act for a period of 5 years from 13-02-2017 to 14-02-2022. SAFI being a facilitator for the rehabilitation of disabilities, The National Trust is supporting this organization in strengthening special teachers, parents of children with disabilities through regular awareness programs and seminars benefitting persons with disabilities.

Co-ordinator: Mr. Jose E. J
Organic Agriculture - Organic Agriculture can be defined as the art of growing food crops and cash crops needed by man. This has passed through a series of phases. Agricultural practices and technologies have grown rapidly and selection of farming method totally depends on the financial condition of the farmer. The ultimate aim of all these farming practices is to achieve better and higher yield. Agriculture can be either sustainable agriculture, industrial agriculture or organic agriculture. Prakruthi Agriculture Nursery at Kottanellur was established by SAFI aiming to protect nature and to have sustainable, organic agriculture farming system and to protect the farmers’ interests.

Organic Farming - It is the practice of farming or raising of crops and other livestock without using any inorganic chemical fertilizers, pesticides or any other genetically modified organisms. With organic farming, the productivity of the farming fields is enhanced along with economic growth, thus promising a sustainable environment. Nowadays, farmers are aware of the harmful and toxic effect of fertilizers and other crop protecting chemicals used. As a result, they started to rely on organic farming. It has many benefits over the other practices. They are eco-friendly and help to reduce the soil infertility and soil erosion issues. It enhances the organic productivity which promotes a healthy lifestyle. The Prakruthi Mixed Farm School & Agriculture Nursery Kottanellur is taking maximum initiative for organic farming, imparting training to farmers, development of dairy farm, goat rearing, produces vermin composts and functioning as a model Unit.
Types of Organic Farming - Organic farming is primarily of two types, namely:
1. Pure organic farming
2. Integrated organic farming

Pure organic farming involves avoiding all artificial chemicals. Every fertilizer and pesticide that is used is derived from completely natural sources such as blood meal or bone meal. Integrated organic farming involves integrating techniques aimed at achieving ecological requirements and economic demands such as integrated pest management and nutrients management.

Nutrients Management in Organic Farming - Organic farming follows a healthy way of farming for both crops as well as consumers. In this method, composted organic manure is used for nutrition of crops and thus, improves the organic content and fertility of the soil. Apart from manures, bacterial and fungal biofertilizers are also used for enhancing the soil nutrients.

Weed and Pest Management - Crop rotation, mixed cropping, organic control, hand weeding are the other techniques used in organic farming to maintain soil fertility and for pest- weed control. These systems of pest and weed management and soil protection make organic farming the best method. Sometimes, natural or other organically approved insecticides like neem pesticides are also used.

Disease Management - Diseases can be a major concern for organic farmers as it might reduce crop yields. So, supplying important macro and micro-nutrients and adopting crop rotation is crucial to prevent various plant diseases. Even the soil is enriched with useful microbes, fungi, and bacteria to prevent harmful organisms in check. Organic fruits and vegetables are not the only examples of successful organic products. Recently, dairy products which are organic are noticeable. Livestock is another example of organic farming.

Advantages of Organic Farming
- Improves soil fertility and maintain biological diversity.
- Good for the environment and yields are healthy for human and animal consumption.
- Prevents soil erosion, degradation and crop failure.
- Decrease pollution and the whole farming can easily rely on renewable energy sources.
- Improves the soil fertility and enhances its chemical and physical properties.

Infact organic farming is a future scope and best method for farmers which are profitable and rewarding.

Dairy Farm - The population explosion has led to greater demand for the basic requirements such as food, shelter, clothing, etc. To meet the increasing requirements and demands we need to apply a greater effort. Animal husbandry is the science of farming of animal livestock. It includes caring, breeding and management of livestock. Animal husbandry is a large scale business where animals that provide us food are reared, bred, sheltered and cared in a farm or regions which are specially built for them. Animal husbandry was initiated with cattle farming. Under the cattle farming, livestock such as cows, goats, bafflewol etc. are reared.
Farm Management - Cattle farming are not all about milk or meat production. To meet the human requirements, we need to take constant care and need proper management of livestock.

Shelter
- In cattle farming, animals are maintained in a strictly hygienic manner with proper housing. For the maintenance, we need to follow some routines.
- Animals and their sheds need to be cleaned at a regular interval.
- Animals should be brushed regularly to remove the dirt and bugs in their body.
- The shed should be well-ventilated and roofed so that animals are protected from rain, heat, and cold.
- A proper drainage system should be there to remove animal waste.

Food
Food requirements of animals are also a part of cattle farming. To maintain high yielding and disease-resistant breeds, they must be provided with adequate water supply and nutrient-rich fodder regularly according to their needs. In cattle farming, two factors are considered regarding the food of cattle. The food that is provided must keep the animal healthy as well as it should meet the farming requirement. Hence, the animal feed includes roughage (high fiber content) and concentrates (high proteins and nutrient content). In addition to this, supplements containing micronutrients are also provided to animals. An adequate proportion of these rations promote healthy and high output animals.

Disease Management
The third responsibility of cattle farming management is to maintain disease-free breeds. Animals are not an exception to disease. They also suffer from numerous diseases. This may affect the health as well as productivity of animals; even cause their death. Parasites, bacteria, and viruses are the major villains here. These microbes infect the cattle externally as well as internally. Vaccination is the one solution for the protection against bacterial and viral infections.

Services by Prakruthi Mixed Farm School & Agriculture Nursery, Kottanellur -
- Agriculture Information Centre - The agriculture information library is made available and opens to the public every day from 09.00 am to 05.00 pm.
- Agro-clinic – An expert on Agriculture is available at the Nursery to address problems of farmers on all Saturdays.
- Impart training on organic farming for different organizations and societies like farm clubs, “Kudumbasree” Units, Schools, and Non-Governmental Organizations.
- Conduct classes for farmers on Organic Agricultural & Dairy farming.
- Arrangements for implementation of Horticulture therapy to students of Ashanilayam Special School.
- Provided training to “Kudumbasree” members and others on different subject like construction of cattle shed, Animal Husbandry, Bio fertile, vermin compost, flower garden, budding, grafting etc.
- Organize seminars and classes to SHG/JLG members on Food Security, Kitchen Garden and Medicinal Plants.

Farm Manager: Mr. John Varoky

Annual Activity Report 2018-2019
SOCIAL ACTION FORUM IRINJALAKUDA

FLOOD & RELIEF ACTIVITIES TAKEN BY DIOCESE OF IRINJALAKUDA

From 8th August 2018, severe floods affected the south Indian state of Kerala, due to unusually high rainfall during the monsoon season. It was the worst hit flood in Kerala nearly a century. Over 483 people died, and 14 are missing. All 14 districts of the state were placed on red alert. According to the Government of Kerala, one-sixth of the total population of Kerala had been directly affected by the floods and related incidents. The Government of India had declared it a Level 3 Calamity, or “calamity of a severe nature”. It is the worst flood in Kerala after the great flood of 99 that took place in 1924.

The Rehabilitation activities taken up by Diocese of Irinjalakuda

During the time of flood 158 relief camps were set up in various parishes and Christian institutions and cared for 21,000 families. In order to activate these camps more effectively, the churches and Parish institutions were brought under 3 zones. Items like food, medicines, clothes etc with a sum of Rs.1,75,00,000/- collected from different parishes & other religious institutions has been spent in the camps. Bishop’s House, Social Action forum, AVARD & Kerala Sabha have spent a sum of Rs.3,85,000/- in Relief Camps. The flood affected houses, institutions and public places were cleaned with an expenditure of Rs. 2,15,000/-. A sum of Rs.3,00,000/- has been spent for drinking water well cleaning etc. The Diocese gave 11,000 kits containing daily required items worth Rs. 66,00,000/- to the families. Thus a total sum of Rs. 2,50,00,000/- has been spent as rehabilitation activities for the flood affected areas. The organization like KCYM, CLC, and Jesus Youth from different Churches engaged in relief activities.

The Rehabilitation Activities with the Support of Caritas India

Caritas India extended all their support to the Diocese of Irinjalakuda through Social Action Forum. We take this opportunity to thank Caritas India in rebuilding and retrieving the victims of flood 2018. Social Action Forum Irinjalakuda reached out to the most affected flood victims to mitigate their sufferings with the different types of support provided by Caritas Indian through their difference programs. All these programs were planned and executed by well experienced members of Caritas India. Participation of Village/Community level committees/groups headed by Caritas India and SAFI helped to identify deserving beneficiaries. The Village/Community level Groups and the participants were provided with necessary training prior to implementation of all the projects/programs. Following were the main programs supported by Caritas India and implemented by SAFI.

a) E A Kits:
The Caritas India allotted 1000 Wash and 1000 Utensil kits to the flood affected areas as emergency relief activity. These kits were distributed in Alamattom, Kundoor, Kuzhur, Thirumukulam, Thumbaraseery, Kakkulaserry, South Thanissery, Kallur, Vynthala West and Kallur of Thirumukulam, Kakkulissery, Kallur Vadakumury and Alathur villages under the direct supervision of Caritas India, Social Action Forum and representatives from Public and Parishes.

b) Kider Mission:
The Caritas India has allotted 500 Education kits, 500 Wash kits and 250 baby kits for the children below the age of 18 years in four flood affected villages. Accordingly Karalam, Kattoor, Parappukara and Aloor villages were selected. For the proper implementation of the project, a Project Coordinator and Community Facilitators were appointed and Training was given and 4 village committees were formed. The Ward members, Anganwadi members, Social leaders...
and Parish committee members were formulated in the village. Necessary survey was also conducted by Community Facilitators in each village to find out the most eligible beneficiaries. The Beneficiary Selection Committee selected and approved the most deserving families and published the beneficiary list in prominent public places well before the distribution. The feedback on the kit distribution was very positive and the beneficiary community, as a whole, appreciated the service of Caritas India.

c) Child Friendly Space (CFS):
The Caritas India had sanctioned each Child Friendly space in Karalam, Kattoo, Parappukara and Aloor villages where the children were severely affected by flood. The period of the project is 3 months from 07-09-2019 to 07-12-2019. Social Action Forum with the financial support from Caritas India, Toys, Play Materials, Story books and other items were procured and issued to the CFS located in Anganwadies. Community Facilitators and Peer Educators were appointed for the functioning of the CFS at Anganwadies. Age wise activity charts were prepared and exhibited in the CFS. As a part of CFS, Child Protection Committee was formed in each village for the protection of the children.

d) Kerala Flood Recovery Programme
Caritas India has sanctioned a project for a sum of Rs. 75,00,000/- for the recovery from flood as shown below:
1. House repairing - 82 Nos.
2. Wash Sector (Toilet repairing, chlorination and water testing) - 70 Nos.
3. Lively hood (Poultry, goat rearing, Seedlings support) - 218 Nos.
Prior to implementation of the projects, formation of village committee, necessary training, financial support, selection of areas and beneficiaries are conducted smoothly under the direct supervision of officials from Caritas India and Social Action Forum.

Co-ordinator: Mrs. Baby Joy
JALANIDHI
Ozhur is a Village in Tanur Block in Malappuram District of Kerala State, India. It belongs to North Kerala Division. It is located 24 KM towards west from District head quarters of Malappuram. It is 348 KM from State capital Thiruvananthapuram. Ozhur is surrounded by Tirur Block towards South, Tirurangadi Block towards North, Vengara Block towards East, and Kuttippuram Block towards East. Tirur, Malappuram, Ponnani, Perinthalmanna are the near by Cities to Ozhur. It is near to Arabian Sea.

Kerala was a signatory State on the Cochin Declaration that brought in reforms in rural water supply sector in the Country. Subsequent to Cochin Declaration in 1999, Government of Kerala successfully negotiated a rural water supply and sanitation project with loan funding from the World Bank. This project has been subsequently renamed ‘Jalanidhi’. It introduced some reforms in the rural water supply sector and is based on principles such as demand responsiveness, community ownership and sustainability of investments through cost recovery and participatory operations and management. The institutional architecture of Jalanidhi partners consists of Grama Panchayaths, Beneficiary communities, Government of Kerala and NGOs acting as supporting organisations. The Jalanidhi model of rural water supply schemes has successfully demonstrated an equitable, inclusive and decentralized delivery system benefitting the SC, ST and BPL category of rural households in Kerala.

Support organizations (SO) - SAFI or Grama Panchayath Action Team (GPAT)
The efficient and scientific implementation of the project in the Grama Panchayath needs an effective institutional support mechanism to address the technical, community development needs of the GP. Social Action Forum (SAFI) being the SO, having the capacity and prior experience in WATSAN as well as in the Rural Development area is selected to facilitate the project implementation at GP level to support the GPs. The team of Social Action Forum Irinjalakuda was given adequate capacity to support and training to facilitate and implement the project at the grass roots level. The administration of SAFI had signed a contract between the GP and concerned organization. SAFI rendered all required support to the GP in creating awareness of the project among the people by conducting GP level IEC campaigns on reform principles in RWSS. SAFI, in liaison with GP, mobilized the needy sections of the community in the GP having acute water scarcity, into registered Beneficiary Groups through appropriate social mobilization processes.
SAFI assisted institutionalization and capacity building of the BGs by facilitating to evolve systems and procedures for conducting meetings and record keeping. SAFI also assisted the BGs in identifying feasible and sustainable solutions to their Watsan problems, adopting technology choices, mobilizing community contribution etc through informed decision making. They assisted the BGs and guided them in procuring goods, works and services by advising them on quality parameters, procurement methods, stores management etc. SAFI had the responsibility to ensure the quality of materials purchased by BGs, monitoring, measurements and check measurements progressively. SAFI had ensured timely completion of the project for a smooth exit.
Construction of Booster Tank in Nirappil.
Construction of both the booster tanks and outlets has been completed. Ozhur GP has 2 overhead tanks. One tank is erected in 'Nirappil' with a storage capacity of 14.7 lakh liters of water and the other at 'Vellachal' with a capacity of 25000 liters of water and they are ready for operation.

Distribution Line
The task of laying the pipe line for water distribution for 151 Kms has been completed and ready with distribution connections to 3300 houses of the GP. Once the water recharging is materialized, the water supply to each house will be ensured.

Community Mobilization
Community Mobilization is an important part of the project and therefore, it is necessary to get the participation of the community in the preservation of water conservation as well as proper management of water. As a part of the project Rs 10,00,000/- were utilized to construct toilets for two of our schools at CPHMH School Vellachal and AMUP School Ayyays and they were inaugurated by Thanur MLA on 23rd January and 4th February 2019 respectively.

Inspection by World Bank Mission
The World Bank Mission visited the site of the Jalanidhi project on 11th February 2019 at Ozhoor- Thennala – Perumanna GPs and carried out inspection. They expressed their satisfaction in the implementation of the project and directed to commission the project at the earliest.

Co-ordinator: Mrs. Jancy Anto
Health insurance plans come in various size, shapes and forms to meet medical needs of common people. An unexpected accident or serious illness may sometimes shatter the financial position of an individual or even the family as a whole. The duration of all the insurance schemes is one year. In order to help the common people, SAFI introduced Mediclaim Insurance Scheme in collaboration with the support of M/s. United India Insurance Company, a Nationalized Insurance Company in India. During the year of report, a total of 968 families benefitted through Company’s General Insurance Policy, Family Medi-Care Policy, Accident Policy, Accident death coverage policy etc. A total premium of Rs 43,61,856/- was paid to the said Insurance Company during the reporting year whereas the total payment made to the Policy Holders was Rs 44,50,251/-. We remain thankful to M/s. United India Insurance Company for their support and guidance in meeting the needs of our families and in meeting the Medical Insurance coverage. Almost all the parishes under the Diocese have generally contributed to make this Insurance Scheme; mainly meant for the poor people, a great success.

Co-ordinator: Mrs. Baby Joy
The national policy of insurance for all has been accepted as a viable challenge by Social Action Forum Irinjalakuda. SAFI in collaboration with Life Insurance Corporation of India had successfully launched this program during the year 2008 with the sole aim of providing life insurance protection besides introducing a habit of saving money through Micro Insurance scheme. Gramasree Self Help Groups and local social action units are taking active participation in implementing the scheme.

This Jeevan Madhur Micro Insurance scheme is optional from 5 to 15 years. The quarterly premium payable range is Rs 250.00 to Rs 500.00 and the sum assured vary from Rs. 5,000.00 to Rs 30,000.00. This Insurance policy covers benefits including cases of natural death, accidental death and permanent disabilities caused by accidents. The case of no claims preferred during the policy period, the sum assured will be refunded on maturity of the policy along with bonus accrued thereon.

During the period 2018-19, 159 policies have been matured and a total of Rs 19,08,000.00 could be paid to the policy holders. Three policy holders expired during the year of report and the LIC was kind enough to pay the insurance amount to their nominees worth Rs 46,000.00.

Social Action Forum Irinjalakuda could provide benefits of Jeevan Madhur Micro Insurance Scheme supported by LIC of India to our beneficiaries for the last 10 years successfully since its inception in September 2008.

Co-ordinator: Mrs. Jancy Anto
Federal Ashwas Financial Literacy Centre, Irinjalakuda

Federal Ashwas Financial Literacy Centre is established to focus measure quantum of Financial Literacy efforts through conduct of Financial Literacy camps/Meetings, Counseling on Financial credits, imparting education on various financial Products, services, Schemes available in financial/banking sector, Digital Banking, benefits of Saving and Family Budgeting etc. to the common people, farmers, especially weaker sections of our Society.

Financial Literacy Centre at Irinjalakuda has been working with the active support and participation with Social Action Forum, Irinjalakuda since 2012. This Centre is an initiative of Reserve Bank of India and sponsored by Federal Bank Limited.

The other activities of Federal Ashwas include guidance and implementation of various Social Security Schemes of Central Government like Jan-Dhan Yojana, Surksha Bhima Yojana, Jeevan Jyothi Yojana, Mudra Loans, Sukanya Samrdrhi, Adal Pension Scheme, PMAY, etc. in addition to serving as an information centre on various loan schemes and subsidy schemes of Central/State/NABARD. During the period of 2018-19, the Centre was able to conduct over 125 meetings/camps to different beneficiaries like SHG, Farmers, Students, Senior Citizen, SME, etc.

Counsellor: Mr. Joy K.P.
Ashakiranam – A Campaign against cancer

Spreading the word about cancer prevention in communities
SAFI works to keep the public aware of the signs and symptoms of cancer - the earlier cancer can be detected, the better the chances for treatment and survival. The purpose of training people to deliver cancer prevention message is to build participants’ understand the importance of health and keeping well for their family and their working. Cancer disease poses great challenge to humanity for centuries. According to Data from Indian Council of Medical Research, there are 25 lakhs cancer patients at present in our country. A brief note on causes of cancer and its prevention are given below

<table>
<thead>
<tr>
<th>Cancer</th>
<th>Cancer is a group of diseases involving abnormal cell growth with the potential to invade or spread to other parts of the body.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Specialty</td>
<td>Oncology</td>
</tr>
<tr>
<td>Symptoms</td>
<td>Lump, abnormal bleeding, prolonged cough, unexplained weight loss, change in bowel movements</td>
</tr>
<tr>
<td>Causes</td>
<td>Tobacco, Obesity, poor diet, lack of physical activity, excessive alcohol, certain infections, environmental pollution.</td>
</tr>
<tr>
<td>Treatment</td>
<td>Radiation, Surgery, Chemotherapy</td>
</tr>
</tbody>
</table>

PREVENTION
Cancer prevention is defined as active measures to reduce cancer risk. The vast majority of cancer cases are due to environmental risk factors (air-water-soil pollution). Many of these environmental factors are controllable lifestyle choices. Thus cancer is generally preventable. Greater than 30% of cancer deaths could be prevented by avoiding risk factors: Tobacco, excess weight/obesity, insufficient diet, physical inactivity, alcohol, sexually transmitted infections.
Initiative of Caritas India
Ashakiranam- is an initiative of Caritas India, the official developmental organization of Catholic Bishops Conference of India (CBCI) in partnership with diocesan social service societies. During the reporting year (April, 2018 to March 2019), Social Action Forum Irinjalakuda, conducted orientation programs, medical, cancer detection camps in partnering with youth organizations, Colleges, Self Help Groups and parish associations, educating people to prevent this disease. Major interventions (seminars and camps) are as follows:

<table>
<thead>
<tr>
<th>Sl. No.</th>
<th>In partnering with</th>
<th>No.of participants</th>
</tr>
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<tbody>
<tr>
<td>1</td>
<td>Kerala Catholic Youth Movement (KCYM) Diocese of Irinjalakuda. ‘Campaign against Cancer’ was inaugurated by Rt. Rev. Dr. Pauly Kannookadan, Bishop of Irinjalakuda Diocese. Directors, office bearers and members of KCYM, Directors of Social action Forum &amp; staff and Caritas India official participated. Mr. Abeesh, Caritas India Officer and Mr. Paul Joseph delivered lecture on oncology.</td>
<td>53</td>
</tr>
<tr>
<td>2</td>
<td>Seminar at St. Jude Church, Munippara. Fr. Varghese Konthuruthy inaugurated the function. Sr. Dr. Anjo CSC delivered class on oncology. Parishioners and delegates from youth organizations attended.</td>
<td>125</td>
</tr>
<tr>
<td>3</td>
<td>Awareness seminar for SAFI co-ordinators at SAFI auditorium. Class led by Dr. George Leon.</td>
<td>94</td>
</tr>
<tr>
<td>4</td>
<td>Volunteers gathering at Trichur- in association with ‘Santhwanam’ – (official organ of Diocese of Trichur for social work). Bishop Tony Neelamkavil, Dr. V.R. Haridas, Rev. Fr. Paul Moonjely, Mr. Anil Akkara M.L.A and Directors of SAFI &amp; Santhwanam, and several dignitaries from different sections of society, Self Help Group members attended.</td>
<td>1000 From SAFI 55 members</td>
</tr>
<tr>
<td>5</td>
<td>Orientation seminars for members of projects named Save A Family This project is meant for family development. Mr. Paul Joseph, the project co-coordinator delivered classes – 3 nos.</td>
<td>300</td>
</tr>
<tr>
<td>No.</td>
<td>Activity Description</td>
<td>Attendees</td>
</tr>
<tr>
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</tr>
<tr>
<td>6</td>
<td>Orientation seminar for Self Help Group members. Dr. George Leon &amp; Mr. Paul Joseph, project coordinator, delivered the classes (6 nos.)</td>
<td>500</td>
</tr>
<tr>
<td>7</td>
<td>Ashakiranam project volunteers joining hand with MSW department of St. Joseph's college, Irinjalakuda. College Principal Sr. Dr. Christy CHF, Rev. Fr. Robin Palatty, SAIF Associate Director, Caritas Officials, Project coordinator and students attended.</td>
<td>85</td>
</tr>
<tr>
<td>8</td>
<td>Orientation seminars for Self Help Group members. Mr. Paul Joseph, the project coordinator took the class at Maramkodu parish.</td>
<td>13</td>
</tr>
<tr>
<td>9</td>
<td>Seminar on Oncology and medical camp at Porathiserry parish. Dr. Jose Babu and Dr. C.D. Varghese led the entire sessions. Fr. Varghese Konthuruthy, the Executive Director of SAIF, parish priest and the parishioners attended.</td>
<td>153</td>
</tr>
<tr>
<td>10</td>
<td>As part of World Cancer Day, Social Action Forum and Caritas India organized a one-day seminar for the members if Women Self Help Groups at Social Forum Auditorium on February 6, 2019.</td>
<td>69</td>
</tr>
<tr>
<td>11</td>
<td>On 10th March 2019, 3500 Women volunteers who are from SHGs have been selected and arranged parish level training in eradicating Cancer from earth phase by phase. 1st Phase to have fund to support the suffering population under the diocese of Irinjalakuda. 2nd Phase to have clean environments at domestic level.</td>
<td>310</td>
</tr>
<tr>
<td>12</td>
<td>Free Cancer Diagnostic Camp: As part of Caritas India’s ‘Ashakicana’ project, the social action forum, Kombodinjamakkal Lions Club and Ernakulam Cancer Society jointly conducted a free cancer diagnosis on March 10 at the Social Forum Auditorium.</td>
<td>310</td>
</tr>
</tbody>
</table>

Co-ordinator – Mr. P.O. Joseph
1. SAFI being a facilitator in rehabilitating children with disabilities, it has undertaken paramount steps to manage, train and to provide better mental and health care right from its inception since 1995. This welfare organization – Diocese of Irinjalakuda rightly provided enough opportunities to empower parents in caring children with disabilities (CWDs) at home with love and affection. In fact these children are Gift of God and therefore it is our prime duty to provide all possibilities to pay more attention in caring for them with abundant love and unending patience and good hospitalities no matter how severe the disability of the child may be including mental disabilities. Let us not count the age of a CWD, but let us keep inspiring them with love, affection and acquiescent approach.

2. Keeping the objectives to train children with special needs in their activities of Daily Living and in vocations for social adaptability, the Department of Rehabilitation adopted two different methods to deal with disabilities – Community Based Rehabilitation (CBR) and Institution Based Rehabilitation (IBR). The Community Based Rehabilitation program is sponsored by Liliane Fonds – a Netherland based organization through its Strategic Partner Organization – Catholic Health Association of India – Liliane Fonds (CHAI-LF) Secunderabad aiming at children/youngsters with disabilities under the age group of 25 years. SAFI continue providing empowerment programs to parents of CWDs through awareness classes, meetings and seminars enabling environment programs organized periodically from time to time so as to ensure that all CWDs are cared with due regard and due consideration that they deserve. CWDs deserve no sympathy but the rights, due care, love and consideration as a human being with equal opportunity in every walk of life.

3. The Government has a number of programs for persons with disabilities (PWDs) like monthly disability pension, scholarships to children attending schools/Colleges, Vocational Training, job opportunities, job oriented courses, different insurance schemes, projects on Cochlear Implantation, “Snehasparsam”, “Cancer security & “Thalolam” – a scheme for providing financial assistance to children below 18 years for diseases like Heart, autism and providing different aids needed by persons with disabilities. Yet these benefits don’t reach the deserving beneficiaries due to lack of information, communication or indifference from the part of parents etc.

4. Community Based Rehabilitation. During the period under report, SAFI had conducted 2 awareness programs planned under Enabling Environment Activities for parents of CWDs and for the special teachers on child management and caring children with disabilities. SAFI had conducted two programs while one was at RCUP School Auditorium, Kaipamangalam on 01st December 2018 and the second program was organized at Social Action Forum Irinjalakuda on 03rd December 2018 to benefit CWDs/PWDs / their parents and care takers. The details of program were as follows:-

a) Enabling Environment Program - Kaipamangalam on 01-12-2018 - The inaugural function of Enabling Environment program commenced at 10.00 am. Sri David, Social Action Unit Co-ordinator welcomed all present. Rev. Fr. Sojo Kannampuzha of Kaipamangalam Parish inaugurated the function. Rev. Fr. Varghese Konthuruthy, Executive Director SAFI addressed the gathering stressing the need of caring for CWDs – The gifts of God. Mrs.Sumam, Child Development Project Officer, Mathilakam Block stressed the need in caring the children with disabilities. Mrs. Baby, HM of RCUP School facilitated the gathering wishing all the best to Social Action Forum in arranging such programs for the sake
of children with disabilities. Mrs. Sumam, Child Development Project Officer, Mathilakam Block led the awareness programs on Rights of CWDs & Child Development programs to parents in the morning session and child management and Elimination of physical attitudinal barriers of CWDs in the afternoon session. She reiterated the need of caring for the differently abled children especially children with mental disabilities. She explained parents about the schemes and benefits brought out by the government in the 13th Five Year Plan to PWDs/CWDs. The resource person enquired from the participants if anyone is not in receipt of Government pension, Scholarships to their children or other benefits as per authorised schemes. All parents of CWDs unanimously stated 100% Yes. She further clarified the doubts of audience. The resource person expressed her gratitude and thanked SAFI for conducting such programs for the sake of children with disabilities. The program came to an end at 3 pm with thanks by Mr. EJ Jose, Coordinator Rehabilitation SAFI. A total of 121 participants attended the awareness program including Special Teachers of Ashanilayam and Santhome special schools managed by Social Action Forum Irinjalakuda.

All the Anganwadi workers located at Panchyaths of Kaipamangalam GP and Mathilakam Block especially the ICDS officials extended their active participation in circulating the programs to the beneficiaries, parent of CWDs and PWDs. The ICDS Officials welcomed such programs organized by Social Action Forum Irinjalakuda in the interests of common public especially the PWDs /CWDs. It was a confirmation from the participants that all CWDs are in possession of valid MDC, Government Disability Pension and Scholarships to school going CWDs.

b) Enabling Environment Program - Irinjalakuda on 01-12-2018 - The inaugural function of Enabling Environment program commenced at 10.00 am. Rev. Fr. Robin Palatty, Associate Director SAFI, welcomed one and all present. Rev. Fr. Varghese Konthuruthy, Executive Director SAFI addressed the gathering stressing the need to care for CWDs – a Gift of God. Rev. Sr. Jeseena CSE, Child Counselor, inaugurated the function stressed the need for paying extra care to children with disabilities especially children with mental disabilities. The Co-ordinator Rehabilitation SAFI gave thanks to all distinguished guests and participants at the end of the inaugural function. Rev. Sr. Jeseena CSE, Child Counselor led the awareness programs on Rights of CWDs & Child Development programs to parents in the morning session and Child Management and Elimination of physical attitudinal barriers of CWDs in the afternoon session. She reiterated the need of caring for the differently abled children especially children with mental disabilities. She explained parents about the schemes and benefits brought out by the government in the 13th Five Year Plan to PWDs/CWDs. The resource person enquired from the participants if anyone is not in receipt of Government pension or Scholarships to their children, all of them unanimously stated 100% Yes. She clarified the doubts of audience. The resource person expressed her gratitude and thanked SAFI for conducting such programs for the sake of children with disabilities. The program came to an end at 3 pm with thanks by Mr. EJ Jose, Coordinator Rehabilitation SAFI. A total of 132 participants attended the awareness program.

Visit by CHAI-LF team to Partner Organization- SAFI - Mr. Raju, Asst. Programme officer of CHAI-LF and Mr. Shekhar, Accounts department CHAI, Secunderabad visited Partner Organization, SAFI from 3rd – 5th February 2019. They carried out field visits to houses of children with disabilities on 3rd and visited office on 4th February and expressed their satisfaction.

Co-ordinator: Mr. Jose E. J
Addiction to Psychoactive substances is the most dreadful epidemic of the 21st century affecting mostly the younger generation who are craving for the pleasure of life. This is not only destroys our rich cultural heritage, but also the sanctity and stability of our family relations, since this addiction affects the normal thinking and behavior pattern of an individual. To fight against this social epidemic, Navachaithanya has started its first counseling cum awareness centre at Aloor in March 1991. For being in this field for a few years, we understood that the treatment and the rehabilitation are the two inevitable stages of De – addiction. Thus we have started a De-addiction cum rehabilitation centre of 15 bedded hospital at Anandapuram in September 1994.

During the last 24 years of its service, 8632 addicts and their families were given treatment and counseling services. Most of the patients are motivated to this centre by our Ex-addicts and also from the Navachaithanya De-addiction Camps conducted every month by our Drug Awareness Counseling Centre at Aloor. Thus we demand for treatment and counseling services for alcoholics and drug addicts are increasing day by day. Due to lack of facilities we are forced to convert our 15 bedded hospitals to 30 bedded hospitals from September 2000 onwards by taking an adjacent building for rent and also by appointing more staff.

### A statistics on the activities from April 2018 to March 2019

<table>
<thead>
<tr>
<th>Month</th>
<th>Number Of patients</th>
<th>Number Of Counselling</th>
<th>Sobriety</th>
<th>A.A Meeting</th>
<th>Al.Anon Meeting</th>
<th>Camp Attended</th>
</tr>
</thead>
<tbody>
<tr>
<td>April</td>
<td>14</td>
<td>168</td>
<td>13</td>
<td>47</td>
<td>19</td>
<td>0</td>
</tr>
<tr>
<td>May</td>
<td>16</td>
<td>192</td>
<td>14</td>
<td>42</td>
<td>24</td>
<td>0</td>
</tr>
<tr>
<td>June</td>
<td>15</td>
<td>180</td>
<td>13</td>
<td>47</td>
<td>25</td>
<td>0</td>
</tr>
<tr>
<td>July</td>
<td>13</td>
<td>156</td>
<td>12</td>
<td>50</td>
<td>25</td>
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<tr>
<td>August</td>
<td>13</td>
<td>156</td>
<td>12</td>
<td>-</td>
<td>-</td>
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<tr>
<td>September</td>
<td>19</td>
<td>228</td>
<td>15</td>
<td>44</td>
<td>12</td>
<td>0</td>
</tr>
<tr>
<td>October</td>
<td>15</td>
<td>180</td>
<td>13</td>
<td>50</td>
<td>22</td>
<td>0</td>
</tr>
<tr>
<td>November</td>
<td>15</td>
<td>180</td>
<td>12</td>
<td>44</td>
<td>25</td>
<td>0</td>
</tr>
<tr>
<td>December</td>
<td>15</td>
<td>180</td>
<td>14</td>
<td>53</td>
<td>35</td>
<td>0</td>
</tr>
<tr>
<td>January</td>
<td>15</td>
<td>180</td>
<td>14</td>
<td>45</td>
<td>23</td>
<td>4</td>
</tr>
<tr>
<td>February</td>
<td>15</td>
<td>180</td>
<td>15</td>
<td>57</td>
<td>26</td>
<td>0</td>
</tr>
<tr>
<td>March</td>
<td>15</td>
<td>180</td>
<td>15</td>
<td>69</td>
<td>30</td>
<td>0</td>
</tr>
<tr>
<td>Total</td>
<td>180</td>
<td>2160</td>
<td>162</td>
<td>548</td>
<td>266</td>
<td>4</td>
</tr>
</tbody>
</table>

**Treatment Procedures:**

**De-addiction Treatment:** Treatment Schedule mainly consist of Medicines, Counselling, Awareness classes & activities, Therapies and Follow Up.
Medicines: For the betterment of patients we provide the physician, Psychiatrist, Psychologist and Ayurvedic Doctor. We give 90 days' medicines which consist mainly of Ayurvedic packages ie, Nasyam, Thalam, Pichu and Dhara. Ayurvedic treatment includes Herboplex Capsule, Oil Bath, Drakshadikashayam for Kidney and Liver Purification, and Eladi candy for minimizing the smoking tendency. In order to get a better impact for the Ayurvedic treatment only vegetarian food is served.

Counselling: This centre provides lifelong counselling Services. It includes individual counselling, spiritual counselling, Marital Counselling and Family Counselling to the clients' Parents, Family members and their spouses.

Awareness Programme and Therapies: These sessions were given to Patients who have to stay at this centre from 31 days depending on their recovery period. It includes classes, Group interactions, prayer therapy, Music therapy, group therapy, dairy writing and evaluation. Besides these physical and intellectual programmes we do have Yoga, Meditation, exercises, Reading, indoor and Outdoor games.

Follow Up: Discharged patient are given lifelong follow up according to each ones requirement. This centre also maintains constant contact with the Ex patients through letters, phone-calls, Home visits and also through Navachaithanya Publications. Occasionally we organize follow up gatherings besides classes and seminars for their spouses and children.

Referral Camps: Most of the Ex patients are referred to one – week De-addiction camps at Navachaithanya counseling centre, Aloor. Where they are given rigorous training on almost all aspects of life in order to replant them to the normal stream of life. So far more than 3296 patients were referred to De Addiction camp. Acute Psychiatric cases are referred to Sacred Heart Hospital Pullur.

A.A Groups: The Sobers are made members of their local A.A. Groups. They meet together once in a week to share their experiences, achievements and also the problems they are facing daily. Navachaithanya has already formed about 38 A.A Groups in between Kozhikode and Ernakulam District for the Ex patients.

Rehabilitation: Even after the treatment the patients who are neither accepted by their families nor have the courage to face their previous surroundings are allowed to stay for a while at the centre until they get the confidence to stand on their feet. They are also helped to get a new job. We have so far rehabiliated 745 Ex-addicts.

Awareness Programme: Since prevention is better than cure, we also conduct many outreach programmes in and around Thrissur District for students, Youth, Couples, Employees, Parents, Teachers and family Units aswellas for the Public Occasionally. Usually Seminars, Audiovisual aided classes, Skit plays, Group discussions, Competitions, are organized according to their aptitude and age.

Every year we conducted classes in Schools, Colleges, and other groups on May 31st Non Tobacco Day and June 2nd the, International Day against Drug Abuse and illicit trafficking. Through these Classes our intension is to give awareness about these and its de merits.

Through the monthly publications ‘Navachaithanya Bulletin’ the day to day programmes and activities of Sanjo sadan are made known to its A.A Group members and well wishes. The Bulletin also carries articles on Alcoholism, Drug abuse &Addiction, prevention and treatment of addictions, and other topics.

It is the grace of God that we are able to carry out the works undertaken also we gratefully acknowledge the United and Dedicated teamwork of our staff, resource persons and A.A Groups and the financial support from the “Ministry Of Social Justice And Empowerment”, the Irinjalakuda Diocese and other well wishers rendering these services to people affected by addiction.

Director : Fr. Joemon Koonan
The material used to make furniture is the key for ensuring best fittings in your decor, but more importantly, it is long lasting. Wooden furniture is more durable and most traditional material. However, with modern designs, wood furniture has become popular again due to its durability and long-lasting quality.

Sanjo Industrial Training & Production Centre Ashtamichira is manufacturing wooden materials for buildings and furniture with best quality of wood. These wooden materials are manufactured at the satisfaction of the customers and made available at right time and at a very reasonable rate. The major portion of the profit of the unit is spent for charitable purposes through Social Action Forum Irinjalakuda.
Department of Research & Documentation

A reliable documentation is always a must for any organization and it is the evidence provided for information and ideas borrowed from others. Its main focuses are development, maintenance and knowledge transfers. Successful documentation will make information easy & accessible.

The Department of Research & Documentation of Social Action Forum, Irinjalakuda, caters to document and disseminate the findings, challenges and concern of the society. It helps to record and preserve all developmental interventions of the organization, for the present and future generations. A full pledged Research & Documentation Department is functioning at Social Action Forum Irinjalakuda (SAFI) with deep conviction that no intervention can take place without proper documentation.

This Department tries to communicate / channelize the daily activities, programs, functions and all events of SAFI during the reporting year 2018-19

Events docketed:-

1. Social Action Forum Irinjalakuda provided job opportunities in liaison with M/s. Kitex Company Limited. 135 candidates from different parishes under the diocese of Irinjalakuda attended the interview.
2. Farmers Day was celebrated in collaboration with Bank of India as a part of farmers’ day activity. Various types of dress materials, Household items & food products exhibition and sale by self help groups were sold out through stalls.
3. SAFI actively participated in the flood relief camps by providing materials needed by the victims of relief camp like food, cloth, drinking water, kitchen utensils and sanitary items.
4. Mr. P.O. Joseph, Staff of SAFI participated in the training program on “inclusive education and roll in lobby and advocacy” at CHAI-LF Sicandraabad on 17th, 18th, 19th & 20th July 2019.
5. “Athijeevana” programs by SAFI – All steps were taken to provide cleaning materials for cleaning the houses after the flood. The SMYM supported public to get their houses cleaned. They also provided drinking water.
7. Kinder Mission - Caritas India allocated 500 education kits, 500 wash kits and 250 baby kits for distribution among children below 18 years old in four flood affected villages.
8. Widows’ day – Widows day was organized on 5th December 2018 with the support of KSSF Kottayam. Awareness classes on “Problems faced by Widows in their day to day life” and different government schemes available to widows so as to strengthen them to face the challenges with courage.

9. SAFI organized two Enabling Environment programs in relation with “World Disability Day”. While the first one day awareness program for parents of children with disabilities on child protection, child development and management was held at Kipamangalam on 2nd December 2018, the second program was conducted at Irinjalakuda on 3rd December 2018. A total of 253 parents attended the programs.

10. 30 days Training on tailoring for women SHGs with support of NABARD were organized at Little Flower Convent Irinjalakuda from 10th January 2019. 30 members participated in the MEDP training on tailoring and successfully completed the training program.

11. World Cancer Day was organized by SAFI with the support of Caritas India on 6th February 2019, on this occasion a seminar was conducted at SAFI.

12. A free Eye Check up camp was organised at SAFI with support of Lions Club International, Kombodinjamakal and Ahalliya on 23rd February, 2019. 64 members attended the eye camp.

13. Ashanilayam Special School Kottanellur participated in Special Olympics Competition for children with disabilities held at Shancy Nikethan Public School Irinjalakuda and won second position in the Overall Trophy by boys.

14. SAFI with the support of Caritas India is progressing with the implementation of “Athijeevanam” – Flood Recovery Programs at Cheloor, Aripalam, Anandapuram, Ambazhekad, Pazhukkara and Vennoor.
   a) 82 affected houses were identified and a total of Rs. 49,20,000/- @ Rs. 60,000/- per house has been earmarked for repair of partially damaged houses.
   b) 70 deserving families were identified for repair of toilets and total amount of Rs. 10,50,000/- @ Rs. 15,000/- per toilet has been earmarked for toilet repairs.
   c) The other Programs like distribution of seedlings, poultry and goat rearing etc. are under progress.

15. As a part of “Ashakiranam” Project of Caritas India implemented by SAFI, organized a free Cancer Detection Camp with support of Lions Club – Kombodinjamakal and Can Care Ernakulam on 10th March 2019. A total of 240 People including members from SHGs/JLGs participated in the Free Camp.

16. 15 deserving widows below the age group of 50 years and affected with flood were provided fund by KSSF Kottayam for creating an Income Generation unit on 15th March 2019.

17. International Women’s Day under the leader ship of “Gramasree” was celebrated at SAFI Auditorium on 08th March 2019. Mrs. Binitha Jojo, Mrs. Sherly Jaison, Mrs. Arifa Ali and Mrs. Sheela Raju, prominent personalities who could succeed in leading a family life through hard work, confidence and by facing challenges were honoured with awards.

18. Fourteen children below the age group of 16 years and subjected to severe open heart surgeries/kidney problems were paid a total of 2,29,026/- with the support of UMMI-FIB project at SAFI on 6th October 2108 & 18th February 2019 in two installments.

19. On 15th March 2019 under the leadership of KSSF Kottayam, one day job orientation training was arranged for widows below the age group of 50 years to make Soap, Hand wash, Floor Cleaner, Harpic etc. In the current year two General Body Meetings were conducted on 30-06-2018 & 27-03-2019 and three Executive Committee meetings were conducted on 30-06-2018, 14-09-2018 & 27-03-2019.

Annual Activity Report 2017-18 published by Social Action Forum Irinjalakuda was awarded Special prestigious prize by Kerala Social Service Forum, Kottayam.
DEPARTMENT OF FINANCIAL ADMINISTRATION

Accounts department is the focal point of attention in any Organization. An NGO is primarily evaluated based on mandate requirements of proper maintenance of records and timely utilization of funds and reporting. Howsoever efficient a NGO may be the goodwill will be tarnished if it has no proper accountability in the field of Finance Administration. Transparency is a key to performance. Therefore SAFI takes utmost care in documenting all day-today accounts in time. We conduct the financial transactions with maximum care, transparency and consistency by maintaining prevalent standards. Systematic keeping of books of accounts helps the Agency for its smooth and efficient functioning.

Financial transparency means timely, meaningful and reliable disclosures about an Organizational financial performance. SAFI developed its own software to account the transactions in its accounts department since 2002. This has helped in maintaining accounts properly, more easily and more accurately. Proper financial planning, timely flow of funds, its utilization and reporting are the main parts of financial administration of an Organization. Accounts department makes arrangements for the presentation of accounts statement in SAFI’s monthly evaluation meeting and diocesan level tri-monthly meetings consisting of diocesan Finance Officer and Vicar General under the Chairmanship of the Bishop. Regular statutory annual auditing is conducted by M/s C.M. Joseph & Associates, Ernakulam and also internal auditing is regularly being carried out by the Audit team appointed by the Bishop of Irinjalakuda Diocese. On completion of the auditing, the accounts department prepares and presents its annual accounts before the Governing Body and General Body meetings. Subsequently the consolidated accounts are submitted to the department of Income Tax, Home Ministry and Registrar of Societies.

FCRA Quarterly Statements and consolidated Annual Accounts are being published in SAFI’s website regularly. We are glad to convey our sincere thanks to all our funding and banking partners, auditors and all other well wishers who support SAFI in all our endeavors for prosperity.

Finance Officer: Mr. V.V. Paulson
<table>
<thead>
<tr>
<th>Group No.</th>
<th>Current Year</th>
<th>Previous Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>1,57,21,246.85</td>
<td>1,26,979.45</td>
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<tr>
<td>2</td>
<td>71,5,784.50</td>
<td>60,37,200.00</td>
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<tr>
<td>3</td>
<td>2,68,179.00</td>
<td>4,15,058.00</td>
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<td>4</td>
<td>6,80,553.98</td>
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<td>5</td>
<td>2,19,91,202.00</td>
<td>1,19,77,438.72</td>
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<td>6</td>
<td>1,54,439.88</td>
<td>61,54,399.35</td>
</tr>
<tr>
<td>7</td>
<td>87,7,469.90</td>
<td>67,04,746.69</td>
</tr>
</tbody>
</table>

**Consolidated Income and Expenditure Account for the Year Ended 31st March 2019**

**Expenditure**

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Salaries and Allowances</td>
<td>1,14,00,000.00</td>
</tr>
<tr>
<td>Rent</td>
<td>3,25,765.00</td>
</tr>
<tr>
<td>Traveling &amp; Stationary</td>
<td>2,23,094.00</td>
</tr>
<tr>
<td>Refreshment</td>
<td>3,11,266.00</td>
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<tr>
<td>Audit fee</td>
<td>4,44,980.11</td>
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<tr>
<td>Electricity charges</td>
<td>5,18,966.00</td>
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<tr>
<td>Repairs and Maintenance</td>
<td>9,26,922.00</td>
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<tr>
<td>Telephone charges</td>
<td>15,938.15</td>
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<tr>
<td>Depreciation</td>
<td>18,54,149.15</td>
</tr>
<tr>
<td>Overhead Expenditure</td>
<td>67,04,746.69</td>
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**Income**

<table>
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<tr>
<th>Description</th>
<th>Amount</th>
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<tbody>
<tr>
<td>By Sale and Contributions</td>
<td>2,74,321.50</td>
</tr>
<tr>
<td>By Surplus from Sanjo T.C.</td>
<td>2,68,179.00</td>
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<tr>
<td>By Surplus before Depreciation</td>
<td>2,19,91,202.00</td>
</tr>
<tr>
<td>By Contribution</td>
<td>1,54,439.88</td>
</tr>
<tr>
<td>By Interest and other income</td>
<td>87,7,469.90</td>
</tr>
</tbody>
</table>

**Total**

<table>
<thead>
<tr>
<th>Total</th>
<th>Amount</th>
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</thead>
<tbody>
<tr>
<td>M/S SOCIAL ACTION FORUM, DIOCESE OF IRINJALAKUDA</td>
<td>3,67,46,589.30</td>
</tr>
</tbody>
</table>

**Auditors Report**

As per our separate report of the date attached.

For C.M. Joseph & Associates Chartered Accountants

Enkakula, 20.05.2019

C.M. Joseph (CA)
## M/S SOCIAL ACTION FORUM, DIOCESE OF IRINJALAKUDA

### CONSOLIDATED BALANCE SHEET AS AT 31ST MARCH, 2019

<table>
<thead>
<tr>
<th>Assets</th>
<th>Current Year</th>
<th>Previous Year</th>
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<tbody>
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<td>Current Assets</td>
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<td>2,66,64,867.18</td>
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<tr>
<td>Fixed Assets</td>
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<td>4,07,59,111.52</td>
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<tr>
<td>Closing Stock (As valued and certified by the Director) As per Schedule C</td>
<td>1,27,19,819.37</td>
<td>3,02,000.00</td>
</tr>
<tr>
<td>Deposits and Advances</td>
<td>55,68,595.00</td>
<td>18,99,180.00</td>
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<tr>
<td>Cash and Bank Balances</td>
<td>55,91,720.00</td>
<td>2,25,55,317.44</td>
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<tr>
<td><strong>Total</strong></td>
<td><strong>7,59,97,643.06</strong></td>
<td><strong>5,80,55,749.62</strong></td>
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<table>
<thead>
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<th>Liabilities</th>
<th>Current Year</th>
<th>Previous Year</th>
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<tbody>
<tr>
<td>Capital Fund</td>
<td>39,11,866.17</td>
<td>83,46,800.00</td>
</tr>
<tr>
<td>General Fund</td>
<td>3,84,24,384.20</td>
<td>3,02,000.00</td>
</tr>
<tr>
<td>S.A.F.I. Foreign Contribution A/G</td>
<td>19,81,202.00</td>
<td>50,93,497.25</td>
</tr>
<tr>
<td>Education Fund</td>
<td>3,02,000.00</td>
<td>2,25,55,317.44</td>
</tr>
<tr>
<td>Loans and Advances</td>
<td>1,27,16,126.00</td>
<td></td>
</tr>
<tr>
<td>Current Liabilities</td>
<td>55,91,720.00</td>
<td></td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>5,80,55,749.62</strong></td>
<td><strong>7,59,97,643.06</strong></td>
</tr>
</tbody>
</table>

**Notes on Accounts:**

- As per Schedule J

**Auditors Report:**

As per our separate report of even date attached.
AUDITOR’S REPORT

We have examined the statements of accounts in respect of various projects and schemes of SOCIAL ACTION FORUM IRINJALAKUDA (SAFI), Cathedral Junction – West, Irinjalakuda, P.O. - 680 121, for the year ended 31.03.2019 including the consolidated statements of accounts and the reports are here under:

1. We have obtained all the information and explanations, which to the best of our knowledge and belief were necessary for the purpose of our audit.

2. From the verification of the books, records, supporting bills and vouchers produced before us, it is found that SOCIAL ACTION FORUM IRINJALAKUDA, is utilizing its income, grants or funds received from various Agencies or Sponsors, towards implementing the respective Projects and Schemes; and the balance amount is retained in the respective bank accounts of the schemes or deposited as approved.

3. Since the FCRA rule insists only one bank account for all the foreign contribution Projects of an Organization, SAFI operating the S.B. Account (FC) in Federal bank (SB Ac No.12790100024019) and separate books of accounts and cheque books are maintained for each Projects. In order to have easy identification, the bank entries of each Project have been marked by separate indications.

4. The preparation of the financial statements is the responsibility of the management of SAFI. Our responsibility is to express our opinion on these financial statements based on our audit. We conducted our audit in accordance with the auditing standards generally accepted in India. We pay special attention towards omissions, deletions, corroboration, misleading or affecting transparency in auditing. An audit includes examining on a test basis, evidence supporting the amounts and disclosures in the financial statements. We believe that our audit provides a reasonable and logical basis of our opinion.

5. In our opinion and to the best of our information and according to the explanations produced before us and shown by the books of accounts and records, the above said statements of accounts are correct and exhibited a true and fair view in the case of statement of accounts of the projects for the year ended 31.03.2019.

6. We appreciate the good practices adopted in SAFI for the daily updating of the accounts, weekly reconciliation of the bank accounts and presentation of accounts statement in SAFI’s monthly evaluation meeting and diocesan level internal auditing and tri-monthly meetings presided by the Bishop. Also it is nice to see that the planning and preparation of accounts for annual auditing and submission of Accounts Statements to various Government Departments before the Prescribed time. This indicates a sign of perfection in NGO’s accounting system.

For C.M. Joseph & Associates,
Chartered Accountants

Ernakulam
17.05.2019

C.M. Joseph, FCA, BISA (FCA)
SAFI Acknowledges partnership with...

★ Kerala Social Service Forum
★ KSBCDC
★ Department of Foreign Affairs, Trade and Development Canada
★ Caritas India
★ NABARD
★ Bank of India
★ KRWSA - Jalanidhi
★ CHAI - LF
★ Federal Ashwas - Financial Literacy Centre
★ Italian Bishops’ Conference
★ Ministry of Social Justice and Empowerment
★ Save A Family Plan (India)
★ Social Forum Irinjalakuda
★ Department of Education, Govt. of Kerala
★ Unione Medico Missionaria Italiana
★ Life Insurance Corporation of India
★ United India Insurance Company Ltd.
★ Regional Cancer Centre, Thiruvananthapuram
★ Missionary Sisters of St. Peter Claver
★ Department of Animal Husbandry, Govt. Kerala
★ Krishi Vijnana Kendram (KVK) Mannuthy, Thrissur
★ Kerala Agriculture University, Mannuthy
★ CSR - South Indian Bank Limited, Thrissur
★ SMCA Kuwait
★ Local Individual Benefactors
★ National Trust of India
★ Syro Malabar, Rottendburg, Germany, Pavanatma Provincial House Kallettumkara, Karunnya Trust, Diocese of Kalyan, Catholic Social Service society, Jammu & Kashmir